

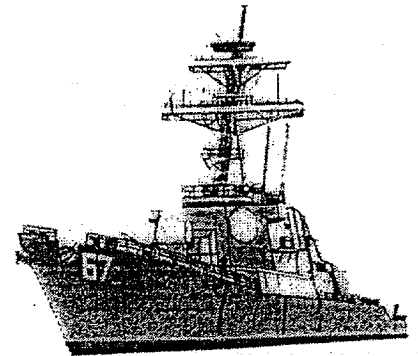


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
08 AUGUST 2000  
Julian: 221

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
[REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleet-support.navy.mil](http://www.fleet-support.navy.mil)

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

#### MAJOR EVENTS FOR WEDNESDAY

- Pacfire

- DIVTACS

- ENG Evolutions

- Sonar Self Noise

- MED/Arabian Gulf University

Berthing of the Week: Berthing 6  
Determined Warriors' of the Quarter:

SI(SW) [REDACTED]

2(SW) [REDACTED]

SN [REDACTED]

SUNRISE: 0616

SUNSET: 2005

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

#### UNDERWAY

0600

Reveille

0600-0700

Breakfast for the Crew

0630-0645

Sweepers/Clampdown

0745

XO/DH/CMC Meeting (XO's Stateroom)

0800

Liberty Expires

0805

Quarters/Officers Call

0900

Station the Sea & Anchor Detail

0945

Man the Rails

1000

Underway

1115-1230

Lunch for the Crew

1300-1400

PHOTOEX

1400-1500

Admin GQ

1500-1700

Seamanship Drills

1530-1545

Sweepers

1700-1830

Dinner for the Crew

1830

Eight O'clocks Reports

1. DAMAGE CONTROL NOTE: How is the P-250 MOD 1 cooled? Ans: It is water cooled.

2. COLE'S MENU: The following are COLE's Main Menu items:

#### LUNCH

STEAK & CHEESE SUBMARINE

SPAGHETTI WITH ITALIAN MEAT OR CLAM SAUCE

#### DINNER

PEPPER STEAK

BAKED CHICKEN & NOODLES

Encl (60)

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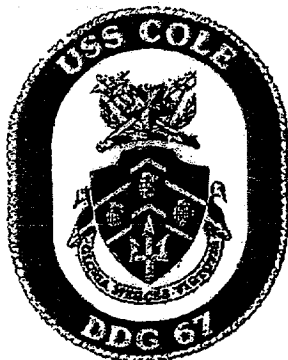
3. COLE MOVIE SCHEDULE:

CHANNEL 2  
CONSPIRACY THEORY  
LOVE JONES  
THE BIG HIT  
SILENCE OF THE LAMBS

CHANNEL 3  
SIMON BIRCH  
METRO  
THE OUT OF TOWNERS  
SUPERNOVA

4. QUOTE OF THE DAY: Proofread carefully to see if you any words out.

  
Executive Officer

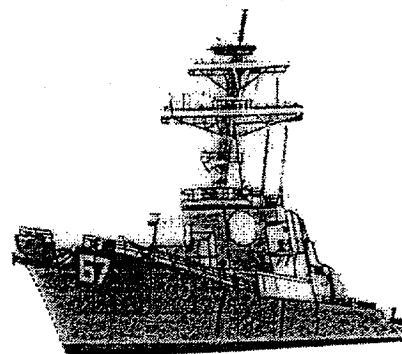


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
09 AUGUST 2000  
Julian: 222

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 6  
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]

2(SW) [REDACTED]

SN [REDACTED]

SUNRISE: 0617  
SUNSET: 2056

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR THURSDAY

- Advance Clocks 1 Hour
- PACFIRE
- Med/Arabian University
- DIVO Cross Deck
- VBSS/SCAT Drills

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0200-0400	Non-Maneuvering Moboard Drills
0600	Reveille
0600-0700	Breakfast for the Crew
0730-0800	PACFIRE/FAMFIRE
0710	Quarters/Officers Call
0800	OPS/Intel/ Sonar Self Noise Brief (Mess Decks)
0800	Muster At-Sea Fire Party (Filter Cleaning Shop)
0800-0900	AFT Heads CHT PMS
0800-1600	DC-I-Division (Training Room)
0830-1030	Med/Arabian University: Med Geography, History, ROE, Asylum, CASREP, MEDIVAC, Algeria
0900-1000	FWD Head CHT PMS
0900-1000	Asset Test (Training Room)
1030	DCTT Brief (Wardroom)
1040-1115	Admin GQ
1110	DCTT Debrief (Wardroom)
1115-1230	Lunch for the Crew
1300	PRT Coordinators Meeting (Mess Decks)
1300-1400	Asset Test (Training Room)
1300-1500	Flag Hoist Drills
1300-1500	DIVTACS
1500-1700	SCAT Drills
1530-1545	Sweepers

Encl (60)

Page 3 of 110

1630	ETT Brief (Logroom)
1700-1830	Dinner for the Crew
1830	Eight O'clocks Reports
1830	New Check-ins w/CO (CO's Cabin)
1900	Engineering Evolutions
TBD	At-Sea Fire Party Drill
2000-2200	JO PUBEX
2000-2300	Sonar Self Noise
2200-2350	SPY/FCS Maintenance
2200-2359	EW PUBEX
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What should the wearer of the MK-V and MCU-2/P gas masks do prior to use? Ans: Sanitize and inspect the mask for worn parts.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
ROAST BEEF  
CHICKEN CACCIATORI

DINNER  
HUNGARIAN GOULASH  
ONION LEMON BAKED FISH

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
1630 Final Destination  
1800 Volcano  
2000 Fire Down Under

CHANNEL 3  
Liar, Liar  
A Thousand Acres  
Hope Floats

4. PACE COURSE NOTE: There are openings left in two PACE Courses: Academic Skills English and English 1301 College Composition and Rhetoric. If you haven't taken the Asset test yet, they will be offered again today in the classroom. You must take the test before enrolling in the PACE course.

PACE Courses starts Thursday. If you haven't signed up, you are welcome to sit in on the opening class to see if it is right for you.

QUOTE OF THE DAY: "Forget about the consequences of failure. Failure is only a temporary change in direction to set you straight for your next success."  
-- Denis Waitley

  
Executive Officer



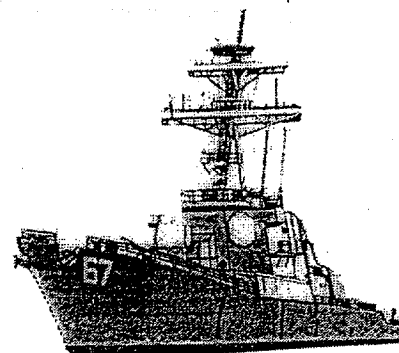


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
10 AUGUST 2000  
Julian: 223

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PillARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR FRIDAY

Repair Locker 5 Training  
Dc I-Division  
Med/Arabian University  
BECCES/MSFD  
Helo Crash Drill

Berthing of the Week: Berthing 6  
'Determined Warriors' of the Quarter:

1(SW) [REDACTED]

(SW) [REDACTED]

N [REDACTED]

SUNRISE: 0617

SUNSET: 2056

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0000-0200	LINK Fast Frequency Changes
0000-0500	SPY/ FCS Maintenance
0200-0300	Advance Clocks 1 Hour to +3 PAPA
0200-0400	Flashing Light
0200-0400	C6F/CIC PUB EX
0530	Mandatory PT ( Flight Deck)
0530	CPO Indoc PT (Flight Deck)
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE: A/S English (Training Room)
0710	Quarters/Officers Call
0730-0800	PACFIRE/FAMFIRE
0800	OPS/Intel/VBSS/Encounter EX (Mess Decks)
0830-1030	Med/Arabian University: Spain, Air Defense, Adriatic REDCROWN Procedures (Mess Decks)
1000-1200	PACE: Engl 1301 (Training Room)
1030	At Sea Fire Party Drill
1030-1130	DRB (CPO Mess)
1115-1230	Lunch for the Crew
1230-1300	Boat OPS for DIVO Cross Deck
1230-1630	DC I-Division (Mess Decks)
1300-1500	PACE: Engl 1301 (Training Room)

Encl (60)

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1300-1700	VBSS/SCAT Drills
1500-1700	PACE: Engl 1312 (Training Room)
1530-1545	Sweepers
1630	ETT Brief (Logroom)
1700-1830	Dinner for the Crew
1830	Planning Board for Training (Wardroom)
1830-2000	DC I-Division (Training Room)
1900	OCSOT
1900	Eight O'clock Reports
1900-2100	BECCES
2000-2359	Encounter Ex
2000-0000	Deploy TACTAS
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** What are the symptoms caused by blood agents? Ans: Difficult or rapid breathing, headache, nausea, dizziness and violent convulsions.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
CHICKEN FAJITAS  
BEEF TAMALES

**DINNER**  
ROCK CORNISH HENS WITH SYRUP GLAZE  
CHILI CON CARNE

3. **COLE MOVIE SCHEDULE:**

**CHANNEL 2**  
**LUNCH** ROMEO & JULIET  
1630 STARSHIP TROOPERS  
1800 THE MATCHMAKER  
2000 KISS THE GIRLS

**CHANNEL 3**  
STAR WARS  
PET CEMETERY  
THE GAME  
I KNOW WHAT YOU DID LAST SUMMER

**PACE COURSE NOTE:** There are openings left in two PACE Courses: Academic Skills English and English 1301 College Composition and toric. PACE Courses starts today. If you haven't signed up, you are welcome to sit in on the opening class to see if it is right for you.

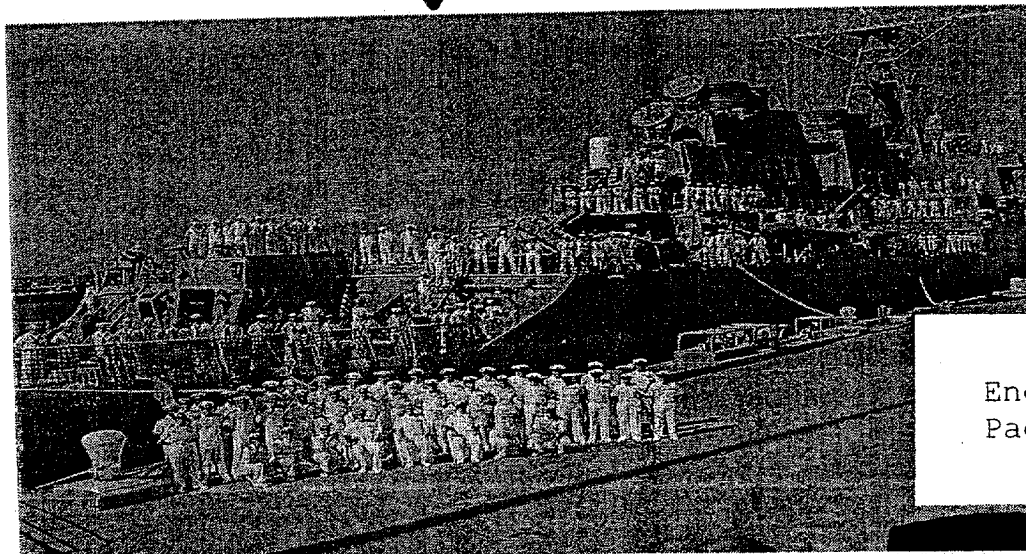
5. **SAFETY NOTE:** A PO3 broke his ankle while descending an inclined ladder. He was skipping steps and sliding on the handrails when his foot caught, twisted and popped. He was hospitalized six days and spent more than 25 days on convalescent leave.

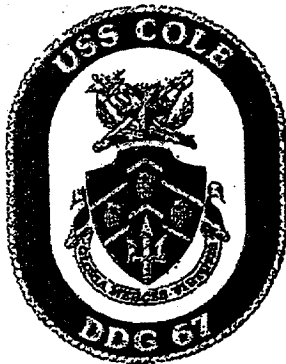
6. **TRICARE NOTE:** Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

7. **MANDATORY PT NOTE:** PT for those who failed the PRT, PT will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

8. **QUOTE OF THE DAY:** "It is common sense to take a method and try it. If it fails, admit it frankly and try another. But above all, try something." - former US President Franklin D. Roosevelt

Executive Officer



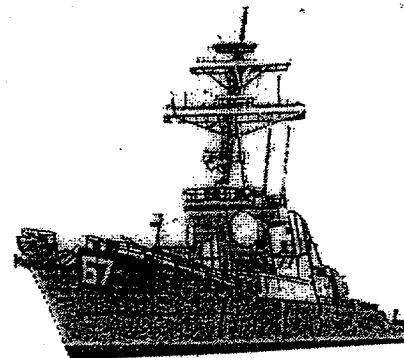


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
11 AUGUST 2000  
Julian: 224

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 6  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

2(SW) [REDACTED]

SN [REDACTED]

SUNRISE: 0617

SUNSET: 2056

- Combat Readiness

KEY Pillars

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR SATURDAY

0200 Advance Clocks one hour

DC I-Division

Med/Arabian University

Unrep

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE :

SUMMER WHITES

E-6 AND BELOW:

SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0400-0500

Challenge and Reply

0530

CPO Indoc/ Command Volunteer PT (Flight Deck)

0600

Reveille

0600-0700

Breakfast for the Crew

0700-0800

PACFIRE/FAMFIRE

0710

Quarters/Officers Call

0800

OPS/Intel Brief (Mess Decks)

0800-1600

DC I-Division (Training Room)

0830-1030

Med/Arabian University: GWBATGRU SOPA, Communications, Libya  
(Mess Decks)

1000-1100

XO's Inspection of Messing & Berthing

1030

Muster DCPO's (Filter Cleaning Shop)

1115-1230

Lunch for the Crew

1230-1430

RHIB Training

1300

FP/AT Training Officer Meeting (Wardroom)

1300-1400

Repair 5 Locker Training (Mess Decks)

1300-1500

VBSS Training (Mess Decks)

1400

ETT/DCTT Brief (Wardroom)

1500-1530

BECCES

1530-1545

Sweepers

1530-1700

MSFD

1645

DCTT/ETT Debrief (Wardroom)

1700-1800

Dinner for the Crew

Encl (60)

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1830	Eight O'clock Reports
1830	Tobacco Cessation Class (Training Room)
1900-2100	JO PUBEX
1900-2000	Helo Crash Drill
1930	TGIF (Mess Decks)
2000	Mess Decks Movie
2000-2300	Day/Night DLQS, NVG Ops
2200-2359	EW PUB EX
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: How should M-9 paper be attached around objects? Ans: Adhesive side to adhesive side with detector side out.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
SALMON EN CROUTE  
STUFFED GREEN PEPPERS

DINNER  
BARBECUED PORK CHOPS  
CHINESE FIVE SPICE CHICKEN

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
1630 GOOD WILL HUNTING  
1800 POSTMAN  
2000 AMISTAD

CHANNEL 3  
FALLEN  
LOST IN SPACE  
WOO

4. SAFETY NOTE: An E-3 cut the tendon in the back of his hand while compacting trash in the Trash-Disposal Unit (TDU). His hand slipped off the lever and hit the edge of the TDU can. The E-3 wasn't wearing cut-resistant gloves.

5. TRICARE NOTE: Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below, who reside in the catchment area of a military treatment facility.

MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Friday at 0530 on the flight deck.

6. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthings should have three containers.

8. SMOKE CESSATION NOTE:

Here is how it works: There will be two smoking Cessation Classes, the first will start 11 Aug 00, 1830 in the Training Room. The second class will start 6 Oct 00, 1830 in the Training Room.

Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend classes in your session.

FIRST CLASS DATES/TIMES

11 AUG 00 1830  
12 AUG 00 1830  
14 AUG 00 1830

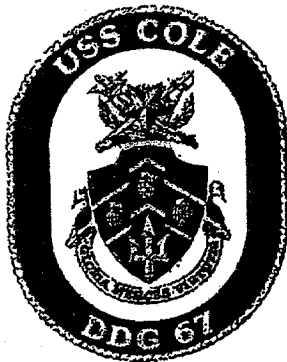
SECOND CLASS DATES/TIMES

06 OCT 00 1830  
07 OCT 00 1830  
09 OCT 00 1830

9. TGIF NOTE: Tonight kicks off the first of many unique Friday evening events onboard COLE. Chips, salsa and soda will be served prior to the movie.

10. QUOTE OF THE DAY: "A mind is like a parachute - it only works when it is open."

Executive Officer

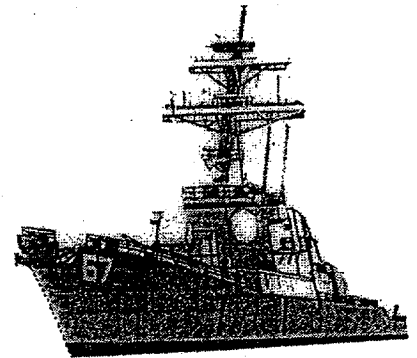


"GLORY IS THE  
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PLAN OF THE DAY  
SATURDAY,  
12 AUGUST 2000  
Julian: 225

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



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Executive Officer

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Ombudsmans



Command Master Chief

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QM1(SW) [REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SUNDAY

- Holiday Routine

- Steel Beach Picnic w/CPO Indocs

Berthing of the Week: Berthing 6  
Determined Warriors' of the Quarter:

QSI(SW) [REDACTED]  
(SW) [REDACTED]  
JNT [REDACTED]

SUNRISE: 0617

SUNSET: 2056

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0200-0300	Advance Clocks 1 Hour to +2 Oscar
0200-0400	C5F/C6F/CIC PUBEX
0600	Reveille
0600-0700	Breakfast for the Crew
0700-0800	PACFIRE/FAMFIRE
0700-1000	PACE: A/S English (Training Room)
0710	Quarters/Officers Call
0730	SCAT Training Team Meeting (Mess Decks)
0800	OPS/Intel Brief (Mess Decks)
0830-1030	Med/Arabian University: Slovenia, Malta, France, Strike Warfare
1000-1200	PACE: English 1301 (Training Room)
1030-1200	SCAT Training
1115-1230	Lunch for the Crew
1230-1600	DC I-Division (Mess Decks)
1300-1400	Repair Locker 2 Training (Repair 2)
1500-1700	Seamanship Drills
1530-1545	Sweepers
1630	ETT Brief (Logroom)
1700-1800	Dinner for the Crew
1830	Eight O'clock Reports
1830-1930	Tobacco Cessation (Training Room)
1900-2000	BINGO/TIGS (Mess Decks)
1900-2100	NSFS Training

Encl (60)  
Page 9 of 110

1900-2100	BECCES
2030	Flight Deck Movie
2200-2359	SPY/FCS Maintenance
2315-0015	Midrats for the Crew

**AMAGE CONTROL NOTE:** What type of flame is normally used for cutting? Ans: Neutral.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
STUFFED MEATLOAF  
CHICKEN NUGGETS

**DINNER**  
CREOLE MACARONI  
CANTONESE SPARERIBS

3. **COLE MOVIE SCHEDULE:**

**CHANNEL 2**  
1630 THE HORSE WHISPERER (Part 1)  
1800 THE HORSE WHISPERER (Part 2)  
2000 PAULIE  
2200 A PERFECT MURDER

**CHANNEL 3**  
DEEP IMPACT  
BLACK DOG  
SPHERE  
HE GOT GAME

4. **SAFETY NOTE:** An MS3's hands got so cold from breaking frozen corn on the cob in half, he decide to cut the rest of the ears with a knife. With his cold hands and sharp knife, he cut off the tip of one of his fingers, was admitted to the hospital for surgery and spent seven days on convalescent leave.

5. **TRICARE NOTE:** Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

6. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

7. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. work centers and berthing compartments should have three containers.

8. **SMOKE CESSATION NOTE:**

Here is how it works: There will be two smoking Cessation Classes, the first will start 11 August 2000, 1830 in the Training Room. The second class will start 6 October 2000, 1830 in the Training Room. Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend classes in your session.

**FIRST CLASS DATES/TIMES**

12 AUG 00 1830  
14 AUG 00 1830

**SECOND CLASS DATES/TIMES**

06 OCT 00 1830  
07 OCT 00 1830  
09 OCT 00 1830

9. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

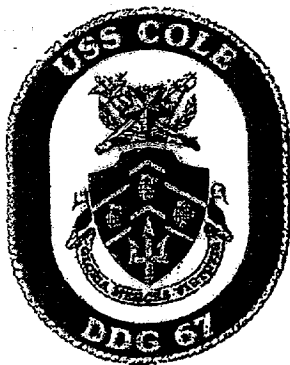
	12AUG00	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]
1030	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]	GSM1 [REDACTED]	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]
1630	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]

10. **BZ TO BERTHING 3:** Berthing 3 is the most improved berthing! Not only did they receive the personnel from Berthing 4, they improved their cleanliness substantially. Good job also to the Supply Department in Berth 4 who have conducted a wholesale move to Berthing 3. Berthing 1 on the other hand....

11. **QUOTE OF THE DAY:** "Our senses don't deceive us: our judgment does." Goethe

Executive Officer

Encl (60)  
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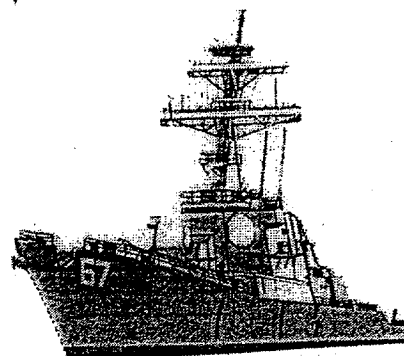


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
13 AUGUST 2000  
Julian: 226

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

1(SW) [REDACTED]

2(SW) [REDACTED]

3(SW) [REDACTED]

SUNRISE: 0617

SUNSET: 2056

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR MONDAY

0200 Advance Clock 1 Hour  
0800-1030 Med/Arabian Gulf University  
0800-1600 CPO Indoc  
1230-1300 Boat Ops

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0000-0400	SPY/FCS Maintenance
0200-0400	C5F/C6F/CIC PUBEX
0700	Reveille
0700-0800	Breakfast for the Crew
0930	Catholic Lay Services (Training Room)
1030	Protestant Divine Services (Training Room)
1030-1200	Brunch
1330-1430	Soak-the-Department Head Tug of War
1530	PRT Award Ceremony
1530-1545	Sweepers
1530-1800	Steel Beach Picnic
1600-1800	DIVTACS
1830	Eight O'clock Reports
2000-UC	Flight Deck Movie
2315-0015	Midrats for the Crew

Encl (60)

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.. DAMAGE CONTROL NOTE: What are the two types of portable eductors? Ans: S-type and Peri-Jet.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
M SALAD  
ON

DINNER  
BBQ CHICKEN  
RIBS

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
0830 JACK FROST  
1000 ONE TRUE THING  
1200 EDWARD SCISSORHANDS  
1400 BASIC INSTINCT  
1600 GOOD MORNING VIETNAM  
1800 MAN ON THE MOON  
2000 THE SPITFIRE GRILL

CHANNEL 3  
MAFIA  
RED DAWN  
WHITE MEN CAN'T JUMP  
SILENCE OF THE LAMBS  
A MIDSUMMER'S NIGHT DREAM  
TERMINATOR  
THELMA & LOUISE

4. TRICARE NOTE: Beginning October 1, 2000, enrolling in TRICARE Prime will be routine for active duty family members, E-4 and below who reside in the catchment area of a military treatment facility.

5. MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

6. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthing compartments should have three containers.

7. SMOKE CESSATION NOTE: Here is how it works: There will be two smoking Cessation Classes, the first will start 11 August 2000, 1830 in the Training Room. The second class will start 6 October 2000, 1830 in the Training Room. Each Smoking Cessation Class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all 3 classes in your session.

FIRST CLASS DATES/TIMES  
14 August 2000 1830

SECOND CLASS DATES/TIMES  
06 OCT 00 1830  
07 OCT 00 1830  
09 OCT 00 1830

8. COMMAND VOLUNTEER PT NOTE: Listed below are the dates, times & coordinators for the command volunteer PT program.

	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	GSM1 YN2	EM1 YN2	EM1 YN2	EM1 YN2	GSM1 YN2	EM1 YN2
1030	EM1	GSM1	GSM1	GSM1	EM1	GSM1
1630	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2

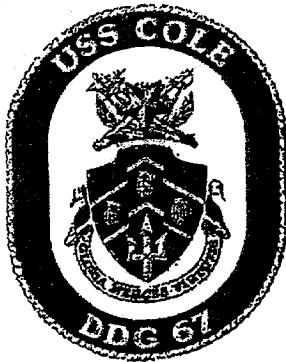
9. FOREIGN LINGUISTS NOTE: As we get closer to entering the Mediterranean and Persian Gulf regions, it is vital that the ship identify all personnel onboard that speak or write a foreign language. This data base of all personnel who speak, read and/or write a foreign language needs to be updated prior to entering the Mediterranean. It is requested that all personnel who can speak, read or write a foreign language contact ISC(SW) (Sel) Weiler or stop by CIC as soon as possible.

10. QUOTE OF THE DAY: "Many people think that history is a dull subject. Dull? Is it "dull" that Jesse James once got bitten on the forehead by an ant, and at first it didn't seem like anything, but then the bite got worse and worse, so he went to a doctor in town, and the secretary told him to wait, so he sat down and waited, and waited, and waited, and waited, and then finally he got to see the doctor, and the doctor put some salve on it? You call that dull?" Jack Handy

Executive Officer

Encl (60)  
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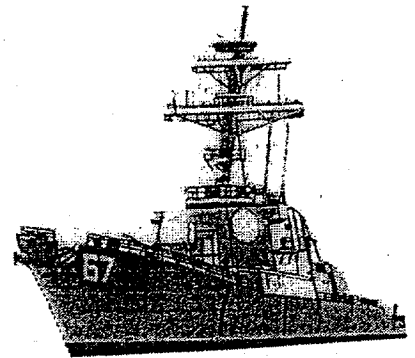


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
14 AUGUST 2000  
Julian: 227

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921  
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Ombudsmans

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES		MAJOR EVENTS FOR TUESDAY
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: S1(SW) [REDACTED] 2(SW) [REDACTED] IN [REDACTED]  SUNRISE: 0515 SUNSET: 1858	- Combat Readiness  <u>KEY PILLARS</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Immunizations I-Division Med/Arabian University GQ Force Protection Training

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY	
0200-0300	Advance Clocks to +1 November
0200-0400	C6F/C5F PUBEX
0530	Voluntary Group PT (Flight Deck)
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE: A/S English (Training Room)
0710	Officer Call/Quarters
0730-0800	School of the Ship (Site TV): Back Injuries
0730-0800	PACFIRE/FAMFIRE
0800	OPS/DC Olympics/Intel Brief (Mess Decks)
0800-1000	MED/Arabian University: OPSEC/Malta/France/Strike Warfare (Mess Decks)
0800-1100	Berthing Field Day
0900	Muster DCPO (Filter Cleaning Shop)
1000	CO/XO/DH/CMC Meeting (CO's Cabin)
1000	SERT Meeting (CSMC)
1000-1200	PACE: English 1301 (Training Room)
1000-1600	CPO Indoc (CPO Mess)
1030	Voluntary Group PT (Flight Deck)
1030-1130	DCTT Training (Mess Decks): Zebra
1100-1200	Photo Exercise
1115-1230	Lunch for the Crew
1130-1230	ESWS Training: Air Warfare Mission Part 1

Encl (60)  
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1630-1700	Boat OPS/ Division Officer Crossder
1300-1500	VBSS Training (Midships)
1300-1500	PACE : English 1301 (Training Room)
1300-1600	DC Olympics (Flight Deck)
1300-1600	Fresh Water Washdown
1300-2000	I Division (Mess Decks)
1500-1700	PACE: English 1312 (Training Room)
1530-1545	Sweepers
1630	Voluntary Group PT (Flight Deck)
1630-1700	Boat OPS
1630-1700	CSTT Brief (CSMC)
1630-1700	DCTT Brief (Logroom)
1700-1800	Dinner for the Crew
1830	Tobacco Cessation Class (Training Room)
1830	Eight O'clock Reports
1830-1930	ITT Brief (Wardroom)
1900-2000	Force Protection Training (Mess Decks): AT Level I
2000-0000	Day/Night DLQS, NVG OPS
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the primary purpose of eductors? Ans: To remove water.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
ROAST TURKEY  
PEPPER STEAK

DINNER  
OVEN FRIED FISH  
SPAGHETTI/W MEAT SAUCE

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
LUNCH WILD AMERICA  
1630 DUECE BIGALOW  
1800 THE NEPHEW  
2000 END OF DAYS

CHANNEL 3  
DAYS OF THUNDER  
COOL RUNNINGS  
GALAXY QUEST  
MIDNIGHT RUN

MANDATORY PT NOTE: PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Friday at 0530 on the flight deck.

5. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. All work centers and berthing compartments should have three containers.

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FIRST CLASS DATES/TIMES  
14 August 2000 1830

SECOND CLASS DATES/TIMES  
06 OCT 00 1830  
07 OCT 00 1830  
09 OCT 00 1830

7. COMMAND VOLUNTEER PT NOTE: Listed below are the dates, times & coordinators for the command volunteer PT program.

	14AUG00	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0530	GSM1 YN2	EM1 YN2	EM1 YN2	EM1 YN2	GSM1 YN2	EM1 YN2
1030	EM1	GSM1	GSM1	GSM1	EM1	GSM1
1630	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2	SH2 SK2

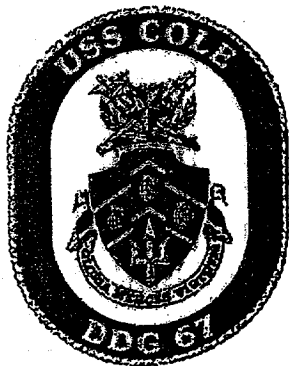
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9. QUOTE OF THE DAY: "Nothing is more dangerous than an idea when you have only one idea." Alain" (Emile Chartier)

Encl (60)

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Executive Officer

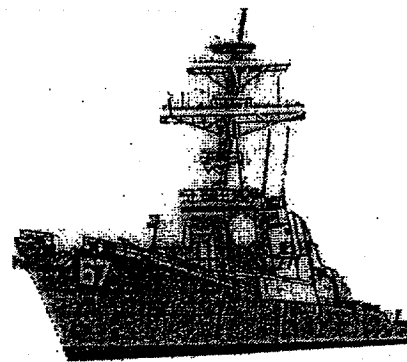


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
15 AUGUST 2000  
Julian: 228

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Command Master Chief

HCMC(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

(SW) [REDACTED]

IN [REDACTED]

JNRise: 0515

UNSET: 1858

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR WEDNESDAY

0200 Advance Clocks

0830-1030 Med/Arabian University

1030-1130 Full Power Run

1230 All-Officer's Mtg (Safety Report)

Lunch CO/CPO Selectees

2100-2300 UNREP

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0000-2359 Celestial Nav Competition

0200-0400 C6F/C5F PUBEX

0530 Group PT (Flight Deck)

0600 Reveille

0600-0700 Breakfast for the Crew

0710 Officer's Call/Quarters

0730-0800 PACFIRE/FAMFIRE

0730-0800 School of the Ship (Site TV): Sight Conservation

0730-1600 Immunizations (Medical)

0800 OPS/CIC Watchstander/Intel Brief

0800-1000 Link Fast Freq

0800-1100 I Division (Training Room)

0830-1030 Med/Arabian University: MIO/Undersea Warfare/Syria

1030 Group PT (Flight Deck)

1030-1200 DIVTACS

1030-1600 CPO Indoc (Mess Decks)

1115-1230 Lunch for the Crew

1130-1230 ESWS Training: Air Warfare Mission Part 2 (Training Room)

1245-1315 DCTT Brief (Wardroom)

1300-1400 I Division (Training Room)

1300-1500 ACTS/LINK Scenario

1400-1600 GQ (Multi-hit Battle Problem)

1630 Group PT (Flight Deck)

Encl (60)

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1630-1700	ETT Brief (Logroom)
1645-1800	Dinner for the Crew
1830	Eight O'clock Reports
1845-1945	CO/SUPPO (Storeroom Walkthru)
1900-2000	Force Protection Training (Mess Decks)
1900-2200	Evolutions
2000-2200	JO PUBEX
2000-2400	Retrieve TACTAS
2200-2359	EW PUBEX
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Who is responsible for setting MOPP levels? Ans: The CO or the Task Commander.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
<u>CHILI</u>	VEAL PARMESAN
MUSTARD DILL FISH	CHICKEN SANDWICH

3. **COLE MOVIE SCHEDULE:**

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	NAKED GUN	SOUTH PARK
1630	NAVY SEALS	WATER BOY
1800	CONSPIRACY THEORY	MERCURY RISING
2000	CITY OF ANGELS	HIGHLANDER

4. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

	15AUG00	16AUG00	17AUG00	18AUG00	19AUG00
0	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]
J	GSM1 [REDACTED]	GSM1 [REDACTED]	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]
JO	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]

7. **SUPPLY DEPARTMENT'S CUSTOMER SERVICE HOURS NOTE:**

Supply Support

Mon - Sat  
0730 - 1100 & 1300 - 1600  
\* Emergencies anytime

Post Office

Mon - Fri  
0900 - 1100 & 1300 - 1500  
Saturday  
0900 - 1200  
Wed & Paydays  
Money Orders/ \$100 Minimum

Meal Hours

Breakfast	0600 - 0715
Lunch	1130 - 1245
Watch Relief	1115 - 1130
Dinner	1645 - 1800
Watch Relief	1630 - 1645

Barber Shop

Mon - Sat  
0800 - 1100, 1200 - 1500 and 1700 - 1900  
Sunday 1100 - 1300

Ship's Store

Mon - Sat  
0800 - 1100, 1300 - 1500, 1700 - 1900  
Sunday  
1100 - 1300

Holiday Routine

Breakfast	0700 - 0800
Brunch	1030 - 1200
Dinner	1645 - 1800

HAZMAT Center

0800 - 0900 & 1030 - 1100 (Issue)  
1300 - 1400 (Issue & Return)  
1500 - 1600 & 1830 - 1900 (Return)

Laundry Receiving

Mon - Sat  
0800 - 1000  
Issue Mon - Sat  
1530 - 1630

Disbursing

Mon - Fri  
0900 - 1100 & 1300 - 1500

Check Cashing

1000 - 1100 & 1300 - 1400

Pulper/Shredder

0800 - 0900 & 1800 - 2000

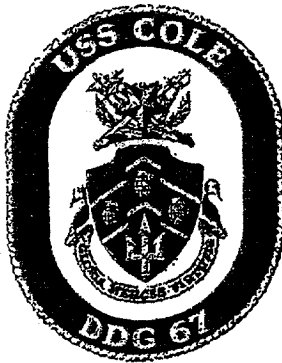
**NO SHAVE CONTEST/HAIR-DOWN WEEK:** The CPO Selectees are selling \$1 chits to not shave and let your hair down. On Sunday, 1st grade and award prizes to the following categories: 1). Best overall beard 2). Best goatee 3). Best sideburns 4). Cheesiest mustache. As you sign up, you cannot stop, but must wear whatever is on your face until Sunday.

9. **QUOTE OF THE DAY:** "The price of greatness is responsibility." Winston Churchill

Encl (60)

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Executive Officer

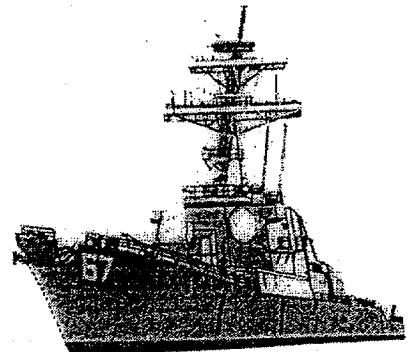


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
16 AUGUST 2000  
Julian: 229

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Command Master Chief

HCMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]

S2(SW) [REDACTED]

N [REDACTED]

SUNRISE: 0515

SUNSET: 1858

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR THURSDAY

Repair Locker Training

Boat OPS

GQ

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0000-0200	Link Fast Freq Ex
0000-2359	Celestial Nav Competition
0200-0300	Advance Clocks to Zulu
0200-0400	Non-Man Moboard Drills
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0700-1000	PACE CSE: A/S (Training Room)
0730-0800	PACFIRE/FAMFIRE
0730-0930	Repair Locker 2 SCBA & Pipe Patching Training (Flight Deck)
0800	Ops/Intel/VBSS/Unrep Brief
0830-1030	Med/Arabian University: Italy/Anti-Terrorism/Force Protection
	Stand-off Dist/SAR/CSAR/TLAM SUP
0930-1030	Repair Locker 3 SCBA Training (Flight Deck)
1030	OCSOT
1030-1130	Repair Locker 5 SCBA Training (Flight Deck)
1030-1130	Full Power Run
1030-1600	CPO Indoc (Mess Decks)
1115-1230	Lunch for the Crew
1130-1230	CO Lunch w/CPOs (CPO Mess)
1130-1230	ESWS Training: Surface Warfare Part 1 (Training Room)
1230-1330	CO w/CPO Indocs (CPO Mess)
1300-1400	Repair Locker 3 Pipe Patching Training (Flight Deck)

Encl (60)

Page 17 of 110

300-1700 VBSS/SCAT Training  
 1300-2000 I Division (Mess Decks)  
 1400-1500 Repair 5 Pipe Patching Training (Flight Deck)  
 1530-1545 Sweepers  
 1645-1800 Dinner for the Crew  
 1900 Eight O'clock Reports  
 1900-2000 Unrep  
 2200-0500 SPY/FCS Maintenance  
 2315-0015 Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Will M-8 paper detect chemical agents once it becomes wet? Ans: Yes, M-8 paper works when wet.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
 LASAGNA  
 ASSORTED PIZZA

**DINNER**  
 HONEY GINGER CHICKEN  
 PORK CHOP SUEY

3. **COLE MOVIE SCHEDULE:**

**CHANNEL 2**  
**LUNCH** E.T.  
 1630 THE FACULTY  
 1800 SHE'S ALL THAT  
 2000 ENEMY OF THE STATE

**CHANNEL 3**  
 LIGHT IT UP  
 HOW THE WEST WAS WON PART 1  
 HOW THE WEST WAS WON PART 2  
 I'LL BE HOME FOR CHRISTMAS

4. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

	16AUG00	17AUG00	18AUG00	19AUG00
0530	EM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]
1030	GSM1 [REDACTED]	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]
1630	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] SK2 [REDACTED]

7. **NO SHAVE CONTEST/HAIR-DOWN WEEK:** The CPO Selectees are selling \$1 chits to not shave and let your hair down. On Sunday, the will grade and award prizes to the following categories: 1) Best overall beard 2) Best goatee 3) Best sideburns 4) Cheesiest mustache. If you sign up, you cannot stop, but must wear whatever is on your face until Sunday.

8. **BINGO NOTE:** Bingo will be held on the mess decks on Thursday 8/17/00 at 1830. Simulcast on SITE TV and IVCS. Cash prizes!!!

9. **GQ Lessons Learned - Remembering the Basics!**

- **Battle Dress.** All hands need to protect any exposed skin. This was a hard lesson learned by the British during the Falklands War. Stop by the XO's stateroom to see pictures of what happened when they didn't have their skin protected by at least some thin clothing. For us, it means tucking in your pants into your socks, buttoning up your shirt, rolling your sleeves down and donning flash gear which consists of flash gloves and hood. The hood should fit snugly around your face, just exposing your eyes.
- **SCBA.** This wasn't taught to you in Basic Training, but all hands need to know how to don and use the SCBA on COLE - NO EXCEPTIONS. Already this week, we've had people hurt who did not operate this equipment correctly...let alone fight a fire effectively. If you have any questions, come to the flight deck today for an opportunity to refresh your training.
- **Fire/Smoke Boundaries.** All hands need to know what is involved in setting both a fire boundary and a smoke boundary. This is the surest way to stop the spread of damage in the ship.

10. **QUOTE OF THE DAY:** "I couldn't hit a wall with a six-gun, but I can twirl one. It looks good." - John Wayne.

Executive Officer

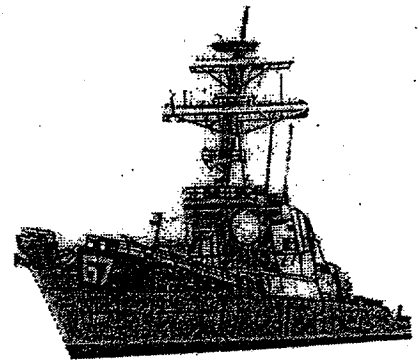


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
17 AUGUST 2000  
Julian: 230

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: [last name first initial@cole.navy.mil](mailto:last name first initial@cole.navy.mil)

LIFELINE: [www.lifelines4gol.org](http://www.lifelines4gol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

(SW) [REDACTED]

INT [REDACTED]

SUNRISE: 0515

SUNSET: 1858

MAJOR EVENTS FOR FRIDAY

0900-1100 Transit through the Strait of  
Gibraltar

- Dewatering Training- Repair Lockers

- GQ-MSFD

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0000-0700

Celestial Nav Competition

0200-0300

Advance Clocks to 1 Hour -1 Alpha

0600

Reveille

0600-0700

Breakfast for the Crew

0730-0800

PACFIRE/FAMFIRE

0700-1000

PACE CSE: A/S (Training Room)

0710

Officer's Call/Quarters

0730-0800

School of the Ship (SITE TV): Respiratory Protection

0800

OPS/INTEL/CSTT/Straits of Gibraltar Brief

0800-1100

Hose Team Relief Procedures - All Repair Lockers (Flight Deck)

0830-1030

Med/Arabian University: CJCS ROE/Anti-Terrorism/Force Protection/  
Iran

1030-1115

MWR Meeting (Mess Decks)

1000-1200

PACE CSE: Comp and Rhetoric (Training Room)

1100-1200

DIVO Crossdeck Boat Ops

1115-1230

Lunch for the Crew

1130-1230

ESWS Training: Surface Warfare Part 2 (Training Room)

1230-1300

ACTS Scenario Watchstanders Brief (CIC)

1300-1500

Reentry Procedures Training - All Repair Lockers

1300-1500

LINK ACTS Scenario

1300-1500

PACE CSE: Comp and Rhetoric (Training Room)

1300-2000

I Division (Mess Decks)

1530-1545

Sweepers

Encl (60)

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1600-1730 Leapfrogs  
1645-1800 Dinner for the Crew  
1830 Eight O'clock Reports  
1900 XO1  
2000-2200 JO PUBEX  
2315-0015 Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Why is a strainer used with a submersible pump? Ans: To prevent debris from entering the pump.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
GRILLED PORK CHOPS  
CARIBBEAN FLOUNDER

**DINNER**  
BEEF STEW  
CHICKEN CARDON BLEU

3. **COLE MOVIE SCHEDULE:**

**CHANNEL 2**  
LUNCH BARBWIRE  
1630 THE FUGITIVE  
1800 UNFORGIVEN  
2000 A FEW GOOD MEN

**CHANNEL 3**  
HIGH FIDELITY  
WHERE THE HEART IS  
THE NINTH GATE  
BULL DURHAM

4. **MANDATORY PT NOTE:** PT for those who failed the PRT, or received satisfactory marginal will be held Tuesday, Thursday, and Saturday at 0530 on the flight deck.

5. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. **COMMAND VOLUNTEER PT NOTE:** Listed below are the dates, times & coordinators for the command volunteer PT program.

	17AUG00	18AUG00	19AUG00
0530	EM1 [REDACTED] YN2 [REDACTED]	GSM1 [REDACTED] YN2 [REDACTED]	EM1 [REDACTED] YN2 [REDACTED]
1030	GSM1 [REDACTED]	EM1 [REDACTED]	GSM1 [REDACTED]
1630	SH2 [REDACTED] SK2 [REDACTED]	SH2 [REDACTED] N/SK2 [REDACTED]	SH2 [REDACTED] N/SK2 [REDACTED]

7. **BIRTHDAY NOTE:** The July and August birthday meal will be served for dinner Friday on the mess decks. The menu for birthday personnel will include steak and crab legs. To help celebrate, the crew is invited to enjoy birthday cake and ice cream at 1900.

8. **BINGO NOTE:** Bingo will be held on the mess decks on Thursday 8/17/00 at 1830. Simulcast on SITE TV and IVCS. Cash prizes!!!

9. **RIGHT SPIRIT CAMPAIGN NOTE:** The Navy continues to be at the forefront of reducing alcohol abuse which ultimately has an effect on readiness. We have seen alcohol abuse incidents drop from 6,815 in 1996 to less than 4,000 in 1999. DWI incidents have also been significantly reduced from 1,795 in 1996 to 983 in 1999. We lost 17 sailors to alcohol related motor vehicle fatalities in 1999, the lowest in more than ten years. We know our success in continuing the reduction of alcohol abuse in the Navy has not occurred overnight. It has taken a concerted effort by all hands supporting responsible drinking and the concept that it's okay not to drink, from the deckplates to senior leadership. These significant results are a product of the Navy's Right Spirit Campaign. Right Spirit has been and remains the cornerstone of the Navy's alcohol abuse prevention campaign, and is key to the Navy's ongoing commitment to reducing the effects of alcohol abuse on readiness. We are making a difference, but our work is not finished. Continued success of our efforts to date requires active support and involvement of all hands. Ultimately each Sailor makes a personal decision on whether or not to drink; and, if they do, they know they will be required to drink responsibly. Responsible drinking means the right place, the right quantity, and the right time. Anything less than this creates unnecessary and unwanted risk. Navy leaders must ensure all hands know the consequences of irresponsible drinking and must support those who choose not to drink. Sailors with repeat incidents of alcohol abuse misconduct will be appropriately disciplined and processed for administrative separation. Several initiatives are on the horizon to help us continue the downtrend of abuse. These include a new right spirit video for officer accession trainees, revised education courses, TV commercials supporting right spirit beamed to ships at sea, web-based training to put more flexibility in Commanding Officer hands, and new right spirit marketing tools for command DAPAs. While programmatic improvements will help, it is vitally important that we continue to emphasize at all levels, that alcohol abuse harms readiness and today's Navy cannot afford that. We fully intend to continue to identify abuse and dependency problems, provide treatment and restore individuals to full duty upon completion of prescribed treatment, education and intervention. We also fully intend to be free of the effects of alcohol abuse on force readiness. To do this requires a commitment on your part and emphasis to subordinates. I want to reemphasize to all hands, our commitment to the Right Spirit Campaign and responsible drinking in today's Navy. Leadership, education, and intolerance of those who abuse alcohol will continue to enhance efforts to eliminate alcohol abuse in our Navy. Share your initiatives, successes, and challenges with us. -VADM N. R. RYAN, JR.

**QUOTE OF THE DAY:** "The future is not a gift--it is an achievement."

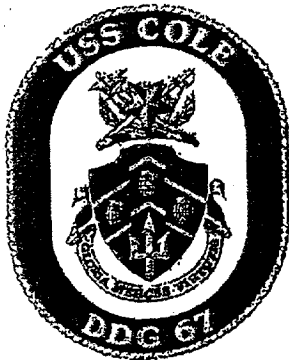
Harry Lauder

Executive Officer

Encl (60)

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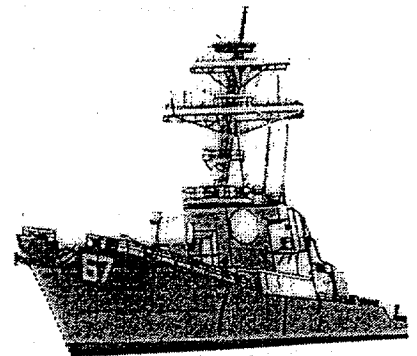


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
18 AUGUST 2000  
Julian: 231

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]

2(SW) [REDACTED]

SUNRISE: 0515

SUNSET: 1858

- Combat Readiness

KEY Pillars

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR SATURDAY

0830-1200 Small Arms Qualifications

0930-1130 DC Experts Drill

1300 PB4T

1330-1630 DC Olympics

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0001

Inchop to C6F

TBD

Detach SIM/LEN

0600

Reveille

0600-0700

Breakfast for the Crew

0710

Officer's Call/Quarters

0800

OPS/INTEL/PACFIRE Brief

0800-1100

Dewatering Training - All Repair Lockers (Flight Deck)

0800-1500

I Division (Training Room)

0900-1100

Transit Straits of Gibraltar

1030

Muster DCPO's (Filter Cleaning Shop)

1030

DCTT Brief (Wardroom)

1030-1130

Force Protection Team Meeting (CSMC)

1115-1230

Lunch for the Crew

1130-1230

ESWS Training: Undersea Warfare Part 1 (Training Room)

1300-1500

GQ: MSFD

1530-1545

Sweepers

1645-1800

Dinner for the Crew

1830

Eight O'clock Reports

1830

Smoking Cessation Class (Training Room)

2200-0400

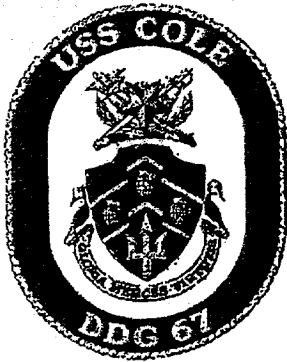
SPY/FCS Maintenance

2315-0015

Midrats for the Crew

Encl (60)

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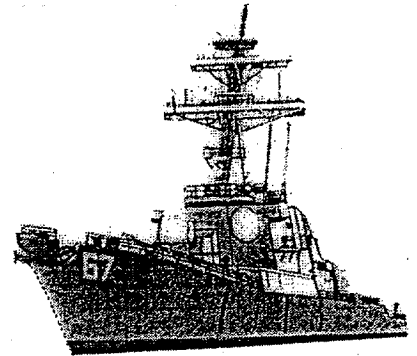


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
19 AUGUST 2000  
Julian: 232

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PillARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SUNDAY

0800-1100

GQ: Multi-Hit Battle Problem/  
Integrated Training Team

1300-1500

Departmental Tug-of-War  
Winner-Takes-All

Berthing of the Week: Berthing 3

Determined Warriors' of the Quarter:

31(SW) [REDACTED]

(SW) [REDACTED]

N [REDACTED]

SUNRISE: 0515

SUNSET: 1858

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

QUARTERDECK WATCH

WORKING UNIFORM

E-7 AND ABOVE:

SUMMER WHITES

SUMMER WHITES

COVERALLS

E-6 AND BELOW:

SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

0200-0300

Advance Clocks to -2B

0600

Reveille

0600-0700

Breakfast for the Crew

0700-1000

PACE CSE: A/S English (Training Room)

0710

Officer's Call/Quarters

0800

OPS/INTEL Brief (Wardroom)

0830-0930

CICWO Board: DCA/EWO/COMMO (Ops Office)

0830-0900

DCTT/ETT Meeting (Wardroom)

0900-1000

First Class Meeting (Mess Decks)

0930-1100

GQ: MSFD

1115-1230

Lunch for the Crew

1300

Planning Board for Training (Wardroom)

1330-1630

DC Olympics (Flight Deck)

1400

Retention Team Meeting (Wardroom)

1400-1500

CPO Meeting (CPO Mess)

1400-1530

CICWO Board: 1st LT/AUXO (Ops Office)

1430

CO's Mast (Training Room)

1430-1530

ASWE Board: COMMO, ASWO (Wardroom)

1530-1545

Sweepers

1645-1800

Dinner for the Crew

1830

Eight O'clock Reports

1830

Smoking Cessation Class (Training Room)

Encl (60)

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1930-2000  
2315-0015

CSTT Brief (Wardroom,  
Midrats for the Crew

**DAMAGE CONTROL NOTE:** About how many layers are applied to a soft patch? Ans: Two layers.

**OLE'S MENU:** The following are COLE's Main Menu items:

LUNCH

BREADED CHICKEN SANDWICH  
GRILLED HAM SLICES

DINNER

SPAGHETTI WITH MEAT SAUCE  
TURKEY CUTLETS

**3. COLE MOVIE SCHEDULE:**

CHANNEL 2  
LUNCH PLAY IT TO THE BONE  
1630 PATRIOT GAMES  
1800 AN OFFICER AND A GENTLEMAN  
2000 GHOSTBUSTERS  
2200 MAJOR PAYNE

CHANNEL 3  
ACE VENTURA: PET DETECTIVE  
FIELD OF DREAMS  
TOP GUN  
HOOSIERS  
THE BIG RED ONE

**4. TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

**5. FWD DECON CLEANLINESS NOTE:** The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

**6. QUOTE OF THE DAY:** "If trees could scream, would we be so cavalier about cutting them down? We might, if they screamed all the time, for no good reason." Jack Handly }

  
Executive Officer

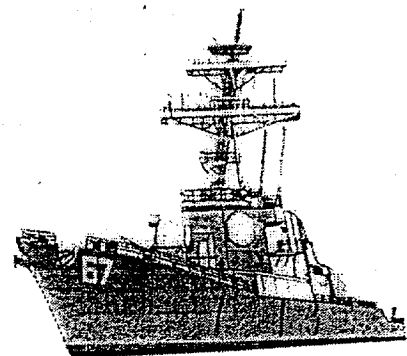


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
20 AUGUST 2000  
Julian: 233

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
1S1(SW) [REDACTED]  
2(SW) [REDACTED]  
3(SW) [REDACTED]

SUNRISE: 0515  
SUNSET: 1858

MAJOR EVENTS FOR MONDAY

0845 Station Sea & Anchor Detail  
1000 Moored Barcelona, Spain  
1230 Liberty Brief  
TBD Liberty Call

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	ACTS Watchstander Brief (Wardroom)
0730-0800	DCTT Brief (Wardroom)
0800	OPS/Intel/Navigation Brief (Wardroom)
0830-1100	ACTS Scenario/GQ
1115-1230	Lunch for the Crew
1230	ITT Debrief (Training Room)
1300-1500	Field Day/Fresh Water Washdown
1300-1500	ASWE Board (Wardroom)
1500-1600	Departmental Tug-Of-War Winner Takes All (Flight Deck)
1530-1545	Sweepers
1600-1900	Steel Beach Picnic (Flight Deck)
1830	Smoking Cessation Class (Training Room)
1830	Eight O'clock Reports
2100-UC	Flight Deck Movie (Rules of Engagements)
2315-0015	Midrats for the Crew

Encl (60)

Page 24 of 110

1. DAMAGE CONTROL NOTE: What is the self-aid for blood agents? Ans: Don mask immediately and seek medical aid.

2. COLE'S MENU: The following are COLE's

Menu items:

LUNCH

DINNER

RAVIOLI

STEEL BEACH PICNIC

VEN FRIED BACON

COLE MOVIE SCHEDULE:

CHANNEL 2

1000 48 HRS  
1800 THE AIR UP THERE  
2000 EAST OF EDEN

CHANNEL 3

ANIMAL HOUSE  
BLUE CHIPS  
BOOTY CALL

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FWD DECON CLEANLINESS NOTE: The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

6. LAUNDRY NOTE: Laundry will be opened from 0800 - 1000 daily while we are in port to accept white uniforms. They will be ready for pick-up the following day between 0800 - 1000. All uniform tops and bottoms must be stenciled or they will not be accepted.

7. SHIP STORE NOTE: The ship's store will be closed Monday for inventory. It will reopen Tuesday from 0800-1100 and 1300-1500. It will be opened today from 1100-1300. If you need any last minute items for your first day in port such as film, cameras or batteries, you only have one more opportunity to shop in the ship's store.

8. DEPARTMENTAL TUG-OF WAR CONTEST RULES

1. 2 females per team - 12 total personnel.

2. If whistle blows, stop (pull doesn't count).

If loss of water, pull does not count.

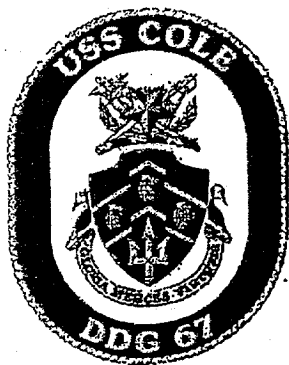
All spectators must keep at least 4 feet from the tug line.

5. Best 2 out of 3 pulls wins.

9. QUOTE OF THE DAY: "Advice is what we ask for when we already know the answer but wish we didn't."

Erica Jong

Executive Officer

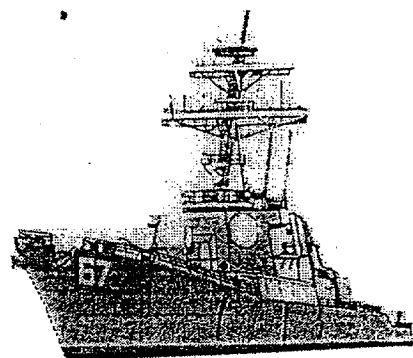


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
21 AUGUST 2000  
Julian: 234

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

[REDACTED]

[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMP) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

TBD Stores Onload  
0845 Muster for Barcelona Sightseeing Tour

SUNRISE: 0723  
SUNSET: 2009

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

FC2(SW) [REDACTED]

OSSN T [REDACTED]

CDO: [REDACTED]

S/L #1: STGCM(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

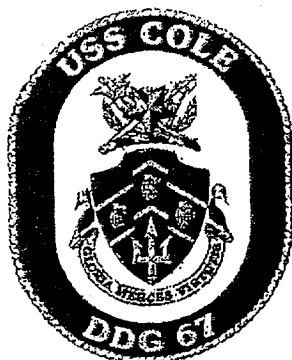
UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

IMPORT BARCELONA

0600	Reveille
0600-0700	Breakfast for the Crew
0630-0645	Sweepers
0710	Quarters/Officers Call
0845	Station Sea and Anchor Detail
0900	Man the Rail
1000	Moor Barcelona, Spain
1000	XO's Inspection of Messing and Berthing
1115-1230	Lunch for the Crew
1230	Liberty Brief
TBD	Liberty Call
1530-1545	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Duty Section IET/Security Force Training
1845	Muster for Medieval Banquet (Quarterdeck)
2115	Sweepers
2145	Duty DH Space Walkthru

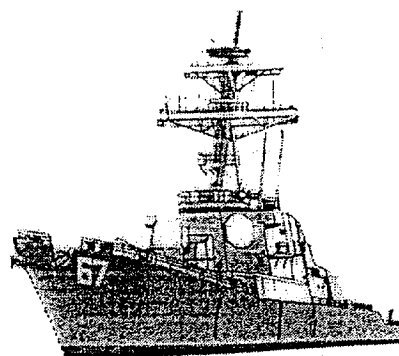


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
22 AUGUST 2000  
Julian: 235

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Ombudsmans

Command Master Chief  
HMCM(SW/AW/FMF)

Care Line: (757) 444-4921  
Web site:

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LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleet-support.navy.mil](http://www.fleet-support.navy.mil)

Senior Sailor of the Year  
QM1(SW)

Junior Sailor of the Year  
GSM2(SW)

SUNRISE: 0707  
SUNSET: 2040

thing of the Week: Berthing 3

'mined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO:

S/L #2:

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY  
0815 Muster for wine tour

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT BARCELONA

0300	Liberty Expires for E-1-E-3
0400	Liberty Expires for E-4-E-5
0600	Liberty Expires for E-6 and above
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster due to CTF 60
0730	Duty Section Turnover
0830	Liberty Assessment Board (CPO Mess)
0845	Muster for Barcelona Sightseeing Tour (Quarterdeck)
TBD	Stores Onload
1130-1230	Lunch for the Crew
1300	CDO Inspection of Messing and Berthing
1500	Mail Onload
1530-1545	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Duty Section IET/Security Force Training
1845	Muster for Midieval Banquet (Quarterdeck)

1. DAMAGE CONTROL NOTE: How is the voltage tester (Wiggins) tested? Ans: From a known source.

COLE'S MENU: The following are COLE's Main Menu items:

<u>BCH</u>	<u>DINNER</u>
<u>AK RANCHERO</u>	<u>ROAST PORK</u>
<u>IT AND SOUR PORK</u>	<u>GYROS</u>

3. LAUNDRY NOTE: Laundry will be opened from 0800 - 1000 daily while we are in port to accept white uniforms. They will be ready for pick-up the following day between 0800 - 1000. All uniform tops and bottoms must be stenciled or they will not be accepted.

4. SHIP STORE NOTE: The ship's store will reopen Today from 0800-1100 and 1300-1500.

5. FILM DEVELOPING NOTE: Next day film developing service will be available daily while in Barcelona from 0900 to 1100 on the mess decks.

6. MONEY EXCHANGE NOTE: Money exchange will be available Today through Thursday from 0900-1000 and Friday from 0700-0800 on the mess decks.

7. LIBERTY POLICY NOTE:

a. LIBERTY EXPIRATION HOURS IN BARCELONA:

E-1-E-3: Liberty expires 0300 (0100 all other Mediterranean ports)  
E-4-E-5: Liberty expires 0400 (0200 all other Mediterranean ports)  
E-3-E-5: Liberty expires 0500 (0300 all other Mediterranean ports)  
w/ESWS  
E-6: Liberty expires 0600 (0300 all other Mediterranean ports)  
E-7 & above: Liberty expires 0600 (0600 all other Mediterranean ports)

b. CONDUCT - THE BUDDY SYSTEM IS MANDATORY. All hands will sign out on the quarterdeck with at least one buddy, but no more than four. You leave with your buddy and you come back with your buddy. No swapping while in town. If you are caught alone in town or you come back without your buddy - both will be held accountable. This system is as much for your protection from crime as it is to keep your shipmates out of trouble. If one individual on COLE has a liberty incident, it is a liberty incident for the whole crew - we all will pay the price. Some examples of liberty incidents includes getting intoxicated, or unruly and belligerent behavior, fighting, arguing with authorities or UA.

- One word of caution - beer overseas has more alcohol content than the beer in the US, so be careful.
- Save your money - we have a lot of great port visits coming up - set a budget for yourself for each port.
- Look out for your shipmates - COLE Sailors take care of their own. They help shipmates from getting in trouble. They watch each other's back. If you see someone who needs to get back to the ship, the quarterdeck will have money to pay for a cab.

c. CIVILIAN CLOTHING ASHORE: Please read COLE Notice 1020 carefully. Your division officers will have it at quarters. Bottom line: The people in Europe and South East Asia dress very well and if you want to make new friends here, you should do your best to present yourself in a clean-cut and tasteful way. In addition, you might be the only Americans some people will meet. Please respect the country and customs. The OOD has the authority to keep you from leaving the ship if you don't meet the minimum standards of attire.

8. SHIP'S PHONE NUMBERS WHILE INPORT BARCELONA:

Quarter Deck	616-453339	
CDO	646-488156	
Medical	686-634251	
Shore Patrol	616-450862	649-989975 or 636-462685

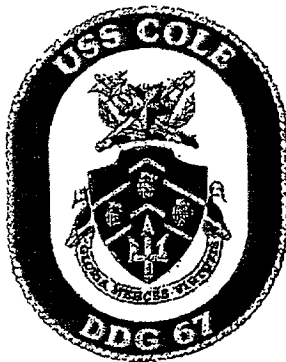
9. QUOTE OF THE DAY: "Challenges make you discover things about yourself that you never really knew. They're what make the instrument stretch--what makes you go beyond the norm." -- David L. Boren (b. 1941) -- American politician, Governor of OK

Executive Officer

Encl (60)

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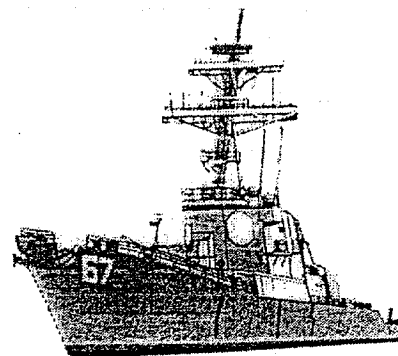


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
23 AUGUST 2000  
Julian: 236

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Command Master Chief  
HMCM(SW/AW/FM)

Senior Sailor of the Year  
QM1(SW)

Executive Officer  
LCDR

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Junior Sailor of the Year  
GSM2(SW)

SUNRISE: 0708  
SUNSET: 2039

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:  
OS1(SW)  
FC2(SW)  
OSSN

CDO: LT  
S/L #3: OSCS(SW)

- CO PRIORITIES
- Combat Readiness
- KEY PILLARS
- Material Readiness
  - Safety & Training
  - Personal Responsibility & Accountability
  - Respect
  - Leadership
  - Communication
  - Teamwork & Pride

MAJOR EVENTS FOR THURSDAY  
1000 Planning Board for Training

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT BARCELONA

0300	Liberty Expires for E-1-E-3
0400	Liberty Expires for E-4-E-5
0600	Liberty Expires for E-6 and above
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster due to CTF 60
0730	Duty Section Turnover
0800-1600	Aloft Zone B
0815	Muster for Wine Tours (Quarterdeck)
0830	Liberty Assessment Board (CPO Mess)
1130-1230	Lunch for the Crew
1300	CDO Inspection of Messing and Berthing
1530-1545	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Duty Section IET/Security Force Training

Encl (60)  
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1. DAMAGE CONTROL NOTE: How is PKP used to extinguish fires in confined spaces? Ans: Short burst as necessary.

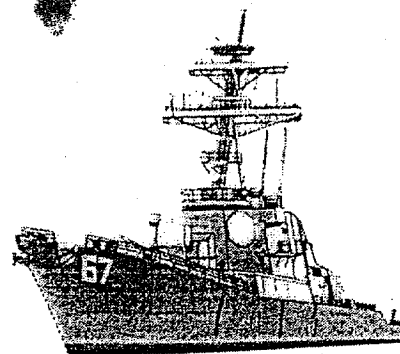


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
24 AUGUST 2000  
Julian: 237

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Care Line: (757) 444-4921

Web site:

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ANSWERLINE: 1-877-418-6824

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Ombudsmans  
[REDACTED]  
and  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

SUNRISE: 0709  
SUNSET: 2037

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

FC2(SW) [REDACTED]

OSSN T [REDACTED]

CDO: [REDACTED]

S/L #3: OSCS(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### MAJOR EVENTS FOR FRIDAY

0900 Station Sea and Anchor Detail  
1000 Underway  
1300-1600 DC Olympics  
SCAT Training  
Engineering Evolution

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

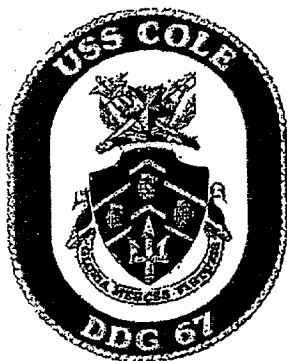
#### INPORT BARCELONA

0300	Liberty Expires for E-1-E-3
0400	Liberty Expires for E-4-E-5
0600	Liberty Expires for E-6 and above
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster due to CTF 60
0730	Duty Section Turnover
0830	Liberty Assessment Board (CPO Mess)
1000	Planning Board For Training (Wardroom)
1130-1230	Lunch for the Crew
1300	CDO Inspection of Messing and Berthing
1530-1545	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Duty Section IET/Security Force Training

Encl (60)

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1. DAMAGE CONTROL NOTE: How long will an EEBD provide oxygen? Ans: 15 minutes.

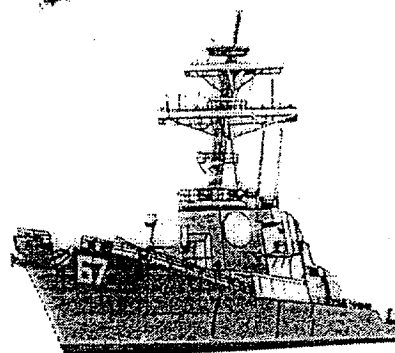


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
25 AUGUST 2000  
Julian: 238

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FME) [REDACTED]

Senior Sailor of the Year  
QMI(SW) [REDACTED]

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Web site:

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[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

Unrep  
GQ: MSFD  
Zone Inspection: Nav/Admin Dept

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

S1(SW) [REDACTED]  
S2(SW) [REDACTED]  
S3(SW) [REDACTED]

SUNRISE: 0711  
SUNSET: 2034

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0100	Liberty Expires for All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0705	Officer's Call/Quarters
0800	Ops/Nav Brief/5in PACFIRE
0900	Station Sea and Anchor Detail
0930	Man the Rails
1000	Underway
1100	Liberty Assessment Board (CPO Mess)
1115-1230	Lunch for the Crew
1300	Muster DCPO (Filter Cleaning)
1300	SERT Meeting (CSMC)
1300-1500	AEGIS TRASUP Training (CIC)
1300-1500	PACE Class (English 1301 (Training Room))
1300-1600	DC Olympics (Flight Deck) (DCTT, Repair 2/3/5)
1400-1530	PDB (CPO) Mess: FN [REDACTED], SN [REDACTED], SN [REDACTED]
1400-1600	VBSS Training (Port Quarterdeck)
1500-1700	PACE Class (English 1312 (Training Room))
1530-1545	Sweepers
1600-1700	FP/AT Training Team Meeting (Wardroom)
1600-1700	Remedial PT

1645-1830 Dinner for the Crew  
 1800-2000 PACE Class: A/S English (Training Room)  
 1830-1930 Engineering Department Training  
 1830 Eight O'clock Reports  
 1830 Smoking Cessation Class (Training Room)  
 1830 ETT Brief (Logroom)  
 1830-1900 Safety Committee Meeting (Messdecks)  
 1830-2000 SCAT Live Fire Drill  
 1900 STT Brief (Operations Office)  
 1900 First Class Association Meeting (Messdecks)  
 1900-2200 Engineering Evolutions  
 2000-2200 Deploy Tactas  
 2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: What tools are used in overhauling a fire? Ans: A fire axe and rake.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

SEAFOOD PLATTER  
 BEEF CORDON BLEU

DINNER

SALISBURY STEAK WITH MUSHROOMS  
 BARBECUE SPARERIBS

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH THE MUMMY  
 1600 THE NATURAL  
 1800 KING OF THE HILL  
 2000 THE MOD SQUAD

CHANNEL 3

CRIMSON  
 ANIMAL HOUSE  
 BLUE CHIPS  
 BOOTY CALL

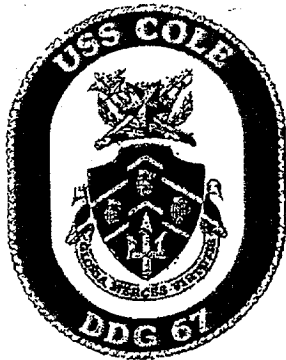
4. HAZARD ALERT NOTE: FIRESTONE TIRE RECALL. On 9 August 2000, Bridgestone/Firestone and Ford Motor Company announced Firestone is recalling millions of tires that contain a safety-related defect involving tread separation. The recall will cover all P235/75R15 Firestone Radial ATX and Radial ATX II tires produced in North America and Mexico. In addition, all wilderness at tires of the same size manufactured at Firestone's Decatur, IL plant which have code "VD" imprinted on the sidewall are also recalled. The tires in question were original equipment on the Ford Explorer (Model years 1996-2000), Ford Ranger pickup trucks (Model years 1991-2000), and Ford B-series pickup trucks (Model years 1994-1996) and Mazda B4000 pickup trucks. Some Ford vehicles purchased by GSA came with these tires as original equipment, and other vehicles, including those made by Ford, General Motors and Daimlerchrysler may have had them installed as replacement tires. These tires were also sold in the aftermarket and may be on any light truck or SUV that takes the P235/75R15 tire size. Owners will be able to obtain the replacement tires at Firestone stores, and Ford owners will be able to obtain them at Ford dealerships. Firestone plans to send an interim notification letter to all owners of these tires that would advise them of the defect, indicate that new tires will be provided when available, and suggest actions to minimize the risk of a tread separation in the interim. If you have experienced any tire failure, report it to the National Highway Traffic Safety Administration by calling the auto safety hotline at 1-888-DASH-2-DOT or by completing and electronic complaint form on their website, <http://www.nhtsa.dot.gov/cars/problems/ivoq/default.htm>. You may also contact Firestone at 1-800-465-1904 or their website <http://www.firestonetire.com> Ford Motor Company customers call 1-800-660-4719 or write their website at [tireinquiryford.com](mailto:tireinquiryford.com).

5. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

6. FWD DECON CLEANLINESS NOTE: The Personal Sailor Telephone located in FWD DECON is a privilege we all share. Please do not leave trash or wrappers in the space while using the phone or else the privilege will be suspended.

7. QUOTE OF THE DAY: "When you have a dream you've got to grab it and never let go." -- Carol Burnett (b. 1933)- American actress, singer, comedian

Executive Officer

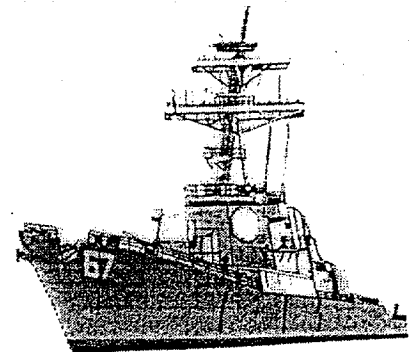


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
26 AUGUST 2000  
Julian: 239

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SUNDAY

0900-1230 Commodore Visit

Holy Helo/Protestant Services/Counseling with

Chaplain [REDACTED]

1300-1600 ACTS Scenario/GQ

1900 Navigation Brief

Berthing of the Week: Berthing 3  
'Determined Warriors' of the Quarter:

SI(SW) [REDACTED]

?(SW) [REDACTED]

INT [REDACTED]

SUNRISE: 0711

SUNSET: 2034

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0200

Deploy TACTAS

0600

Reveille

0600-0700

Breakfast for the Crew

0700-1000

PACE Class: A/S English

0710

Officer's Call/Quarters

0800

Ops/Intel/Unrep Brief

0800-1000

Field Day

0800-1100

OBT/ASW Scenario (CIC)

0800-1100

MCU 2P Issue (Aft Decon)

0820

CO/XO/DH/CMC Meeting (Wardroom)

0830

Smoking Cessation Class #3 (Forward Pallet Staging Area)

0830

MWR Meeting (Mess Decks)

0830-1130

Zone Inspection: Part I (NN/NX/NH)

0845

ETT/DCTT Brief (Wardroom)

0900

Planning Board for Training (Wardroom)

0930

ITT Brief (Wardroom)

0930

Set PCMS Red

1000

XO's Inspection of Messing and Berthing

1000-1115

PACE Class: English 1301

1100

Retrieve TACTAS

1115-1230

Lunch for the Crew

1200-1300

ESWS Training (Training Room): Undersea Warfare Part II

Encl (60)

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1230	Catholic Lay Services (Training Room)
1300	Workcenter Supervisors Meeting with 3MC and XO
1330-1600	ACTS Scenario/GQ
1530-1545	Sweepers
1645-1830	Dinner for the Crew
1800-2000	PACE Class: A/S English
1830	Eight O'Clock Reports
1830	Smoking Cessation Class #3 (Forward Pallet Staging Area)
1845	Supply and Nav/Admin Department Lecture (Mess Decks)
1900	Navigation/Mooring Brief
TBD	OOD Requalification: FCO
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: How do you over haul a class Charlie fire? Ans: Assist the electrician.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
HAM SLICES  
HOT ROAST BEEF

DINNER  
SPAGHETTI WITH MEAT SAUCE  
VEAL PARMESAN

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
0830 ONE NIGHT STAND  
1000 TARZAN  
1200 SLEEPY HOLLOW  
1400 ANACONDA  
1600 48 HRS  
1800 THE AIR UP THERE  
2000 EAST OF EDEN

CHANNEL 3  
CASABLANCA  
ERIN BROCKOVICH  
10 THINGS I HATE ABOUT YOU  
A CIVIL ACTION  
ARMAGEDDON  
ARMY OF DARKNESS  
BOOTY CALL

TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The er/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

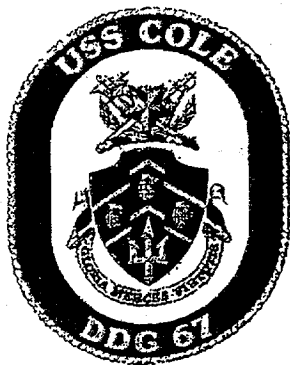
5. MENU REVIEW BOARD NOTE: A menu review board meeting will be held today at 1600 on the mess decks. A divisional representative is required to attend.

6. CHAPLAIN'S VISIT: Chaplain [REDACTED] will be here Sunday morning from 0900 until approximately 1300. If you wish to speak with him, please sign up outside the CMC's office.

7. FEMALE BERTHING NOTE: There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

8. QUOTE OF THE DAY: "Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves it's amazing what they can accomplish." — Samuel Moore Walton (1918-92) — American retailing executive

[REDACTED]  
Executive Officer

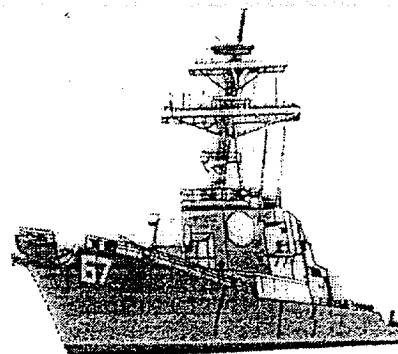


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
27 AUGUST 2000  
Julian: 240

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QM1(SW)

Care Line: (757) 444-4921

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Ombudsmans

Junior Sailor of the Year  
GSM2(SW)

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR MONDAY

- 0800 Station Sea and Anchor Detail
- 0815 Man the Rails
- 0900 Moor Villefranche, France
- TBD Port Brief
- TBD Liberty Call

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

S1(SW)  
Y(SW)  
N

SUNRISE: 0712  
SUNSET: 2032

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

- 0600 Reveille
- 0600-0700 Breakfast for the Crew
- 0710 Officer's Call/Quarters
- 0730-0800 CIWS PACFIRE
- 0730-0930 PACE Class: English 1301
- 0800 Ops/Intel/Suez Canal/Iraq Brief (Wardroom)
- 0800-1100 MCU 2P Issue (Aft Decon)
- 0800-1100 Heat Stress Monitors Training (Medical)
- 0830 Flight Quarters
- 0900 DESRON 22/Chaplain Arrives
- 0900 Protestant Divine Services (Mess Decks)
- 0930 DCTT Brief (Wardroom)
- 0930 CSTT Brief (CSMC)
- 0930-1130 PACE Class: English 1312
- 1000 CIC Watchstander Brief (CIC)
- 1000 Commodore with Wardroom
- 1000-1130 AEGIS TRASUP Training (CIC)
- 1020 Commodore with CPO Mess (CPO Mess)
- 1030 Flight Quarters
- 1045-1145 Remedial PT
- 1100 DESRON 22/Chaplain Departs
- 1115-1230 Lunch for the Crew

Encl (60)  
Page 35 of 110

1215-1415	PACE Class: English 1312
1230-1400	AEGIS TRASUP Training (CIC)
1300-1630	BECES/MSFD/GQ
1400	OCSOT
1530-1545	Sweepers
1600	Menu Review Board (Mess Decks)
1600	Deploy TACTAS
1600-1700	Remedial PT
1645	Eight O'Clock Reports
1645-1830	Dinner for the Crew
1815	Station Unrep Detail
1830	Smoking Cessation Class # 3 (Training Room)
1900-2000	Unrep
1900-2200	OBT/ASW Scenario (CIC)
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: For what class of fires is PKP most effective? Ans: Class Bravo.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
OVEN FRIED CHICKEN FILLET	GINGER POT ROAST
CANNONBALL SANDWICH	OVEN FRIED FISH

3. COLE MOVIE SCHEDULE:

	<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
<u>LUNCH</u>	COBRA	UNIVERSAL SOLDIER
1600	THE BLAIR WITCH PROJECT	DOUBLE JEOPARDY
1800	ERIN BROCKOVICH	WHAT ABOUT BOB
2000	MAN ON THE MOON	ABOVE THE LAW
2200	48 HRS	ANYWHERE BUT HERE

HAZARD ALERT NOTE: FIRESTONE TIRE RECALL. On 9 August 2000, Bridgestone/Firestone and Ford Motor Company announced Firestone is recalling millions of tires that contain a safety-related defect involving tread separation. The recall will cover all P235/75R15 Firestone Radial ATX and Radial ATX II tires produced in North America and Mexico. In addition, all wilderness at tires of the same size manufactured at Firestone's Decatur, IL plant which have code "VD" imprinted on the sidewall are also recalled. The tires in question were original equipment on the Ford Explorer (Model years 1996-2000), Ford Ranger pickup trucks (Model years 1991-2000), and Ford B-series pickup trucks (Model years 1994-1996) and Mazda B4000 pickup trucks. Some Ford vehicles purchased by GSA came with these tires as original equipment, and other vehicles, including those made by Ford, General Motors and Daimlerchrysler may have had them installed as replacement tires. These tires were also sold in the aftermarket and may be on any light truck or SUV that takes the P235/75R15 tire size. Owners will be able to obtain the replacement tires at Firestone stores, and Ford owners will be able to obtain them at Ford dealerships. Firestone plans to send an interim notification letter to all owners of these tires that would advise them of the defect, indicate that new tires will be provided when available, and suggest actions to minimize the risk of a tread separation in the interim. If you have experienced any tire failure, report it to the National Highway Traffic Safety Administration by calling the auto safety hotline at 1-888-DASH-2-DOT or by completing and electronic complaint form on their website, <http://www.nhtsa.dot.gov/cars/problems/ivoq/default.htm>. You may also contact Firestone at 1-800-465-1904 or their website <http://www.firestonetire.com> Ford Motor Company customers call 1-800-660-4719 or write their website at [tireinquiryford.com](http://tireinquiryford.com).

5. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

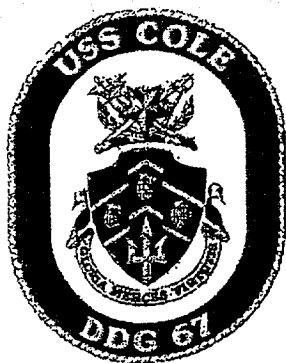
6. NEWEST DETERMINED WARRIOR NOTE: Congratulations to GSMFN [REDACTED] He is the new father of [REDACTED] born on 24 August weighing 7 lbs 10 ounces.

7. MENU REVIEW BOARD NOTE: A menu review board meeting will be held today at 1600 on the mess decks. A divisional representative required to attend.

CHAPLAIN'S VISIT: Chaplain [REDACTED] will be here Sunday morning from 0900 until approximately 1300. If you wish to speak with him, please sign up outside the CMC's office.

8. QUOTE OF THE DAY: "Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves it's amazing what they can accomplish." -- Samuel Moore Walton (1918-92) -- American retailing executive



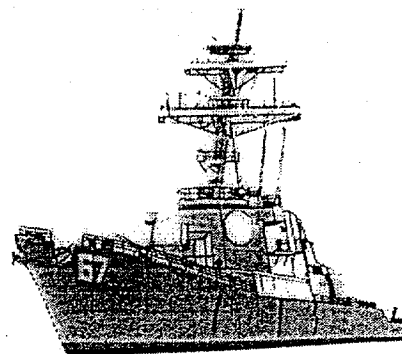


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
28 AUGUST 2000  
Julian: 241

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921

Web site:

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Ombudsmans

and

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QM1(SW) M

Junior Sailor of the Year  
GSM2(SW)

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### MAJOR EVENTS FOR TUESDAY

TBD Babylon Express  
0800 Stores Onload  
0830 ITT Meeting

SUNRISE: 0713  
SUNSET: 2031

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO:

S/L #2: FCCS(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE :

E-6 AND BELOW:

SUMMER WHITES

SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### INPORT VILLEFRANCHE

0200-0400	VCHT PMS
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0800	Station Sea and Anchor Detail
0810	Muster All Non Sea and Anchor Personnel (Aft Missile Deck)
0820	Man the Rails
0900	Moor Villefranche, France
1000	Muster DCPO's (Filter Cleaning Shop)
1115	Officer/CPO call on Mayor of Villefranche
1115-1230	Lunch for the Crew
1230	SERT Meeting
1300	ITT Meeting (Wardroom)
1300-2200	Aloft Zone Bravo
1400	Port Brief (Flight Deck)
TBD	Liberty Call
1645-1730	Dinner for the Crew
1830	Eight O'Clock Reports

Encl (60)  
Page 37 of 110

1. DAMAGE CONTROL NOTE: How are test fittings used to investigate for damage? At loosened and listen for air escaping or water around pipe.

COLE'S MENU: The following are COLE's Main Menu items:

JNCH  
T AND CHIPS  
OS

DINNER  
BBQ BEEF CUBES  
CARIBBEAN CHICKEN BREAST

3. COLE MOVIE SCHEDULE:

LUNCH  
1630  
1800  
2000

CHANNEL 2  
CONAIR  
THE BASE BALL  
GHOST  
BLOODSPORT

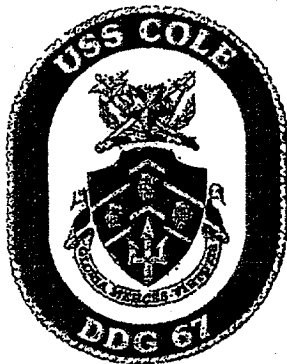
CHANNEL 3  
FIRESTORM  
BLADE  
GODZILLA  
BOWFINGER

4. TRASH DISPOSAL NOTE: Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. FEMALE BERTHING NOTE: There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

6. QUOTE OF THE DAY: "Tell me and I forget, teach me and I remember, involve me and I learn" Thomas Jefferson

  
Executive Officer

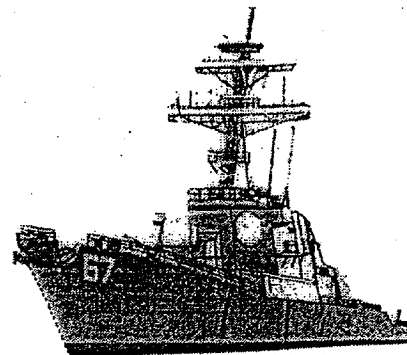


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
29 AUGUST 2000  
Julian: 242

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921

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Command Master Chief

HMCM(SW/AW/FMF)

Senior Sailor of the Year

QM1(SW)

and

Junior Sailor of the Year

GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PillARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY

0800 SCAT Training  
0800 CSTT Training  
0800-2200 Aloft Zone B

SUNRISE: 0714

SUNSET: 2029

thing of the Week: Berthing 3

etermined Warriors' of the Quarter:

S1(SW)

FC2(SW)

OSSN

CDO: L

S/L #3: OSCS(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

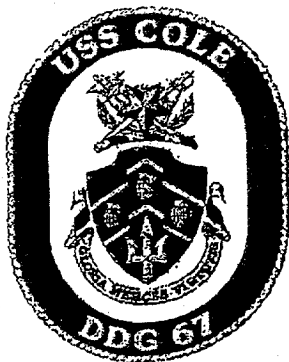
IMPORT VILLEFRANCHE

0300	Liberty Expires for all Hands (Arrival of Taxi)
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0730	Duty Section Turnover
TBD	Babylon Express
0800	CSTT Training (CIC)
0800-UC	Stores Onload
0830	Liberty Assessment Board (CPO Mess)
0900	ITT Meeting (Wardroom)
1115-1230	Lunch for the Crew
1530	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Section IET/Security Force Training

1. DAMAGE CONTROL NOTE: What should be used on a sounding tape when sounding a water tank? Ans: Chalk.

Encl (60)

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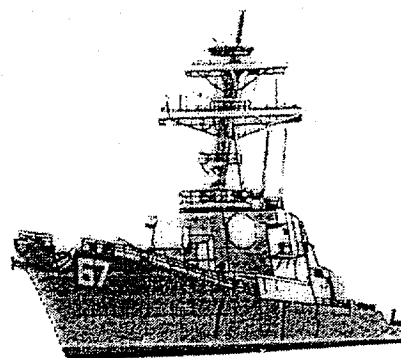


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
30 AUGUST 2000  
Julian: 243

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Ombudsmans

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Junior Sailor of the Year  
GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR THURSDAY

0900 PB4T  
0900 CO Spotcheck w/ CA01  
1000 XO Spotcheck w/ SS03

SUNRISE: 0652  
UNSET: 2010

hing of the Week: Berthing 3

determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO: LT

S/L #1: STGCM(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT VILLEFRANCHE

0300	Liberty Expires for all Hands (Arrival of Taxi)
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0730	Duty Section Turnover
0800	CSTT Training (CIC)
0800-0900	SCAT Training (Training Room)
0800-2200	Aloft Zone Bravo
0830	Liberty Assessment Board (CPO Mess)
0830	ETT Meeting (Logroom)
0830	STT Meeting (OPS Office)
0900	DCTT Meeting (Wardroom)
0900	RPPO Meeting (Supply Support)
0900	PMS Reports due to 3MC
0900	Command Assessment Team Meeting (Wardroom)
0930	ITT Meeting (Wardroom)
1000	XO's Inspection of Messing and Berthing
1115-1230	Lunch for the Crew
1530	Sweepers
1645-1730	Dinner for the Crew

1800  
1830

Eight O'Clock Re s  
Section IET/Secu... Force Training

**DAMAGE CONTROL NOTE:** Should you sound a fuel tank and a water tank with the same tape? Ans: No, the fuel residue on the tape could contaminate the fresh water.

**COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
TUNA SALAD  
CHILI DOGS

**DINNER**  
BARBECUE RIBS  
BAKED CHICKEN

**3. COLE MOVIE SCHEDULE:**

**LUNCH**  
1630  
1800  
2000

**CHANNEL 2**  
HALLOWEEN H20  
FLUBBER  
GREEN MILE PART 1  
GREEN MILE PART 2

**CHANNEL 3**  
G. I. JANE  
DUECE BIGALOW  
EYES WIDE SHUT PART 1  
EYES WIDE SHUT PART 2

**4. TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

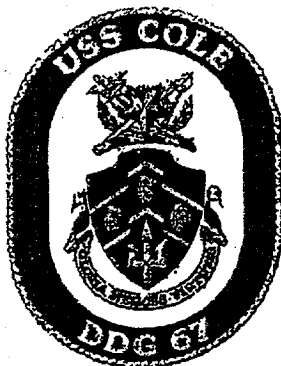
**5. FEMALE BERTHING NOTE:** There are now 3 female berthings: Berthing 4, 5 & 6. Berthing 4 is no longer considered a duty head for males. When conducting official business, knock on the door, sound off, "male on deck", and wait until it is clear to come in.

**6. INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE:** To ensure COLE's familiarity and knowledge for the week's Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

**7. PORT VISIT TO MALTA NOTE:** The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

**QUOTE OF THE DAY:** It is only the wisest and the very stupidest who cannot change. Confucius, Analects

Executive Officer

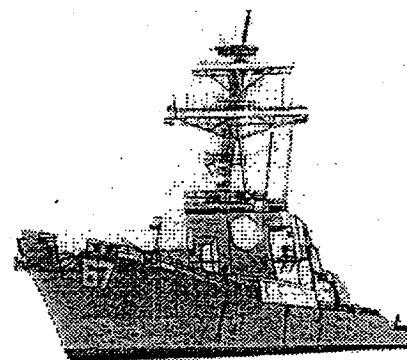


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
1 SEPTEMBER 2000  
Julian: 245

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PillARS

-Material Readiness  
-Safety & Training

-Personal Responsibility & Accountability  
-Respect  
-Leadership  
-Communication  
-Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

0700 CIWS/SIN PACFIRE  
0730 Personnel Inspection: S1, S2, S5  
0930 Division in the Spotlight: S1, S2, S5  
1300-1600 ACTS Scenario/GQ/ITT Drill  
1900-2030 SCAT Drill

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

OS2(SW) [REDACTED]

SN [REDACTED]

SUNRISE: 0654

SUNSET: 2006

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0300 Liberty Expires for all Hands  
0600 Reveille  
0600-0700 Breakfast for the Crew  
0705 Officer's Call/Quarters  
0745 Away the RHIB  
0800 OPS/NAV/5 IN/CIWS PACFIRE Brief  
0900 Station Sea & Anchor Detail  
0930 Man the Rails  
1000 Underway  
1030 Set WPN CON Standby Air/Surf  
1115-1230 Lunch for the Crew  
1230 STT Brief (OPS Office)  
1300-1500 PACE Class: English 1301  
1300-1500 Seamanship Drills  
1500-1700 Compass Swing Checks  
1500-1700 PACE Class: English 1312  
1600 ETT Brief (Logroom)  
1530-1545 Sweepers  
160-1700 Remedial PT  
1645-1830 Dinner for the Crew  
1500-1700 PACE Class: A/S English  
1830 Eight O'Clock Reports  
1900-2100 Engineering Evolutions

Encl (60)

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1. **DAMAGE CONTROL NOTE:** How do you over haul a class Bravo fire? Ans: Secure the source, cover the fuel with a blanket of AFF, move fuel (if possible), and cool surrounding area.

**COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
SUSHI  
SIRIYAKI STEAK  
CHICKEN FILLET SANDWICH

**DINNER**  
HERBED BAKED FISH  
SWEDISH MEATBALLS

3. **COLE MOVIE SCHEDULE:**

**CHANNEL 2**  
LUNCH NAVY SEALS  
1630 MAN IN THE IRON MASK  
1800 MAJOR PAYNE  
2000 MEMPHIS BELLE

**CHANNEL 3**  
ON DANGEROUS GROUND  
MESSAGE IN A BOTTLE  
MISSIONS TO MARS  
MY BEST FRIENDS WEDDING

4. **TRASH DISPOSAL NOTE:** Trash will be accepted in the trash disposal room (2-242-2) daily from 0800-0900 and 1800-2000. All trash must be separated in three bags: (1) plastic (2) paper, cardboard and food (3) metal & glass. If trash not separated it will not be accepted. The pulper/shredder is unable to process any type of rags, Chem-wipes, or cloth material. Please make arrangements to collect them separately to be disposed of over the side. All work centers and berthing compartments should have three containers.

5. **INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE:** To ensure COLE's familiarity and knowledge for the week's Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

**POLITICAL SUMMARY.** The Serbian military has seized power and forced the previously civilian government to flee to Trieste, Italy. The U.S. has expressed support for the civilian government-in-exile.

Russia totally supports the current military government in Serbia.

COMSIXTHFLT has assembled an Amphibious Ready Group and is escorting units near Trieste to provide support if evacuation of U.S. personnel in Serbia becomes necessary. USS COLE and a Spruance class destroyer are proceeding north in the Adriatic to Serbia to join ARG.

The Serbian military government has warned that any attempt to restore the government-in-exile will result in military actions. To this effect, the Serbian's have declared a 12NM buffer zone off the Serbian coast. Non-shooting incidents between Russian/Serbian naval units and U.S. naval forces have already occurred.

Russian reconnaissance flights are anticipated.

One Russian Victor III Class SSN and two Serbian diesel submarines are believed to be in the area. COLE controlled LAMPS MK III have two sonobuoys in contact with one possible Serbian submarine.

6. **PORT VISIT TO MALTA NOTE:** The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

7. **FLASH GEAR NOTE:** All hands will inventory flash hoods and gloves at their GQ station during General Quarters and turn in any extra hoods and gloves not used to R-Division.

8. **QUOTE OF THE DAY:** "In reading the lives of great men, I found that the first victory they won was over themselves...self-discipline with all of them came first."  
-- Harry S. Truman (1884-1972) -- 33rd US President

Executive Officer

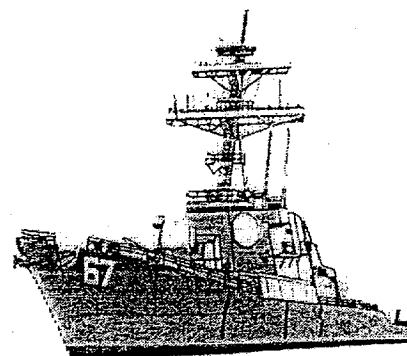


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
2 SEPTEMBER 2000  
Julian: 246

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QM1(SW)

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
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COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

Junior Sailor of the Year  
GSM2(SW)

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
OS1(SW) J  
C2(SW) J  
JSSN

SUNRISE: 0655  
SUNSET: 2005

**CO PRIORITIES**  
- Combat Readiness  
**KEY PILLARS**  
-Material Readiness  
-Safety & Training  
-Personal Responsibility & Accountability  
-Respect  
-Leadership  
-Communication  
-Teamwork & Pride

**MAJOR EVENTS FOR SUNDAY**  
0800 OPS/NAV Brief  
0830-1130 Zone Inspection Part II: S1,S2,S  
1300-1600 ACTS/Scenario  
1730-1900 Strait of Messina Transit  
1900 NAV/Unrep Brief

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

**UNDERWAY**

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: A/S English
0705	Personnel Inspection: S1, S3, S5 (Clean Dungarees)
0710	Officer's Call/Quarters
0730-0800	CIWS/5 IN PACFIRE
0800	OPS/Intel/Balkans Spins Brief (Mess Decks)
0900	ESWS Pre-Board: DC1 SM2 FC2
	GM2 McNeal (Mess Decks)
0900	CSTT Training (CIC)
0900-0930	Division in the Spotlight: S1, S3, S5 (Wardroom)
0900-1100	Engineering Evolutions
0930	DCTT/ETT Brief (Wardroom)
0930-1130	Zone Inspection Part 1: S1, S3, S5
1000	MWR Meeting (Wardroom)
1000	XO's Inspection of Messing and Berthing
1000-1115	PACE Class: English 1301
1030	CIC Watchstanders Brief
1115-1230	Lunch for the Crew
1200-1300	ESWS Training: Strike Warfare Part 1 (Training Room)
1215	Station Adriatic Watchteam

Encl (60)  
Page 44 of 11



1300-1630	ACTS Scenario
1530-1545	Sweepers
1630	CO Meeting with OPS
1645-1830	Dinner for the Crew
1800-1930	PACE Class: English 1312
1830	Eight O'Clock Reports
1830	SCAT Team Training (CSMC)
1900	XOI (XO's Stateroom)
1900-2030	SCAT Drill
2200-0200	Deploy TACTAS
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the primary purpose of the fire finder? Ans: To locate fires or hot spots.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
BEEF SUKIYAKI  
DELI BAR

DINNER  
SPAGHETTI/ MEAT SAUCE  
BREADED CHICKEN BREAST

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
LUNCH NAVY SEALS  
1630 ROCKY  
1800 ROCKY 2  
2000 SCENT OF A WOMAN  
2200 TARZAN

CHANNEL 3  
ON DANGEROUS GROUND  
RUN SILENT RUN DEEP  
ROUNDERS  
THE DEVILS ADVOCATE  
THE FUGITIVE

4. INTELLIGENCE SCENARIOS FOR UPCOMING ACTS SCENARIO NOTE: To ensure COLE's familiarity and knowledge for the week's Acts Scenario, intelligence updates will be provided on a daily basis. It is imperative that the information for the scenario remains onboard and not discussed with anyone outside the confines of the ship.

POLITICAL SUMMARY. The Serbian military has seized power and forced the previously civilian government to flee to Trieste, Italy. The U.S. has expressed support for the civilian government-in-exile. Russia totally supports the current military government in Serbia. SIXTHFLT has assembled an Amphibious Ready Group and is escorting units near Trieste to provide support if evacuation of U.S. personnel in Serbia becomes necessary. USS COLE and a Spruance class destroyer are proceeding north in the Adriatic to Serbia to join the ARG. The Serbian military government has warned that any attempt to restore the government-in-exile will result in military actions. To this effect, the Serbian's have declared a 12NM buffer zone off the Serbian coast. Non-shooting incidents between Russian/Serbian naval units and U.S. naval forces have already occurred. Russian reconnaissance flights are anticipated. One Russian Victor III Class SSN and two Serbian diesel submarines are believed to be in the area. COLE controlled LAMPS MK III have two sonobuoys in contact with one possible Serbian submarine.

5. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men teams.

6. FLASH GEAR NOTE: All hands will inventory flash hoods and gloves at their GQ station during General Quarters and turn in any extra hoods and gloves not used to R-Division.

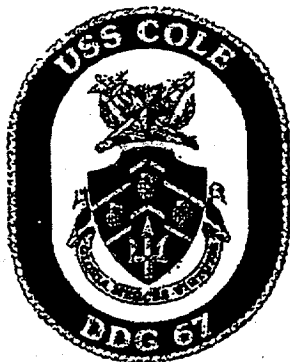
7. COMMUNITY RELATIONS PROJECT OPPORTUNITY NOTE: The Park of Friendship is a privately owned entity that provides recreational services for persons with disabilities. The project will consist of draining two sizable duck ponds, removing the sediment, and refilling them with clean water. Pick-up will be on Tuesday, 5 September at 0830 from the pier and will return at approximately 1500. Volunteers are also invited to bring their swimming gear and make use of the park swimming pool after the project. Anyone who would like to volunteer for this project should contact the CMC.

8. LDO/CWO APPLICATION NOTE: The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

QUOTE OF THE DAY: "It's 106 miles to Chicago, we've got a full tank of gas, half a pack of cigarettes, it's dark, and we're wearing goggles." Elwood Blues

Executive Officer

Encl (60)  
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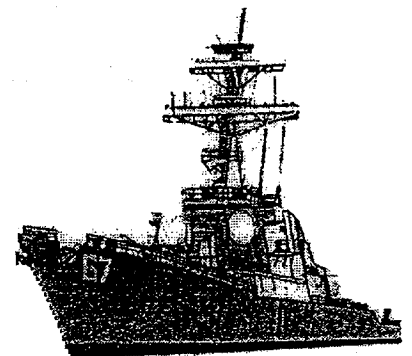


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
3 SEPTEMBER 2000  
Julian: 247

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Ombudsmans



Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

[REDACTED]  
(SW)  
[REDACTED]  
(SW)  
[REDACTED]

SUNRISE: 0656  
SUNSET: 2003

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR MONDAY

0630 Station UNREP Detail  
0700 UNREP w/USNS John Lenthall  
1100 Station Sea & Anchor Detail  
1200 Moor Valletta, Malta

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700	OCSOT
0700-1000	PACE Class: A/S English
0710	Officer's Call/Quarters
0800	OPS/NAV Brief (Mess Decks)
0830	ETT Brief (Logroom)
0900	CSTT Meeting (CSMC)
0900	DCTT Meeting (Wardroom)
0900-1130	Zone Inspection: S1, S3, S5
0900-1100	Engineering Evolutions
1000	XO's Inspection of Messing and Berthing
1000	DRB (CPO Mess)
1000-1115	PACE Class: 1301
1000-1200	PACE Class: English 1301
1000-1200	Retrieve TACTAS
1115	Protestant Divine Services (Training Room)
1115-1230	Lunch for the Crew
1145	Station Adriatic Watchteam, W/S II
1230	Catholic Lay Services (Training Room)
1230	CO Spotcheck w/CA01
1230-1600	ACTS Scenario/GQ

Encl (60)  
Page 46 of 110

1530-1545	Sweepers
1645-1830	Dinner for the Crew
1700	Station Anchor Detail
1730-1900	PACE Class: 1301
1730-1900	Strait of Messina Transit
1800	Muster All First Class Petty Officers (Career Counselor Office)
1830	Eight O'Clock Reports
1900	Navigation/Unrep Brief (Wardroom)
1900-2100	PACE Class: 1312
1930	Set WEPCON Safe
1930	Pizza Night (Mess Decks)
1945	CO's Mast (Training Room)
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What should be used on a sounding tape when sounding a fuel tank? Ans: Water indicating paste.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

BEEF ENCHILADAS

DINNER

GRILLED SALMON

BAKED HAM

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
0830 THE MIGHTY  
1000 THE JACKAL  
1200 THE NEGOTIATOR  
1400 THE RELIC  
1600 THE RAGE: CARRIE 2  
1800 THE WEDDING SINGER  
2000 U.S. MARSHALLS

CHANNEL 3  
CASABLANCA  
ERIN BROCKOVICH  
THE PERFECT WEAPON  
THIN RED LINE PART 1  
THIN RED LINE PART 2  
TOMMY BOY  
UNDER SIEGE

4. PORT VISIT TO MALTA NOTE: The U.S. Marines are hosting a party in COLE's honor Wednesday, 6 September from 1500 to 0100. Dinner includes steak, hamburgers, hotdogs and refreshments. Pool will be opened. Price for Adults is LM 3.00. They also have a tennis and basketball court that will be open to the crew. If there is enough interest, they can put together a basketball tournament, three men's teams.

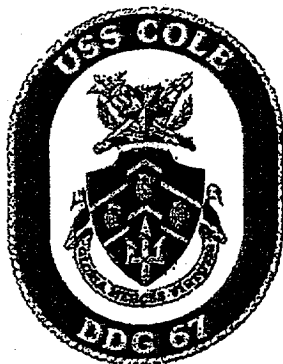
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6. LDO/CWO APPLICATION NOTE: The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

7. PIZZA NIGHT NOTE: The First Class Association is sponsoring Pizza Night today on the Mess Decks at 1930.

8. QUOTE OF THE DAY: "Injustice anywhere is a threat to justice everywhere." Martin Luther King

Executive Officer

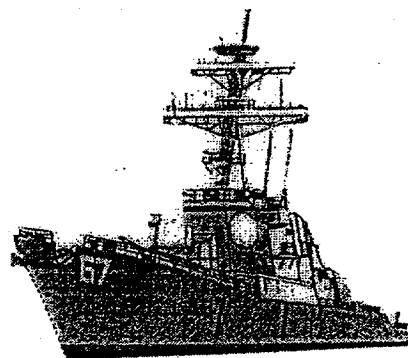


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
04 SEPTEMBER 2000  
Julian: 248

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Ombudsmans  
[REDACTED]

and  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Care Line: (757) 444-4921

Web site:

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Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### MAJOR EVENTS FOR TUESDAY

TBD Stores Onload  
0700-1600 Caesar Sword  
0900 OPS/INTEL Brief

SUNRISE: 0636  
SUNSET: 1925

thing of the Week: Berthing 3

'etermined Warriors' of the Quarter:

S1(SW) [REDACTED]

C2(SW) [REDACTED]

OSSN [REDACTED]

CDO: [REDACTED]

S/L #3: EWCS(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

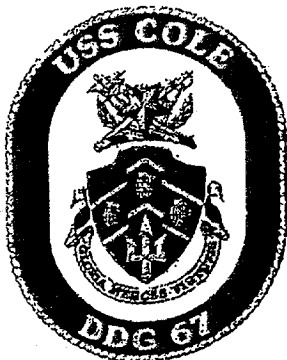
QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

#### INPORT MALTA

0500	Reveille
0500-0600	Breakfast for the Crew
0630	Station Unrep Detail
0700	UNREP with USNS JOHN LENTHALL
0900	XOI (XO's Stateroom)
1045-1230	Lunch for the Crew
1130	Station Sea and Anchor Detail
1215	Muster All Non-Sea and Anchor Personnel (Aft Missile Deck)
1220	Man the Rails
1300	Moored Valletta, Malta
1300-2200	Aloft Zone Bravo
1330	SERT Meeting (CSMC)
1400	Muster DCPO's (Filter Cleaning Shop)
1500	All Hands Port Brief (Flight Deck)
TBD	Liberty Call
TBD	American Embassy/Malta Officials Tours w/Mini-Reception (Wardroom)
1530	Sweepers
1530	CO's Mast (Pilot House)
1645-1730	Dinner for the Crew
1830	Eight O'Clock Reports

Encl (60)  
Page 48 of 110

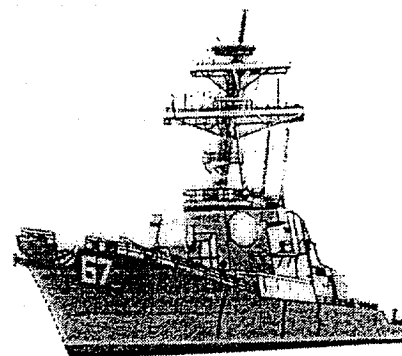


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
05 SEPTEMBER 2000  
Julian: 249

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

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Ombudsmans

and

Command Master Chief  
HMCM(SW/AW/FMH)

Senior Sailor of the Year  
QM1(SW)

Junior Sailor of the Year  
GSM2(SW)

CO PRIORITIES

- Combat Readiness
- KEY PILLARS
  - Material Readiness
  - Safety & Training
  - Personal Responsibility & Accountability
  - Respect
  - Leadership
  - Communication
  - Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY  
EMORY S LAND Shipchecks  
For IMAV

1300 US Embassy Tour of COLE

SUNRISE: 0637  
SUNSET: 1924

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN T

CDO: LT

S/L #1: STGCM(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

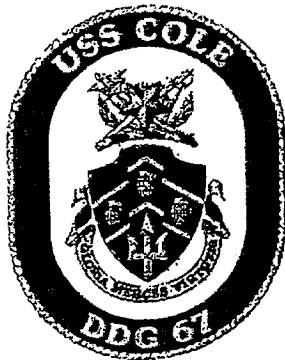
UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

IMPORT MALTA

0600	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0700-1600	Caesar Sword
0730	Duty Section Turnover
0800	CSTT Training (CIC)
0815	Muster For Conrel Project (Pier)
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/Intel Brief (Mess Decks)
1130-1230	Lunch for the Crew
1300	XO's Inspection of Messing & Berthing
1400	Malta Newspaper Interview
1530	Sweepers
1645-1730	Dinner for the Crew
1800	Eight O'Clock Reports
1830	Section IET/Security Force Training

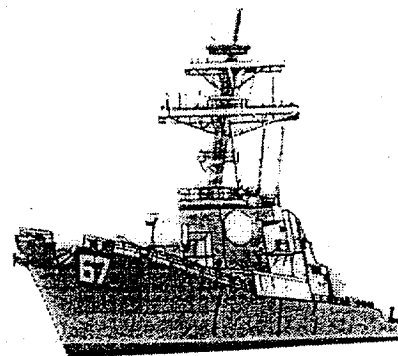


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
06 SEPTEMBER 2000  
Julian: 251

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QM1(SW)

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

Junior Sailor of the Year  
GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR FRIDAY

0800-1000 UNREP/CONREP  
1330-1630 ACTS Scenario  
1800-2200 E-4 Exam

SUNRISE: 0637  
SUNSET: 1922

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO:

S/L #3: OSCS(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT MALTA/UNDERWAY

0600	Liberty Expires for All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	Caesar Sword
0645	Muster Due to CTF 60
0700-1600	IMAV Shipchecks
0730	Duty Section Turnover
0800	CSTT Training/Brief (CIC)
0800-0900	Force Protection Representative Meeting (Wardroom)
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/INTEL/NAV/UNREP/HSMST Brief
1000	XO's Inspection of Messing and Berthing
1130-1230	Lunch for the Crew
1400	Liberty Expires for all Hands
1530	Sweepers
1600	Station Sea & Anchor Detail
1645	Man the Rails
1700	Underway
1730-1830	Dinner for the Crew
1830	Eight O'Clock Reports
1900	ITT Meeting (Wardroom)

1930  
2315-0015

Planning Board for Training (Wardroom)  
Midrats for the Crew

**DAMAGE CONTROL NOTE:** What is the maximum lift that a P-100 pump can take suction from? Ans: 20 FT.

**OLE'S MENU:** The following are COLE's Main Menu items:

LUNCH  
HERBED CHICKEN  
MEATLOAF

DINNER  
CHICKEN POT PIE  
SYRIAN BEEF STEW

**3. COLE MOVIE SCHEDULE:**

<u>LUNCH</u>	<u>CHANNEL 2</u>
1630	DEEP RISING
1800	THE MAN WHO KNEW TOO LITTLE
2000	LA CONFIDENTIAL
	FOR RICHER OR POORER

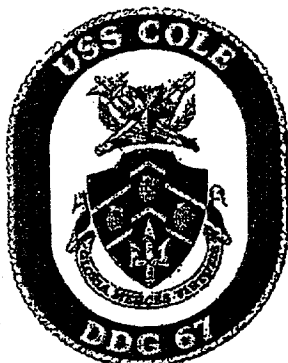
CHANNEL 3  
ROBOCOP 3  
THE DECEIVER  
GREAT EXPECTATIONS  
SPICE WORLD

**4. SCUTTLEBUTT NOTE:** It has come to the attention of Auxiliaries Division that several scuttlebutts around the ship have recently been damaged. Handles are being ripped off and valves are being secured, unnecessarily. It is not fair to your shipmates to be destroying the scuttlebutts. Having unlimited use of water at sea is a privilege that many other sailors in the fleet do not have. Don't let a good thing go to waste. If you know of any damaged scuttlebutts around the ship please inform Auxiliaries Division, so we can repair them in a timely manner.

**5. LDO/CWO APPLICATION NOTE:** The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

**6. QUOTE OF THE DAY:** "While all the runners in the stadium take part in the race, only one wins the prize. Run to win." Jason Reigel

[REDACTED]  
Executive Officer

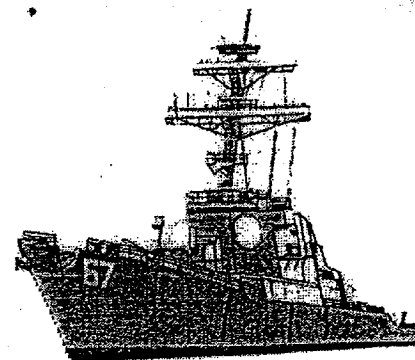


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
8 SEPTEMBER 2000  
Julian: 252

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: [last name first initial@cole.navy.mil](mailto:last name first initial@cole.navy.mil)

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FM) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

SSN [REDACTED]

SUNRISE: 0638

SUNSET: 1921

- Combat Readiness

KEY Pillars

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

0715 Personnel Inspection: A/E/S-2  
0800 OPS/Intel Brief  
0930 Division in the Spotlight: A/E/S-2  
1000-1130 Zone Inspection Part I: A/E/S-2  
1330-1630 ACTS Scenario/GQ

CO PRIORITIES

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE : SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700	OCSOT
0710	Officer's Call/Quarters
0715	Station UNREP Detail
0730	RNDVU w/USNS LARAMIE
0800	UNREP w/LARAMIE
1030	ETT/DCTT Brief (Wardroom)
1030	XOI (XO's Stateroom)
1030-1200	PACE Class: English 1301
1100	Muster DCPO (Filter CLNG)
1100	New Check-Ins w/CO (CO's Cabin)
1115-1230	Lunch for the Crew
1300	OPS/INTEL Brief (Mess Decks)
1400-1600	Safety Standdown
1400-1600	Stream TACTASS
1530-1545	Sweepers
1600	OCSOT
1630-1730	PACE Class: English 1312
1630-1745	Dinner for the Crew
1800	CPO Selectee Core Values Training (TBD)
1800-2200	PACE Class: 1301

Encl (60)

Page 52 of 110



1800-2200	E-4 Advancement Exam (P	Decks)
1830	Eight O'Clock Reports	
2315-0015	Midrats for the Crew	

**DAMAGE CONTROL NOTE:** How is the P-100 cooled while in use? Ans: Air.

**COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
BAKED CHICKEN  
TEMPURA FISH

**DINNER**  
SHRIMP EGG FOO YONG  
PEPPER STEAK

### 3. COLE MOVIE SCHEDULE:

#### CHANNEL 2

LUNCH THE LAST BOYSCOUT  
1630 U-TURN  
1800 THE JACKAL  
2000 CADILLAC RANCH

#### CHANNEL 3

AN AMERICAN WEREWOLF IN PARIS  
AS GOOD AS IT GETS  
REMEMBER ME  
FREE MONEY

4. **SCUTTLEBUTT NOTE:** It has come to the attention of Auxiliaries Division that several scuttlebutts around the ship have recently been damaged. Handles are being ripped off and valves are being secured, unnecessarily. It is not fair to your shipmates to be destroying the scuttlebutts. Having unlimited use of water at sea is a privilege that many other sailors in the fleet do not have. Don't let a good thing go to waste. If you know of any damaged scuttlebutts around the ship please inform Auxiliaries Division, so we can repair them in a timely manner.

5. **LDO/CWO APPLICATION NOTE:** The application deadline for the LDO/CWO board has been extended to 1 October 2000. Eligible Chief Petty Officers (E7/E8/E9), Chief Selectees and First Class Petty Officers are encouraged to apply for these programs. Packages must be postmarked no later than 1 October 2000.

### 6. SAFETY STANDDOWN SCHEDULE:

DAY	TIME	EVENT	RESPONSIBLE DIVISION/INDIVIDUAL
day	1300-1315	Intro/Purpose of Standdown	Safety Officer
	1315-1600	Engineering Safety	
		-Heat Stress Movie	Auxo
		-Hearing Conservation Movie	Auxo
-Elec Safety Movie		Eleco	
		-Fuel Spill Response	MPA
Saturday	0830-0930	Tagout Lecture & Working on Energized Equip	Eleco/EMC
	0930-1115	Linehandling Training & Deck Safety -to include main deck safety in bad weather	First/BMC
Sunday	0800-1100	Medical Safety Lectures	DOC
		-CPR Lecture	
		-Deployment Health Issues	
		-In-port Safety	
		-Nutrition	
	1300-1400	HAZMAT Usage	HAZMAT Tech
	1400-1430	Man Overboard	OS1 [REDACTED]
	1430-1500	Abandon Ship (Mk 6 Survival)	BMC/First
	1500-1530	OPSEC	EWO
	1530-1600	Drunk Driving Prev.	FC3 [REDACTED]

Encl (60)  
Page 53 of 110

**QUOTE OF THE DAY:** "Your world is as big as you make it." Georgia Douglas Johnson

[REDACTED]  
Executive Officer

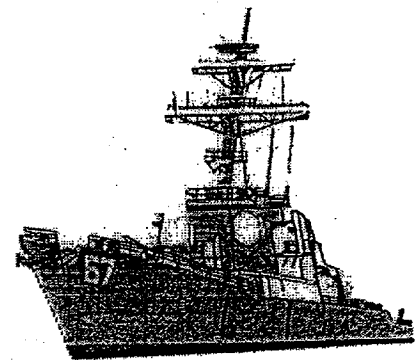


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
9 SEPTEMBER 2000  
Julian: 253

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

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ANSWERLINE: 1-877-418-6824

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QM1(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SUNDAY

- Zone Inspection
- Medical Safety
- Navigation Brief

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

OS2(SW) [REDACTED]

OSN [REDACTED]

SUNRISE: 0619

SUNSET: 1904

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UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE : SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0530-0630

Remedial PT

0600

Reveille

0600-0700

Breakfast for the Crew

0700-1000

PACE Class: A/S English

0710

Officer's Call/Quarters

0715

Personnel Inspection: A/E/S-2 (Missile Deck)

0730

Set Zebra Main Deck and Below

0800-0830

OPS/INTEL Brief (Mess Decks)

0830-0900

Division In The Spotlight: A/E/S-2 (Wardroom)

0900-1130

Safety Standdown (See Back of POD)

1000-1115

PACE Class: English 1301

1115-1230

Lunch for the Crew

1145

Station Adriatic Watchteam (Section I)

1200

Scenario Brief for Watchstanders

1200-1300

ESWS Training: Strike Warfare Part II

1230

ITT Meeting (Wardroom)

1230-1330

ESWS Pre-Board: OS1 [REDACTED] SM2 [REDACTED] EW3 [REDACTED] Mess Deck

1245

DCTT/ETT Brief (Wardroom)

1245

STT Brief (OPS Office)

1245

CSTT Brief (CSMC)

1330-1630

ACTS Scenario/GQ

1530-1545

Sweepers

1645-1800

Dinner for the Crew

Encl (60)

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1800-1900 PACE Class: English 1  
 1800-1900 PACE Class: 1301  
 1830 Eight O'Clock Reports  
 1900 CO's Mast (Training Room)  
 1900-2100 Make-Up Safety Standdown Lectures (Mess Decks)  
 1930-2130 PACE Class: 1301  
 2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the primary use of the P-100? Ans: Fire fighting, secondary dewatering.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

ANCHOR INN BURGERS

HOT DOGS

DINNER

CREW'S FAVORITE MEAL:

LASAGNA AND PIZZA

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH PRICE OF GLORY

1630 SPYS LIKE US

1800 MRS. DOUBTFIRE

2000 THE BASE

2200 THE FIFTH ELEMENT

CHANNEL 3

28 DAYS

SNOW DAY

GOSSIP

MIDWAY

MIDNIGHT RUN

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CIWS SAFETY NOTE: All hands are reminded to stand clear of CIWS Mounts 21 and 22 while underway. Due to their current configuration, they are loaded and will train and elevate with no notice.

7. SAFETY STANDDOWN SCHEDULE:

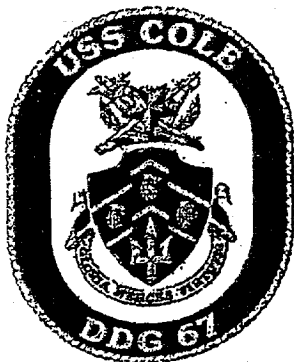
DAY	TIME	EVENT	RESPONSIBLE DIVISION/INDIVIDUAL	DEPARTMENT	LOCATION
Saturday	0900-0945	Respiratory Protection (Video)	HMC	ALL HANDS	Site TV
	0945-1130	Linehandling/Deck Safety	1 <sup>st</sup> /BMC	FIRST DEPT OPS/SUPPLY	Flight Deck
		Electrical Safety Tagout Program HAZMAT Usage	Electrical Officer SK2 [REDACTED]	NAV ADMIN/ENG CS	Mess Decks Foc'sle
Sunday	0800-1100	AIDS Prevention (Video)	HMC	OPS/SUPPLY	Mess Decks
		Venereal Diseases	1 <sup>st</sup> /BMC	NAVADMIN/ENG	Flight Deck
		Abandon Ship Fuel Spill Response	MPA	CS	Training Room
	1300-1415	Drunk Driving Prevention Alcohol Abuse	FC3 [REDACTED] DAPA		Site TV
	1430-1600	Man Overboard Working on Energized Gear Pregnancy/ Contraceptives	OS1 [REDACTED] EMC [REDACTED] HMC	OPS/SUPPLY NAVADMIN/ENG CS	Foc'sle Wardroom Mess Decks

For rotational events, departments will rotate down to the next location.

8. QUOTE OF THE DAY: "If at first you don't succeed, dust yourself off and try again." Aaliyah

Executive Officer

Encl (60)  
 Page 55 of 110

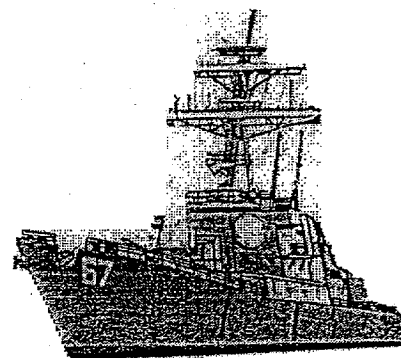


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
10 SEPTEMBER 2000  
Julian: 254

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

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ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES		MAJOR EVENTS FOR MONDAY
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] FC2(SW) [REDACTED] OSSN [REDACTED]  SUNRISE: 0619 SUNSET: 1904	- Combat Readiness  <u>KEY Pillars</u> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	0730 OPS/INTEL Brief 0900 Station Sea & Anchor Detail 1000 Moor Koper, Slovenia 1200 Host Slovene Officials

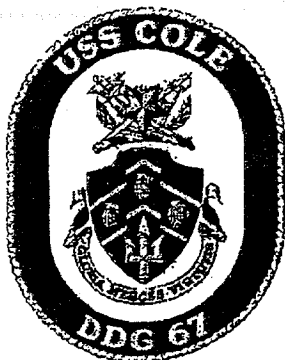
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UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730-0800	OPS/INTEL Brief (Wardroom)
0800-1100	Safety Standdown (See Back of POD)
1000-1115	PACE Class: English 1301
1100	Protestant Divine Services (Training Room)
1115-1230	Lunch for the Crew
1230	Catholic Lay Services (Training Room)
1230	ETT Brief (Logroom)
1230-1700	Zone Inspection: A/E/S-2
1300-UC	CPO Meeting (CPO Mess)
1330-1630	BECCES
1500	ESWS Board: OS1 [REDACTED] SM2 [REDACTED] EW3 [REDACTED] (CPO Mess)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-2200	PACE Class: English 1301
1830	Eight O'Clock Reports
1900	Navigation Brief (Wardroom)
2315-0015	Midrats for the Crew

Encl (60)  
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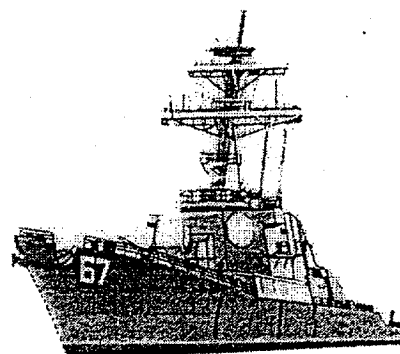


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
11 SEPTEMBER 2000  
Julian: 255

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief  
HMCM(SW/AW/FMR)

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Ombudsmans

and

Junior Sailor of the Year  
GSM2(SW)

SUNRISE: 0637  
SUNSET: 1922

hing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO:

S/L #1: STGCM(SW)

- Combat Readiness

KEY PillARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR TUESDAY

0700-0900 Venice Trip  
0800 Stores Onload  
1300-1600 Public Tours

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT KOPER

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer Call/Quarters
0720	Station Sea & Anchor Detail
0930	Man the Rails
1000	Moored Koper, Slovenia
1100	CO/XO/CMC Official Calls
1115-1230	Lunch for the Crew
1300-1400	Host Slovene Officials (Wardroom)
1430	Port Brief (Flight Deck)
1450	XO/OD (Inport) Meeting (Mess Decks)
1530	Sweepers
TBD	Liberty Call
1745-1800	Dinner for the Crew
1830	Eight O'Clock Reports

Encl (60)  
Page 57 of 110

1. DAMAGE CONTROL NOTE: Does the P-100 pump require use of a foot valve? Ans: Yes:-

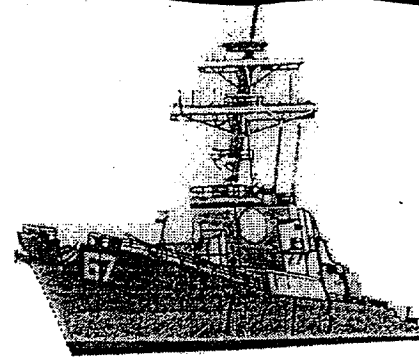


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
12 SEPTEMBER 2000  
Julian: 256

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

And

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QM1(SW)

Junior Sailor of the Year  
GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR WEDNESDAY

0830-1500 COMREL Project  
1100 VIP Tour  
1200 VIP Tour  
1400 Media Tour

SUNRISE: 0620  
SUNSET: 1905

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)  
FC2(SW)  
OSSN

CDO: LT  
S/L #2: FCCS(SW)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

INPORT KOPER

0600	Liberty Expires For All Hand
0600	Reveille
0600-0700	Breakfast for the Crew
0645	Muster Due to CTF 60
0730	Duty Section Turnover
0700-1900	Venice Tour
0800-1600	Aloft
TBD	Stores Onload
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/Intel Brief (Mess Decks)
1100	VIP Tour
1115-1230	Lunch for the Crew
1300-1600	Public Tours
1530	Sweepers
1745-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1830	Section IET/Security Force Training

Encl (60)  
Page 58 of 11

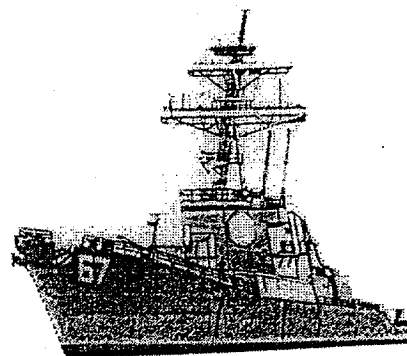


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
13 SEPTEMBER 2000  
Julian: 257

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Care Line: (757) 444-4921  
Web site:

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

And

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### MAJOR EVENTS FOR THURSDAY

0700-1100 E-5 Exams  
1000 Slovenia Military Tours  
1600 CPO Selectee Initiation

SUNRISE: 0641  
SUNSET: 1920

Thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

FC2(SW) [REDACTED]

OSSN [REDACTED]

CDO: LT [REDACTED]

S/L #3: OCCS(SW) [REDACTED]

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

#### IMPORT KOPER

0600	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	TLAM Training
0645	Muster Due to CTF 60
0730	Duty Section Turnover
0700-1900	Alps Rafting
0800-0900	SCAT Training
0800-1900	Postojna Cave Tour
0830	Liberty Assessment Board (CPO Mess)
0900	OPS/Intel Brief (Mess Decks)
0900	RPPO Training (Supply Support)
1000	Department Head Meeting (Wardroom)
1000	CO Spotcheck w/CA01
1100	VIP Tour (International Diplomatic Community School)
1115-1230	Lunch for the Crew
1200	VIP Tour (Foreign Defense Attaches)
1200	PMS Reports Due to 3MC
1230	XO Spotcheck w/SS02

1300-1600  
1400  
1530  
1745-1800  
1800  
1830  
2000

Public Tours  
Media Tour of COLE  
Sweepers  
Dinner for the Crew  
Eight O' Clock Reports  
Section IET/Security Force Training  
Officer Hail & Farewell

1. DAMAGE CONTROL NOTE: Why is a strainer used with a submersible pump? Ans: To prevent debris from entering the pump.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
STEAK W/ONIONS  
CHICKEN NUGGET

DINNER  
SALISBURY STEAK  
LEMON BAKE FISH

3. COLE MOVIE SCHEDULE:

CHANNEL 2  
LUNCH JURASSIC PARK  
1630 THE INSIDER  
1800 SOUL FOOD  
2000 NAKED GUN 2 1/2

CHANNEL 3  
CITY OF ANGELS  
WILD THINGS  
ANY GIVEN SUNDAY  
SIX DAYS SEVEN NIGHTS

4. SAFETY NOTE: An E-3 dislocated his shoulder while opening his berthing locker. The locker support stanchion slipped and while he tried to keep the locker open, he slipped and the top fell on this shoulder.

5. POSTAL NOTE: As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) [REDACTED] at Ext. 1600.

HECK CASHING RESPONSIBILITY NOTE: All hands are reminded to balance their checkbook carefully, especially in cashing checks at port visits. A bounced check not only is embarrassing and costly, but it is a violation of the UCMJ as well.

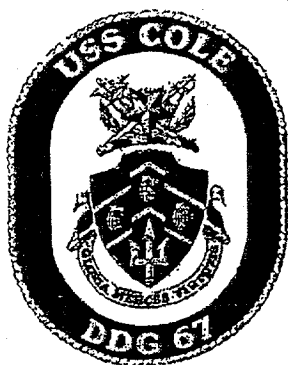
7. ABSENTEE BALLOT VOTING FOR NOVEMBER PRESIDENTIAL ELECTIONS NOTE: If anyone is interested in exercising their right to vote in the upcoming National elections please contact the Communications Officer or FC1(SW) [REDACTED]. We will provide you a form to fill out that takes about 5 minutes. These absentee/registration forms need to be mailed off the ship before departing Koper, Slovenia as many states require an absentee request before 09 OCT.

8. OPSEC NOTE: A USAF member was approached while attending the World Computer Congress 2000 at the China International Exhibition Center in Beijing. The USAF member was approached by a European booth attendant who asked him to sign up for a contest and helped him out the entry form, written in Chinese. During the course of filling out the application, she asked questions concerning his occupation. He admitted to being an Electronics Engineer with the USAF Aeronautical System Center and proceeded to volunteer other information concerning the nature of his work. He soon realized that he was being followed around the Exhibition Center and was eventually approached by Chinese security personnel who asked him for his ID and copied his personal information. He finally left the facility after being followed by two Chinese policemen. The questioning of DOD members by foreign nationals attending overseas and INCONUS conferences is commonplace. The USAF member became more of a target by disclosing information concerning his affiliation with the US government. Additionally, by stating that his employment information was on his visa he enabled the officer to gain further information and perhaps provide avenues for future surveillance. Remember, when approached by suspicious individuals asking too many questions - SILENCE IS GOLDEN!

9. QUOTE OF THE DAY: "It is impossible to begin to learn that which one thinks one already knows." Epictetus

[REDACTED]  
Executive Officer



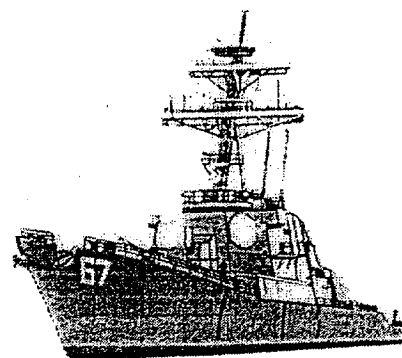


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
14 SEPTEMBER 2000  
Julian: 258

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QMI(SW)

Executive Officer  
LCDR

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
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COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

And

Junior Sailor of the Year  
GSM2(SW)

SUNRISE: 0642  
SUNSET: 1918

thing of the Week: Berthing 3

Determined Warriors' of the Quarter:

OS1(SW)

FC2(SW)

OSSN

CDO: L

S/L #1: STGCM(SW)

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

MAJOR EVENTS FOR FRIDAY

0800 OPS/INTEL/NAV Brief  
0900 Station Sea & Anchor Detail  
0945 Man the Rails  
1230 PB4T  
1300-1600 Adriatic Training  
1900 OOD Board (DCA)

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

IMPORT KOPER

0600	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	TLAM Training
0645	Muster Due to CTF 60
0730	Duty Section Turnover
0700-1900	Alps Rafting
0700-1900	Venice Trip
0700-1100	E-5 Exam (Mess Decks)
0830	Muster DCPO (Filter CLNG)
0830	Liberty Assessment Board (CPO Mess)
0900	LTJG [REDACTED] Departs COLE (All Officers Quarterdeck)
0915	OPS/Intel Brief (Wardroom)
1000	CO Spotcheck w/CA02
1000	Slovene Military Conscript Tour (40)
1000	Slovene Military Officer Tour (20)
1115-1230	Lunch for the Crew
1530	Sweepers
1600	CPO Selectee Initiation (CPO Mess)

1745-1800  
1800  
1830

Dinner for the C  
Eight O' Clock Reports  
Section IET/Security Force Training

**DAMAGE CONTROL NOTE:** How many gallons of liquid will the submersible pump deliver? Ans: 200 GPM at a 50 ft discharge head; 14 at a 70 ft discharge head.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

**LUNCH**  
**CHILI**  
**CHESSE TOAST**

**DINNER**  
**BEEF STEW**  
**CORNISH HENS**

3. **COLE MOVIE SCHEDULE:**

**LUNCH**  
**1630**  
**1800**  
**2000**

**CHANNEL 2**  
**BLACK DOG**  
**DEEP IMPACT**  
**WOO**  
**FOR RICHER OR POORER**

**CHANNEL 3**  
**HE GOT GAME**  
**DIRTY WORK**  
**TWILIGHT**  
**GREASE**

4. **SAFETY NOTE:** A BM3 broke his finger while moving a paint float from the ship's stern to the pier. A gust of wind blew the paint float back toward the stern. The BM3 tried to push it off and caught his finger between the float and the ship. He was in the hospital for two days and then spent 15 days on convalescent leave.

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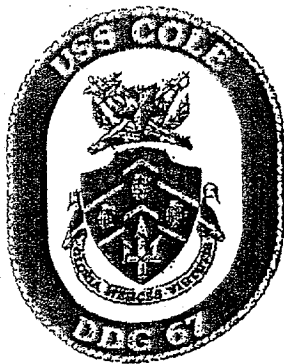
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9. **QUOTE OF THE DAY:** Do not follow the path. Go where there is no path to begin the trail. Ashanti proverb

[REDACTED]  
Executive Officer

Encl (60)  
Page 62 of 110

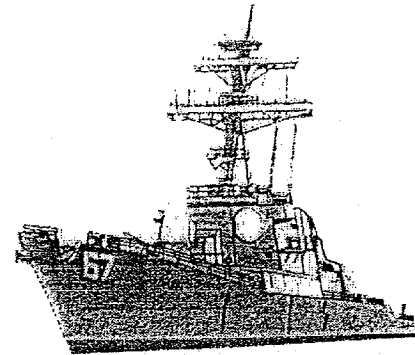


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
15 SEPTEMBER 2000  
Julian: 259

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

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Command Master Chief

HMCM(SW/AW/FMF)

Senior Sailor of the Year

QM1(SW)

Ombudsmans

Junior Sailor of the Year

GSM2(SW)

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

MAJOR EVENTS FOR SATURDAY

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW)

C2(SW)

SSN

SUNRISE: 0642

SUNSET: 1918

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0100	Liberty Expires For All Hands
0600	Reveille
0600-0700	Breakfast for the Crew
0800	OPS/INTEL/NAV Brief
0900	Station Sea & Anchor Detail
0945	Man The Rails
1000	Underway
1100	Set WEP CON Standby
1100	Muster At Sea Fire Party
1115-1230	Lunch for the Crew
1230	DCTT/ETT Brief
1230	Planning Board For Training (Wardroom)
1300-1600	CIC/Bridge/Adriatic OPS Training
1330	OCSOT
1500	At Sea Fire Party Drill
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
TBD	ESWS Pinning Ceremony
1600-1700	CPO Pinning Ceremony (Flight Deck)
1600-1700	Remedial PT
1645-1800	Dinner for the Crew

Encl (60)

Page 63 of 110

	Eight O'Clock Papers
1900	ETT Brief
1900	OOD Board (OCA)
1900-2100	Engineering Evolutions
2000-2200	PACE Class: English 1301
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What size discharge hose is used with the submersible pump? Ans: A two and one half inch.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
FRIED SHRIMP	FRIED CHICKEN
CHICKEN CORDON BLEU	BBQ SPARERIBS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
LUNCH BRINGING OUT THE DEAD	LIVING OUT LOUD
1630 MISSION TO MARS	VARSITY BLUES
1800 THE X-FILES	GLORIA
2000 MAFIA	IN DREAMS

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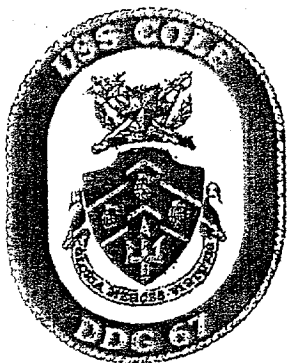
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6. QUOTE OF THE DAY: "Don't let anyone still your spirit."

[REDACTED]  
[REDACTED]  
Executive Officer

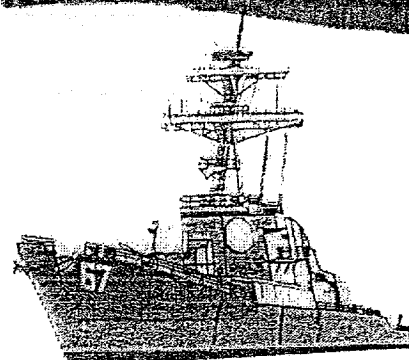


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
16 SEPTEMBER 2000  
Julian: 260

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

Command Master Chief  
HMCM(SW/AW/FM)

Senior Sailor of the Year  
QM1(SW)

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

Junior Sailor of the Year  
GSM2

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### MAJOR EVENTS FOR SUNDAY

1000 Protestant Divine Services  
1230 Catholic Lay Services  
1230-1630 Field Day/Fresh Water Washdown

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW)

C2(SW)

SSN

SUNRISE: 0645

SUNSET: 1915

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0700	Activate REDCROWN
0700-1000	PACE Class: A/S English
0710	Officers Call/Quarters
0715	Personnel Inspection: CA
0800	OPS/NAV/Intel Brief (Mess Decks)
0900	New CPOs w/CO (CO's Cabin)
0945	Division in the Spotlight: CA
TBD	Deploy TACTAS
1000	KO's Inspection of Messing & Berthing
1000	DRB (CPO Mess)
1000-1130	Zone Inspection Part I: CA
1000-1115	PACE Class: English 1301
1115-1230	Lunch for the Crew
1200-1300	ESWS Training: Close in Weapons System (Training Room)
1300	New Check-ins w/CO (CO's Cabin)
1300	XOI (XO's Stateroom)
1400	XO Spotcheck w/SS02
1400-1600	MSFS Training (CIC)
1400-1630	SCAT/Small Arms Training (Flight Deck)

Encl (60)

Page 65 of 110

00-1-00	Zone Inspection Part II: CA
1500	At Sea Fire Party Drill
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800	Junior Officers Dinner w/CO (CO's Cabin)
1800	ETT Brief (Logroom)
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1830-2030	BECCES/Engineering Evolutions
2200-0400	SPY Maintenance
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: When must the submersible pump be primed? Ans: When a suction hose with a foot valve is attached to the pump.

2. COLE'S MENU: The following are COLE's Main Menu items:  
LUNCH DINNER  
TUNA SALAD & DELI BAR LASAGNA  
GRILLED ITALIAN SAUSAGES

3. COLE MOVIE SCHEDULE:  
CHANNEL 2

LUNCH INSPECTOR GADGET  
1630 AMERICAN PIE  
1800 MYSTERY MEN  
2000 STORY OF US  
2200 CLUELESS

CHANNEL 3

JAWS  
BEING JOHN MALKOVICH  
THE COLOR OF MONEY  
BOOGIE NIGHTS  
MIGHTY JOE YOUNG

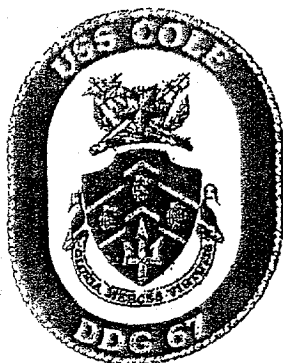
4. SAFETY NOTE: A BM2 crushed two fingertips while hauling in the motor whale boat at the rail to prevent it from hitting a crane on the pier. While cranking the boat back aboard, the handle came loose from the stud holding it in place. This pinned the BM2's hand between the impact guard and the hand crank.

CHAPLAIN'S CORNER: John Newton signed on with a slave ship leaving from Africa with its "cargo." He was an experienced sailor and navigator, but his cursing and blaspheming turned hardened sailors' ears red. Soon the ship was caught in a horrible storm and was taking in water. The crew had to pump 24 hours a day to stay afloat. But the constant wind rocked the boat so dangerously that the sailors had to tie themselves to the deck to keep from being swept overboard. At one point, several of the crew tried to throw Newton overboard. They figured that God was punishing him like Jonah of the Old Testament. The captain declared that the only way the ship would make it in to safe harbor was by God's power. He commanded everyone—including Newton—to pray.  
"God, if You're true," Newton prayed earnestly, "make good your Word. Cleanse my vile heart."  
After four weeks of storms and constant brushes with death, the ship limped into an Irish port. John Newton, former "free thinker," former slave trader and atheist, declared his faith in Jesus. He became a well-known preacher and writer. In fact, we chiefly know him as the author of the hymn "Amazing Grace."

6. QUOTE OF THE DAY: "Whatever is begun in anger ends in shame." Benjamin Franklin (1706-1790)

Executive Officer

If you would like to meet with the Chaplain, he can be found in the CO's At-Sea Cabin next to the bridge or dial 1005.

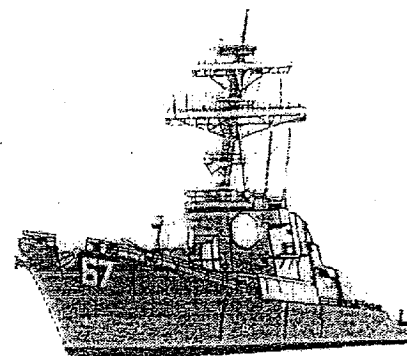


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
17 SEPTEMBER 2000  
Julian: 261

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
22(SW) [REDACTED]  
SSN [REDACTED]

SUNRISE: 0645  
SUNSET: 1915

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

MAJOR EVENTS FOR MONDAY  
1300-1400 COMSIXTHFLT Visit

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0530-0630	Remedial PT
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officers Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0800-0930	PACE Class: ENGLISH 1301
0800-1630	Field Day/Fresh Water Washdown
0830	New Check-ins w/CO (CO's Cabin)
0900	XO Spotcheck w/SS02
0900-1100	Zone Inspection Part II: CA
0930	Catholic Lay Services (Training Room)
1015	Protestant Divine Services (Training Room)
1115-1230	Lunch for the Crew
1200-1300	NSFS Training (CIC)
1430-1630	BECCES/Engineering Evolutions
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1600	Repair Locker Officer Meeting (DCEG)
1545-1800	Dinner for the Crew
1800-2100	PACE Class: English A/S
1830	Eight O'Clock Reports

Encl (60)

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10 2300  
15 0015

PT/VEK (CIC)  
Midcars for the Crew

1. DAMAGE CONTROL NOTE: Can the S-type ejector be used with the P-250 Mod 1 or 2? Ans: Yes.
2. COLE'S MENU: The following are COLE's Main Menu items:

NCH  
CHICKEN SALAD SANDWICH  
HAM SALAD SANDWICH

DINNER  
ROAST TURKEY  
JAEGERSCNITZEL

3. COLE MOVIE SCHEDULE:  
CHANNEL 2

LUNCH ROCKY  
1630 ROCKY 2  
1800 INDIANA JONES  
2000 INDIANA JONE 2  
2200 RAIDERS OF THE LAST ARK

CHANNEL 3

GREEN MILE  
GREEN MILE  
FOR THE LOVE OF THE GAME  
PLATOON  
INNOCENT SLEEP

4. SAFETY NOTE: A PO3 assigned to an HSL Detachment fractured his pelvis while watching swells on the ship's fantail with a shipmate. A giant swell crashed over the side of the ship and knocked both sailors to the deck. The PO3 went sliding. A stanchion between the legs kept him from going over the slide. After two days SIQ, the detachment disembarked. Later, the PO3 visited a flight surgeon who diagnosed a fractured pelvis. The PO3 spent six more days SIQ and 56 days limited duty. The inexperience of the PO3 (5 weeks at sea) led him to use poor judgement regarding the weather and possible associated dangers while aboard a ship.

5. CHAPLAIN'S CORNER: A ship's mate once challenged a chaplain with the question, "How is it that you are always talking to my men about Jesus Christ? Did you ever see Him?" "No, I never did." "Then how can you tell a man to trust in someone you have never seen? I can't see any sense in that." "Well," replied the chaplain, "when you head for a place of refuge in a storm, what sense is there in telling your men to let go the anchor when they cannot see the ground? On what principle do you trust your ship and your life to ground you have never seen and never can see?" "Oh," said the mate, "we go by our chart." "Exactly," replied the chaplain, holding up his Bible, "and I, too, go by a chart, and it is an infallible one, while yours is not. It tells me of the only sure ground of my salvation—the atoning work of Christ upon the cross. My faith, like your anchor, takes hold of this unseen but real ground, and so rides out the storm of life in peace and safety."

CMC NOTE: I have received two shoe boxes to raffle, one for a male sailor and one for a female sailor. The raffle tickets are \$1.00 each. There are a lot of goodies, personal hygiene, and other surprises in each box. You can come by and get a raffle ticket as well as see the nicely wrapped shoe boxes. The money will go to the Family Support Group for the homecoming fund. Our Family Support Group plans to show an excellent homecoming welcome.

On another note, the USO is having a Christmas show for the deployed sailors families. They will be taping early enough so that they can send it to us, hopefully to get to us in time for the holidays. Also, the Family Support Group is taping a 14 November Christmas tape at a potluck Thanksgiving dinner to send to the ship for our sailors from our families back home.

7. COMSIXTHFLT VISIT TO COLE NOTE: VADM Murphy, who is Commander Sixth Fleet, will be visiting COLE Monday, 18 September, 1300-1400. He led the Navy's side of the war against the former Yugoslavia and was very successful. In preparation for his visit, all hand must do their part in ensuring their spaces are clean. You will also have an opportunity to ask him operational type questions. Examples of some questions might be what impact does the US Navy is having in this region or why we station ships here. You could also ask him what is going on in the former Yugoslavia or why the US should care. This is his area of expertise so we should take advantage of it. He probably is not that familiar with issues involving careers or BUPERS policies.

8. QUOTE OF THE DAY: "I hope that someday we will be able to put away our fears and prejudices and just laugh at people."

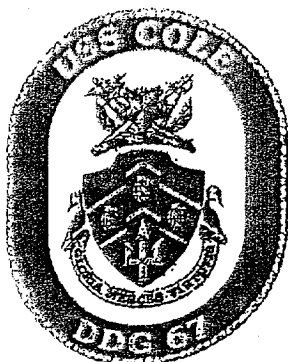
[REDACTED]  
[REDACTED]  
Executive Officer

Good Shooting today to

453

Encl (60)  
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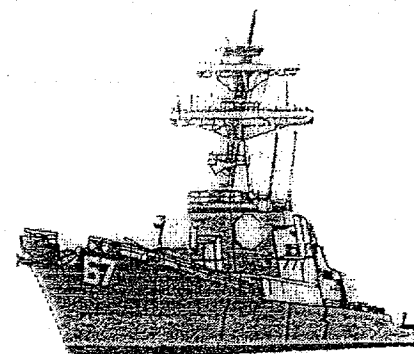


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
13 SEPTEMBER 2000  
Julian: 262

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

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Ombudsmans  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

SSN [REDACTED]

SUNRISE: 0645

SUNSET: 1915

- Combat Readiness

**KEY PILLARS**

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

**CO PRIORITIES**

**MAJOR EVENTS FOR TUESDAY**  
0800-1600 Seafaring Standdown

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH	WORKING UNIFORM
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

**UNDERWAY**

0600	Reveille
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0715	ENFN [REDACTED] Promotion (Flight Deck)
0730	OPS/MIO/RAS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0900	Muster DCPO (Filter Cleaning Shop)
1000	SERT Meeting (CSMC)
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1130-1230	ESWS Training: Naval Heritage (Training Room)
1215	Set Flight Quarters
1250	Assemble All Officers in the Wardroom
1305	COMSIXTHFLT Arrives
1307-1330	COMSIXTHFLT w/Officers (Wardroom)
1320	Assemble All Hands on the Mess Decks/Berthing Compartments
1330-1335	TDSS Demonstration w/COMSIXTHFLT
1335-1355	COMSIXTHFLT Addresses Crew (Mess Decks & 31st TP)
1400	COMSIXTHFLT Departs
1415	Station Unrep Detail
1500	Unrep w/USNS JOHN LETHBRIDGE
1500-1700	PACE Class: English 1312

Encl (60)

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1830-1845 Sweepers  
 1645-1800 Dinner for the Crew  
 1800-1930 PACE Class: English 1001  
 1830 Eight O'Clock Reports  
 1930 Bible Study w/Chaplain (Training Room)  
 2315-0015 Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** What type of blowers are used to desmoke a compartment containing explosive gases? Ans: 1) Pneumatic or air driven 2) Ramfan 3) Super vacuum.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
<b>BEEF SUKIYAKI</b>	<b>SPICY BAKED FISH</b>
<b>CHICKEN ADOBO</b>	<b>GRILLED PORK CHOPS</b>

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
<b>LUNCH HOUSE ARREST</b>	<b>STAKE OUT</b>
<b>1630 FAIR GAME</b>	<b>THE SIXTH MAN</b>
<b>1800 DOUBLE TEAM</b>	<b>GROSSE POINT BLANK</b>
<b>2000 JINGLE ALL THE WAY</b>	<b>THE SAINT</b>

4. **CHAPLAIN'S CORNER:**

Though bound in one cover, contains sixty-six books.  
 Takes in a period of over 1,600 years.  
 Written at different times by more than forty men.  
 Its writers were men of different ranks—law-givers, kings, princes, physicians, peasants, and fishermen.  
 It is read in every pulpit in the land.  
 It finds a place in the palace of the King, and the cottage of the peasant.  
 It has a message for everyone—the aged man, the little child, the weary, the glad, and the sad.  
 The New Testament tells us Christ did come, as the Old Testament said He would come.

5. **SAFETY NOTE:** The death of a 21 year old LCPL who drowned is the third marine to die while swimming in just 11 days! All three marines lost their lives when caught in strong currents in Japanese waters. The most recent drowning occurred when the LCPL entered the ocean from a beach during typhoon condition. This condition is set when imminent storm danger threatens the safety of personnel and property. In these conditions no one is supposed to be outside. The LCPL was swept to sea. Water sports such as swimming and diving are killers and pose a very real and imminent danger. Twenty-one marines and sailors died while swimming since FY 97. Six of the 11 marine fatalities occurred in Japan. The words "carried away by currents "or" swept out to sea" are used frequently to describe drownings. In some instances the dangers are obvious - strong wind, pounding waves and steep beach inclines, and sure indicators of peril. In other situations the water surface can appear deceptively calm yet have dangerous underlying currents. Currents are created when water rushes through restrictive channels and depressions as in rivers and between sandbars or troughs at the beach. The term rip current or rip tide is used to describe the violence and speed of this fast-moving water. survivors tell stories of terrifying fights for survival. Trying to swim against a strong rip current is exhausting and next to impossible, even for the strongest swimmer. If you find yourself caught in a rip current you must not panic. Survival requires that you stay in control and conserve your energy. Don't try to swim against the current back to shore. Focus on swimming across the current. Eventually you will swim out of it and be able to swim safely to shore. The best line of defense is to swim in areas where lifeguards are present. Remember risk management? Every leader should use it to take a proactive approach to water survival. Risk management helps identify hazards and ranks them in order of severity. Focus on the most dangerous and brief your personnel. Include the following: Identify hazards of local waters during all inbriefs of newly assigned personnel including those on TAD. Local hazards include rip currents, rough surf and severe weather. Swim only in designated areas. Don't drink and swim. Post warning flags indicating dangerous beach conditions or other hazards. Practice the buddy system; never swim alone. The period from 15 May to 30 November is particularly dangerous. This is hurricane/typhoon season. Sustained winds 74 mph or higher and dangerously high water and waves can be expected. Dangerous water conditions commonly continue even after winds have abated. caution is required. During or immediately following hurricane/typhoon conditions rogue waves along the beach may appear out of nowhere and carry you out to sea. Think prevention. Think risk management. Stay out of the water during inclement weather and during its approach and departure.

6. **QUOTE OF THE DAY:** "Facts do not cease to exist because they are ignored."

Aldous Huxley

Executive Officer

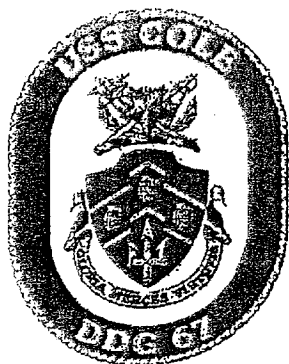
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#### SHORT RANGE GOALS

#### LONG RANGE GOALS

Fully prepared for ADRIATICEX/Amphibious Exercise	Complete All Battle "E" Requirement
Successful FMAV w/EMORY S. LAND	Successful Engineering Material Condition Assessment (MCA)
Safe Suez Canal Transit	Safe Transit Home
Professional Inshop into COMFISHFLT	Enjoyable Post Deployment Upkeep
Continue Successful Deployment	Safe Ammo Offload
	Productive CNO Availability

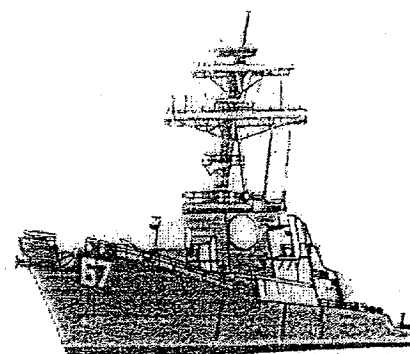


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
19 SEPTEMBER 2000  
Julian: 263

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR J [REDACTED]

Command Master Chief  
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Senior Sailor of the Year  
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Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES		
Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]  SUNRISE: 0645 SUNSET: 1915	- Combat Readiness  <b>KEY PILLARS</b> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	
	<b>MAJOR EVENTS FOR WEDNESDAY</b> RAS w/USNS JOHN LENTHALL I- Division Small Arms Quals	

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

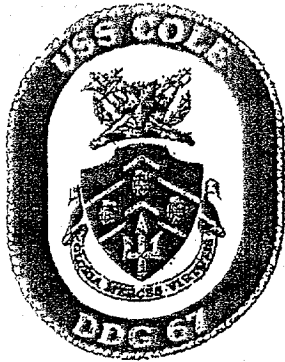
<b>UNIFORM OF THE DAY:</b>	<b>DRESS UNIFORM</b>	<b>QUARTERDECK WATCH</b>	<b>WORKING UNIFORM</b>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY  
\*\*\*\*\*SEAMANSHIP SAFETY STANDDOWN (SEE ATTACHMENT)\*\*\*\*\*

0600	Reveille
0600-0700	Breakfast for the Crew
0600-1000	ASWEX
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0720	ESWS Pinning Ceremony (Mess Decks)
0730	OPS/Intel Brief (Wardroom)
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1130-1230	ESWS Training: USN Organization (Training Room)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1830	At Sea Fire Drill
1930	CO'S Mast (Training Room)
2315-0015	Midrats for the Crew

Encl (60)  
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1. DAMAGE CONTROL NOTE: How many cubic feet of air can be removed (per minute) by a per minute with 45 foot of 8 inch hose attached.

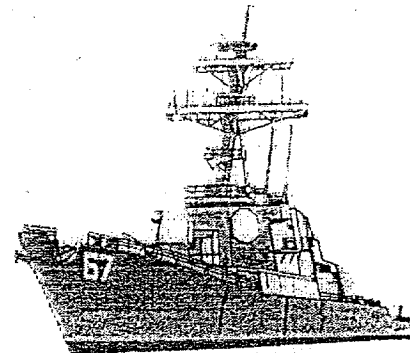


"GLORY IS THE  
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PLAN OF THE DAY  
WEDNESDAY,  
20 SEPTEMBER 2000  
Julian: 264

USS COLE (DDG 67)  
FPO AE 09566-1285

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CDR KIRK S. LIPPOLD



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Ombudsmans  
[REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QM1(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### SHORT RANG GOALS

Fully prepared for ADRIATICEX/Amphibious  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Inchop into COMFIFTHFLT  
Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:

OSI(SW) [REDACTED]  
C2(SW) [REDACTED]  
JSSN [REDACTED]

MAJOR EVENTS FOR THURSDAY  
E-6 Exam

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0001	Commence Retrieving Tail
0600	Reveille
TBD	Strike Training: Comms Checks
0600-0700	Breakfast for the Crew
0700-1000	PACE Class: English A/S
0710	Officers Call/Quarters
0730	OPS/RAS/VBSS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0915	Station the Unrep Detail
1000	RAS w/USNS JOHN LENTHALL
1000	KO's Inspection of Messing & Berthing
1000-1115	PACE Class: English 1301
1100-1215	Lunch for the Crew
1200	PMS Reports Due to BMC
1300	VBSS w/USNS JOHN LENTHALL
1300	CICWO Board: Communications Officer (Wardroom)
1300-1330	I-Division (Mess Decks)
1300-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301

Encl (60)

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1830	At Sea Five Party Drill
1830	Eight O'Clock Reports
2000	Shoe Box Raffle
2100-2300	EW Jeopardy (COLE/BRISCOE/SIMPSON)
2315-0015	Midrats for the Crew

**DAMAGE CONTROL NOTE:** How are blowers used to aid the attack team in fire fighting? Ans: They may be used to ventilate smoke, toxic gases, steam, and heat away from the attack teams outside of the fire space.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
SPAGHETTI w/MEATBALLS	RAVIOLI
PIZZA	SWEET & SOUR PORK

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
LUNCH JURASSIC PARK	CITY OF ANGELS
1630 THE INSIDER	WILD THINGS
1800 SOUL FOOD	ANY GIVEN SUNDAY
2000 NAKED GUN 2 1/2	SIX DAYS SEVEN NIGHTS

4. **CHAPLAIN'S CORNER:**

Socrates taught for 40 years, Plato for 50, Aristotle for 40 and Jesus for only 3 1/2 years. Yet the influence of Christ's ministry infinitely transcends the impact left by the combined years of teaching from these greatest of philosophers. Jesus painted no pictures, yet some of the finest artists such as Raphael, Michelangelo, and Leonardo da Vinci received their inspiration from Him. Jesus wrote no poetry, but Dante, Milton and scores of the world's greatest poets were inspired by Him. Jesus composed no music; still Haydn, Handel, Beethoven, Bach and Mendelssohn reached their highest perfection of melody in the music they composed in His praise. Every sphere of human greatness has been enriched by this humble Carpenter of Nazareth.

5. **POSTAL NOTE:** As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

or questions regarding the Free Mail Privileges contact PC2(SW) at Ext. 1600.

6. **MESS DECK ATTIRE NOTE:** Personal cleanliness and attire on the mess decks during meal hours is important for all crewmembers. This is important not only for sanitation purposes, but for having a good meal experience. That is, no one wants to eat next to someone who is wearing a dirty set of coveralls or dungarees. Although it may seem inefficient to change, it is appreciated by all hands. All coveralls and dungarees are required to have the proper name tags and insignia. Organizational clothing will not be allowed on the mess decks. Wearing of properly marked clean dungarees, coveralls or the uniform of the day is authorized.

7. **OPSEC NOTE:** Telephone Security: Unencrypted telephone (including INMARSAT) conversations are the greatest OPSEC weaknesses in the Mediterranean. Uncovered telephones are vulnerable to monitoring at switching and transmission points, with key transmission paths often via radio links (microwave). Any classified information transmitted over these links must be assumed to be compromised. Ensure no sensitive information is passed via e-mail or unencrypted telephones.

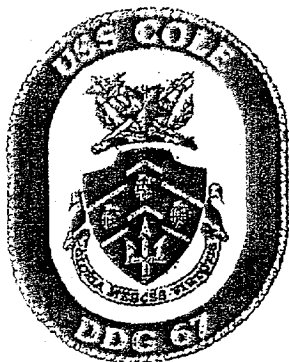
8. **CBR FAN ROOM NOTE:** Fan rooms and Decon Stations are not storage areas. Any gear found in these areas will be unmercilessly thrown overboard. Stowing gear in these areas is a safety and combat hazard and will not be tolerated.

9. **CMC NOTE:** I have received two shoe boxes to raffle, one for a male sailor and one for a female sailor. The raffle tickets are \$1.00 each. There are a lot of goodies, personal hygiene, and other surprises in each box. You can come by and get a raffle ticket as well as see the nicely wrapped shoe boxes. The money will go to the Family Support Group for the homecoming fund. Our Family Support Group plans to show an excellent homecoming welcome.

On another note, the USO is having a Christmas show for the deployed sailors families. They will be taping early enough so that they can send it to is, hopefully to get to us in time for the holidays. Also, the Family Support Group is taping a 14 November Christmas tape at a potluck Thanksgiving dinner to send to the ship for our sailors from our families back home.

10. **QUOTE OF THE DAY:** "I can't understand why people are afraid of new ideas. I'm afraid of the old ones." John Cage

Executive Officer

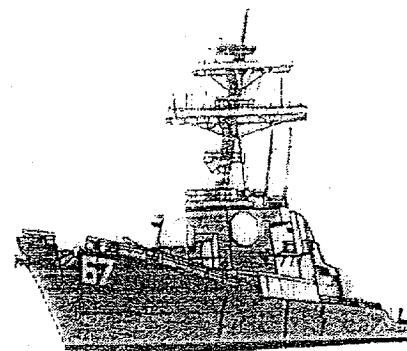


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
21 SEPTEMBER 2000  
Julian: 265

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES		SHORT RANG GOALS
<b>Berthing of the Week: Berthing 3 Determined Warriors' of the Quarter:</b> OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]  <b>MAJOR EVENTS FOR FRIDAY</b> 5 Inch PACFIRE Planning Board for Training Small Arms Qualifications	- Combat Readiness  <b>KEY PILLARS</b> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Fully prepared for ADRIATICEX/Amphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchoop into COMFIFTHFLT Continue Successful Deployment
		<b>LONG RANGE GOALS</b> Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability
All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211		
<b>UNIFORM OF THE DAY:</b> E-7 AND ABOVE : E-6 AND BELOW:	<b>QUARTERDECK WATCH</b> SUMMER WHITES SERVICE DRESS WHITES	<b>WORKING UNIFORM</b> COVERALLS COVERALLS

**UNDERWAY**

0545	Reveille
0545-0645	Breakfast for the Crew
0615	Relieve the Watch
0700-1100	E-6 Exam (Mess Decks)
0710	Officers Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0800	Officer Training: MSF-DCA (Wardroom)
0800-1100	AFFF PMS
0900	XOI (XO's Stateroom)
1000	XO's Inspection of Messing & Berthing
1100-1215	Lunch for the Crew
1300	Menu Review Board (Training Room)
1300-1500	Repair Locker Training (Repair 5)
1300-1600	I-Division (Mess Decks)
1300-1700	Small Arms Qualifications (Flight Deck)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
1830	At Sea Fire Party Drill
1930	Bible Study w/Chaplain (Training Room)

1. DAMAGE CONTROL NOTE: How are portable blowers rigged when desmoking a space? Ans: They are set on a weather deck rigged to take air out of the affected space.

COLE'S MENU: The following are COLE's Main Menu items:

LUNCH  
CHICKEN NUGGET  
COUNTRY STEAK

DINNER  
CARIBBEAN CHICKEN BREAST  
MUSTARD DILL FISH

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH BLACK DOG  
1630 DEEP IMPACT  
1800 WOO  
2000 FOR RICHER OR POORER

CHANNEL 3

HE GOT GAME  
DIRTY WORK  
TWILIGHT  
GREASE

4. CHAPLAIN'S CORNER: On a wall in the Vatican, an artist sought to express the relationship between three spiritual gifts. He represented Love as standing up attending to the needs of those around her, and Hope as looking upward with prophetic expectation. Both of them, however, are standing on another form named Faith who has her arms around the cross to which she clings for support.

5. POSTAL NOTE: As of 0900, 9 September 2000, free mail privileges were granted by MEDMAIL in accordance with the United States Postal Service. The following items can be sent back to the U. S. within the following guidelines:

1. Anything up to, but not more than 12 ounces can be mailed.
2. Any handwritten, typed, or photographic material (audio and video tapes) can be mailed.
3. Write the word "FREE" in the upper right hand corner of the envelope, post card, or small container.
4. Ship's official mail is not authorized for free mail!

For questions regarding the Free Mail Privileges contact PC2(SW) at Ext. 1600.

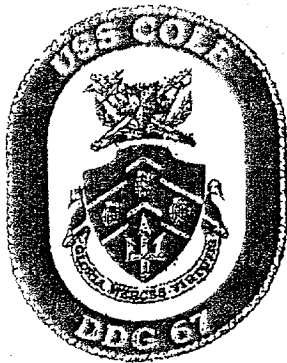
6. MESS DECK ATTIRE NOTE: Personal cleanliness and attire on the mess decks during meal hours is important for all crewmembers. This is important not only for sanitation purposes, but for having a good meal experience. That is, no one wants to eat next to someone who is wearing a dirty set of coveralls or dungarees. Although it may seem inefficient to change, it is appreciated by all hands. All coveralls and dungarees are required to have the proper name tags and insignia. Organizational clothing will not be allowed on the mess decks. Wearing properly marked clean dungarees, coveralls or the uniform of the day is authorized.

7. OPSEC NOTE: Telephone Security: Unencrypted telephone (including INMARSAT) conversations are the greatest OPSEC weaknesses in the Mediterranean. Uncovered telephones are vulnerable to monitoring at switching and transmission points, with key transmission paths often via radio links (microwave). Any classified information transmitted over these links must be assumed to be compromised. Ensure no sensitive information is passed via e-mail or unencrypted telephones.

8. SMALL ARMS NOTE: Small Arms Training will be conducted on the flight deck for the personnel designated below. You must attend the "classroom" training held immediately prior to firing. Failure to attend the class will prevent you from shooting. Bring personal hearing protection. Safety glasses will be provided. Personnel underline are on VBSS and MUST qualify. Personnel marked with an asterisk (\*) after their names have expired quals and have head-of-the-line privileges.

BM2	BM3	BMC	CWO2	CWO3	DK3	EN
ENS	ENS	ET2	ET3	ET3	ET3	FC3
FCSA	GM2	GM3	GMS	HMC	HMC	ICI
IC2	ICFA	ICFA	ISC	IT1	IT2	IT1
IT2	IT3	ITC	ITSA	ITSA	ITSN	ITSN
LT	LT	LT	LT	LTJG	MS1	MS2
MS3	MS3	MSC	MSSA	NC1	OS1	OS1
OS2	OS2	OS2	OS2	OS2	OS2	OS2
OS12	OS3	OS2	OS3	OSCS	OSSN	OSSN
OSSN	OSSN	PC2	PN3	PN3	PNC	OSSN
PNSN	QM2	QM2	QM3	QM3	QMC	QMSN
SH2	SH3	SH3	SH3	SK2	SK2	SK3
SM2	SM3	SMSR	SMSR	SN	SN	SN
SN	SN	SN	SN	SN	SN	STG2
SN	SN	STG3	SN	STG	STG3	STG2
MI	YN1	STG3		STG1		

9. QUOTE OF THE DAY: "Our duty always lasts longer than the happiness of those we envy." François De La Rochefoucauld



"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
22 SEPTEMBER 2000  
Julian: 266

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD

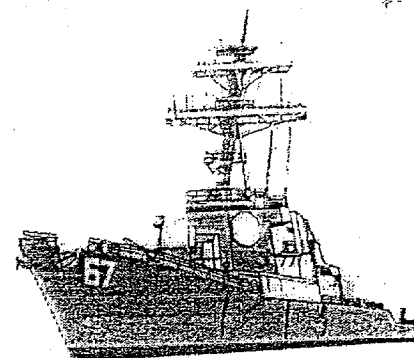
Executive Officer  
LCDR J. [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)



"DETERMINED WARRIOR"

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
C2(SW) [REDACTED]  
SSN [REDACTED]

MAJOR EVENTS FOR SATURDAY  
0715 Personnel Inspection (MP)  
0900 Division in the Spotlight (MP)  
2000 Flight Deck Movie

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

SHORT RANG GOALS

Fully prepared for ADRIATICEX/Amphibio  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone Number: 2211

UNIFORM OF THE DAY:  
E-7 AND ABOVE:  
E-6 AND BELOW:

DRESS UNIFORM  
SUMMER WHITES

SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0600-UC	Strike Training
0710	Officers Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0800-1030	I-Division (Mess Decks)
0830	CO's Mast (Training Room)
0930	Planning Board for Training (Wardroom)
1000	XO's Inspection of Messing & Berthing
1000-1115	PACE Class: English 1301
1030	Muster DCPOS (Filter Cleaning Shop)
1115-1230	Lunch for the Crew
1230	DCTT Brief (Wardroom)
1300-1345	Admin GQ
1400-1500	Repair Locker Training (Repair 3)
1400-1600	I-Division (Mess Decks)
1500-1700	PACE Class: English 1312
1530-1545	Sweepers
1545-1800	Birthday Dinner for the Crew (September)
1800-1930	PACE Class: English 1301
1930	Eight O'Clock Reports

Encl (60)

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1900 NASCAR Winston Cup 7 1 (Mess Decks)  
 1900 Birthday Cake/Ice Cream (Mess Decks)  
 2315-0015 Midrats for the Crew

**DAMAGE CONTROL NOTE:** What safety precautions must be followed prior to energizing the ramfan? Ans: Ground clamp must be attached to hull structure to prevent the build up of static electricity.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
GRILL SAUSAGE/SAUERKRAUT	BEEF STEW
PHILLY STEAK	CREOLE SHRIMP

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
<b>LUNCH PHONIX</b>	<b>UNDERSEIGE</b>
1630 THE SHINING	BASIC INSTINCT
1800 FERRIS BEUILLERS DAY OFF	END OF DAYS
2000 GALAXY QUEST	WAKING NED DIVINE

4. **CHAPLAIN'S CORNER:** Do you feel that you have lost your way in life? Then God Himself will show you your way. Are you utterly helpless, worn out, body and soul? Then God's eternal love is ready and willing to help you up, and revive you. Are you wearied with doubts and terrors? Then God's eternal light is ready to show you your way; God's eternal peace ready to give you peace. Do you feel yourself full of sins and faults? Then take heart; for God's unchangeable will is to take away those sins and purge you from those faults. --Charles Kingsley

5. **HISPANIC HERITAGE MONTH NOTE:** 15 September through 15 October is Hispanic Heritage month! Hispanics and the military have a long history. Admiral David G. Farragut, an Hispanic, while serving the Union Navy during the Civil War left us the famous words "Damn the torpedoes, full speed ahead."

6. **ADRIATIC NOTE:** As of course everyone knows we are siting approximately 25 miles off the coast of the Former Republic of Yugoslavia and specifically the semi-autonomous republic of Montenegro. First off a quick explanation of names and geography. After the fall of the Soviet Union and the death of TITO (the last real ruler of the country of Yugoslavia) Yugoslavia split into 5 separate countries. Those countries are Slovenia, Croatia, Bosnia-Herzegovina, the Federal Republic of Yugoslavia and the Former Yugoslavian Republic of Macedonia. The Federal Republic of Yugoslavia is the country of the United States' greatest concern. If names are confusing you here's a quick guide. The Former Republic of Yugoslavia (the FRY for short), The Republic of Yugoslavia, Serbia, Montenegro and Kosovo ARE ALL THE SAME COUNTRY. Kosovo and Montenegro are provinces of the FRY. United Nations, NATO and American peacekeepers are in Kosovo and the United States is trying to make sure that what happened in Kosovo last year (ethnic cleansing) doesn't happen in Montenegro. The FRY's leader, Slobodan Milosevic, is holding an election this Monday that will be highly contested, but most likely rigged in his favor. As a show of US resolve to maintaining peace in the Balkans Adriatic region and to prevent Milosevic and the Yugoslavian army from rolling into Montenegro, COLE and much of the current US 6th Fleet are operating here in the Adriatic. This was very brief note about why we're operating here in the Adriatic. If you have any questions please email me and I'll do the best I can to answer any questions.

7. **MOVIE SCHEDULE NOTE:** CE Division would like to invite all divisions to have equal opportunity in choosing the movies that are played on Site TV. Each week, in 3 day blocks, each division will have the opportunity to choose the 4 movies shown on one channel of Site. Be creative: perhaps have a "James Bond" night, "Bad "B" Movie night", etc. You get the idea. The entire list of movies is now posted on the "S" drive of the Lan. The only thing we ask is that you refrain from choosing "R" rated movies to show during lunch. If you need more information about a movie, stop by Aft IC or call X6143 for assistance. Division Leading Petty Officers are responsible to ensure the movie choices are emailed to the ship's office for print in the POD and to ICFN.

**MOVIE SCHEDULE ASSIGNMENTS THROUGH OCTOBER**  
**MOVIE DATE DUE BY DIVISION**

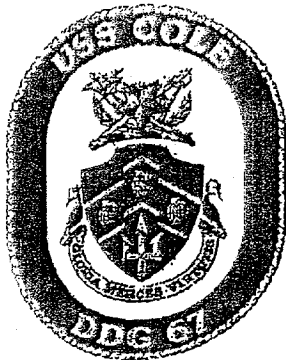
28-30 SEP	25 SEP	A
9-11 OCT	4 OCT	S1
12-14 OCT	9 OCT	CA
16-18 OCT	11 OCT	NX
19-21 OCT	16 OCT	OC
23-25 OCT	18 OCT	E
26-28 OCT	23 OCT	S2

\* **QUOTE OF THE DAY:** "While all the runners in the stadium take part in the race, only one wins the prize. Run to win." Jason Reigel

Executive Officer

Snail (20)

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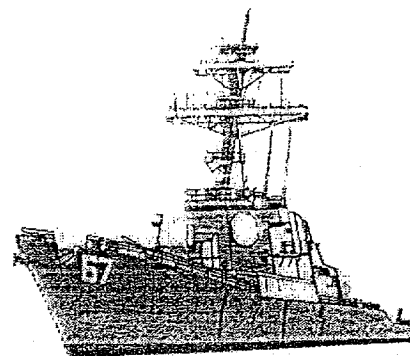


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
23 SEPTEMBER 2000  
Julian: 267

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Ombudsmans

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANG GOALS

- Fully prepared for ADRIATICEX/Amphibious Exercise
  - Successful FMAV w/EMORY S. LAND
  - Safe Suez Canal Transit
  - Professional Inchop into COMFIFTHFLT
  - Continue Successful Deployment
- LONG RANGE GOALS
- Complete All Battle "E" Requirements
  - Successful Engineering Material Condition Assessment (MCA)
  - Safe Transit Home
  - Enjoyable Post Deployment Upkeep
  - Safe Ammo Offload
  - Productive CNO Availability

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
C2(SW) [REDACTED]  
SSN [REDACTED]

MAJOR EVENTS FOR SUNDAY  
Holiday Routine  
RAS w/USNS JOHN LENTHALL

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officers Call/Quarters
0715	Personnel Inspection: MP (Flight Deck)
0730	OPS/Intel Brief (Wardroom)
0800	Flight Quarters
0800-0830	All Hands Training: ACPO (Site TV)
0830	CDS 22/BRISCOE/SIMPSON Arrive
0830-1030	I-Division (Mess Decks)
0900	Flight Quarters
0900	Menu Review Board (Training Room)
0930	CDS 22/BRISCOE/SIMPSON Depart
1000	XO's Inspection of Messing & Berthing
1000	Force Protection Meeting (CSMC)
1000-1115	PACE Class: English 1301
1030	Division in the Spotlight: MP (Wardroom)
1115-1230	Lunch for the Crew
1300	SCAT Training Team Meeting (CSMC)
1300-1500	Repair Locker Training (Repair 2)
1300-1600	I-Division (Mess Decks)
1300-1600	Zone Inspection: MP
1400-1600	SCAT Drill
1500-1700	PACE Class: English 1312

Encl (60)  
Page 78 of 110

1530-1545	Sweepers
1645-1800	Dinner for the Crew
1800-1930	PACE Class: English 1301
1830	Eight O'Clock Reports
1900	At Sea Fire Drill
1900	OOD Board (DCA)
2315-0015	Milrats for the Crew

1. **DAMAGE CONTROL NOTE:** Whose permission must be obtained prior to desmoking using the installed ventilation system? **CHENG.**

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
TEXAS HSH	VEAL PARMESAN
TUNA SALAD	BURRITO W/CHILI

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
<b>LUNCH GOTTI</b>	<b>GOOD MORNING VIETNAM</b>
1630 SILVERADO	FUTURESPORT
1800 TOMBSTONE	GEORGE OF THE JUNGLE
2000 TRUE GRIT	IRON WILL
2200 THE SONS OF KATIE ELDER	HUSH

4. **CHAPLAIN'S CORNER:** Tourists stand in wondering admiration before some of the palaces of the old world that have endured for more than a thousand years without a crack or seam. The Pantheon at Rome stands just as it did well over two thousand years ago. This would be impossible had not its foundations been right. The Rialto Bridge that spans the Grand Canal in Venice was erected in AD 1588. It has stood as it now stands for over four centuries, but that bridge rests on twelve thousand piles driven deeply into the soil. What is true of buildings is also true of life. God cannot and will not build the Christian virtues into your life, or fill you with the Holy Spirit for His service, until the proper foundation of receiving Christ and Him crucified as your Savior and Lord has been laid.

5. **ADRIATIC NOTE:** As of course everyone knows we are siting approximately 25 miles off the coast of the Former Republic of Yugoslavia and specifically the semi-autonomous republic of Montenegro. First off a quick explanation of names and geography. After the fall of the Soviet Union and the death of TITO (the last real ruler of the country of Yugoslavia) Yugoslavia split into 5 separate countries. These countries are Slovenia, Croatia, Bosnia-Herzegovina, the Federal Republic of Yugoslavia and the Former Yugoslavian Republic of Macedonia. The Federal Republic of Yugoslavia is the country of the United States' greatest concern. If names are confusing you here's a quick guide. The Former Republic of Yugoslavia (the FRY for short), The Republic of Yugoslavia, Serbia, Montenegro and Kosovo ARE ALL THE SAME COUNTRY. Kosovo and Montenegro are provinces of the FRY. United Nations, NATO and American peacekeepers are in Kosovo and the United States is trying to make sure that what happened in Kosovo last year (ethnic cleansing) doesn't happen in Montenegro. The FRY's leader, Slobodan Milosevic, is holding an election this Monday that will be highly contested, but most likely rigged in his favor. As a show of US resolve to maintaining peace in the Balkans Adriatic region and to prevent Milosevic and the Yugoslavian army from rolling into Montenegro, COLE and much of the current US 6th Fleet are operating here in the Adriatic. This was very brief note about why we're operating here in the Adriatic. If you have any questions please email me and I'll do the best I can to answer any questions. AOPS

6. **SAFETY NOTE:** A GSM2 burned his arm, side, and neck while removing a condensate valve. After tagging out four valves to provide two-valve protection, he drained the pressure and waited 30 minutes. When the steam header pressure read 0 PSI, the GSM2 started to loosen the valve bonnet bolts. After removing the bonnet and stem, and then reinserting the stem, condensate sprayed onto the GSM2. He spent 5 days in the hospital and lost 30 workdays. The faulty valve was missing from the system diagram. EOSS diagrams are a reference you need to verify.

7. **MOVIE SCHEDULE NOTE:** CE Division would like to invite all divisions to have equal opportunity in choosing the movies that are played on Site TV. Each week, in 3 day blocks, each division will have the opportunity to choose the 4 movies shown on one channel of Site. Be creative: perhaps have a "James Bond" night, "Bad "B" Movie night", etc. You get the idea. The entire list of movies is now posted on the "S" drive of the Lan. The only thing we ask is that you refrain from choosing "R" rated movies to show during lunch. If you need more information about a movie, stop by Aft IC or call X6143 for assistance. Division Leading Petty Officers are responsible to ensure the movie choices are emailed to the ship's office for print in the POD and to ICFN Dempsey. MOVIE SCHEDULE ASSIGNMENTS:

MOVIE DATE DUE BY DIVISION

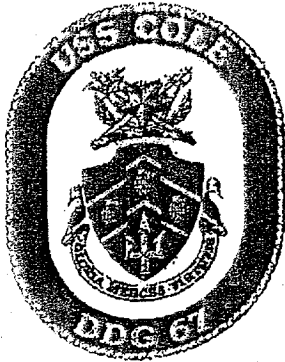
28-30 SEP	25 SEP	A
9-11 OCT	4 OCT	S1
12-14 OCT	9 OCT	CA
16-18 OCT	11 OCT	NX
1 OCT	16 OCT	OC
5 OCT	18 OCT	E
26-28 OCT	23 OCT	S2

Encl (60)  
Page 19 of 110

8. **DISBURSING NOTE:** Due to October 1st being a Sunday and the end of the fiscal year, payday will be on Friday, Sept 29th.

9. **QUOTE OF THE DAY:** "The winds and waves are always on the side of the ablest navigators."

Edward Gibbon

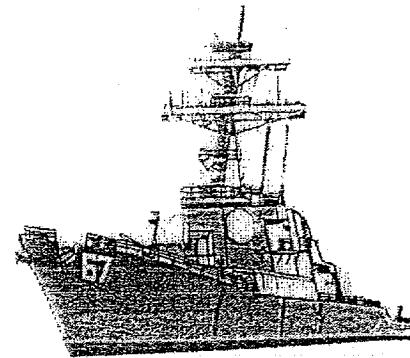


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
24 SEPTEMBER 2000  
Julian: 268

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Care Line: (757) 444-4921  
Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

CO PRIORITIES		SHORT RANG GOALS
<b>Berthing of the Week: Berthing 3</b> <b>Determined Warriors' of the Quarter:</b> OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]  <b>MAJOR EVENTS FOR MONDAY</b> ARG Support	<b>- Combat Readiness</b>  <b>KEY PILLARS</b> -Material Readiness -Safety & Training -Personal Responsibility & Accountability -Respect -Leadership -Communication -Teamwork & Pride	Fully prepared for ADRIATICEX/Amphibi Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchoo into COMFIFTHFLT Continue Successful Deployment
		<b>LONG RANGE GOALS</b> Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability

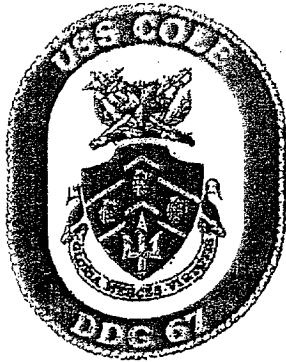
All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

<b>UNIFORM OF THE DAY:</b>	<b>DRESS UNIFORM</b>	<b>QUARTERDECK WATCH</b>	<b>WORKING UNIFORM</b>
<b>E-7 AND ABOVE :</b>	SUMMER WHITES	SUMMER WHITES	COVERALLS
<b>E-6 AND BELOW:</b>	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY/HOLIDAY ROUTINE

0700-0800	Breakfast for the Crew
TBD	ARG Support
TBD	RAS w/USNS JOHN LENTHALL
TBD	Small Boat Transfer w/USS JOHN LENTHALL
TBD	Flight Quarters during RAS
0900	RAS Brief (Wardroom)
0930	Catholic Lay Services (Training Room)
1030-1200	Brunch for the Crew
1030	Protestant Divine Service (Training Room)
1300	OPS/Intel Brief (Wardroom)
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
2315-0015	Midrats for the Crew

Encl (60)  
Page 80 of 110

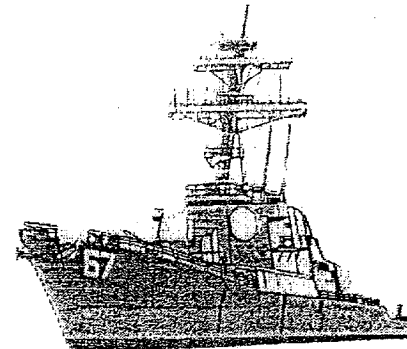


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
25 SEPTEMBER 2000  
Julian: 269

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

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Ombudsmans  
[REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 3  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
C2(SW) [REDACTED]  
JSSN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR TUESDAY  
ARG Air Defense  
BECCES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

SHORT RANG GOALS

Fully prepared for ADRIATICEX/Amphibious  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Inchop into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

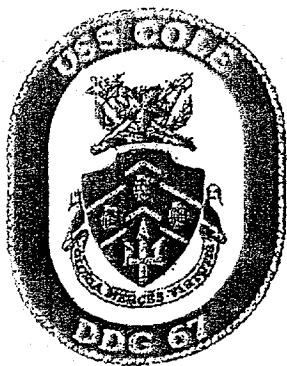
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UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM S</u>
E-7 AND ABOVE :	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0600-2400	TLAM Training
TBD	Air Defense of the ARG
0710	Officer's Call/Quarters
0730	OPS/INTEL Brief
0730-0815	Engineering Training (Training Room)
0830	Zone Inspection Part II: MP
0830-1600	DC I-Div (Training Room)
0900	Muster DCPO (Filter Cng)
1000	SERC Meeting (CSMC)
1000	ETCS(SW) [REDACTED] Reenlistment (CPO Mass)
1030	General PT (Flight Deck)
1115-1230	Lunch for the Crew
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
2315-0015	Midrats for the Crew

Encl (60)  
Page 81 of 110

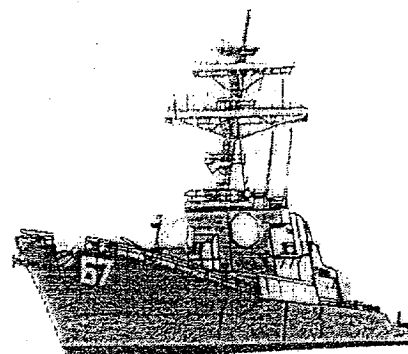


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
26 SEPTEMBER 2000  
Julian: 270

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

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[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

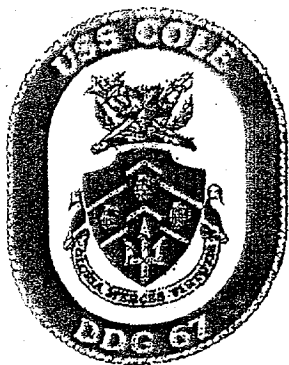
CO PRIORITIES		SHORT RANGE GOALS
Berthing of the Week: Berthing 5 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]  SUNRISE: 0637 SUNSET: 1841  <u>MAJOR EVENTS FOR WEDNESDAY</u> Hispanic Heritage Night Dinner		Fully prepared for ADRIATICEX/Amphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchopt into COMFIFTHFLT Continue Successful Deployment
KEY PILLARS		LONG RANGE GOALS
- Combat Readiness  -Material Readiness -Safety & Training -Personal Responsibility & Accountability  -Respect -Leadership -Communication -Teamwork & Pride		Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability
All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211		
UNIFORM OF THE DAY:	DRESS UNIFORM	QUARTERDECK WATCH
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES
		WORKING UNIFORM S
		COVERALLS
		COVERALLS

#### UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/INTEL Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	Officer Training: ROE-WEPS
0800-1000	VCHT Maintenance
0830-1600	DC I-Div (Training Room)
0900-1000	RPPO Training (Supply Support)
0900-1100	VBSS Training (STBD Midships)
1000-1200	VCHT Maintenance
1115-1230	Lunch for the Crew
1130-1230	ESWS Training: Shipboard Organization (Training Room)
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1600	Evening Prayer Workshop w/Chaplain (Training Room)
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
1830	At Sea Fire Party Drill
1900	Bible Study w/Chaplain (Training Room)
2315-0015	Midrats for the Crew

Encl (60)

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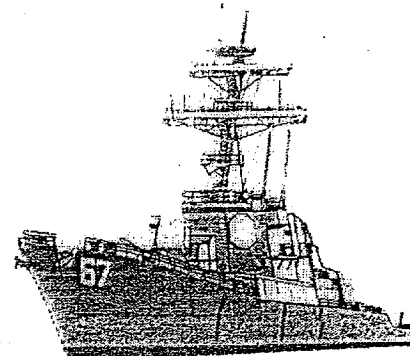


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
27 SEPTEMBER 2000  
Julian: 271

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
2(SW) [REDACTED]  
SN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR THURSDAY  
Seamanship Drills  
Small Arms Qualification

CO PRIORITIES

- Combat Readiness

KEY PillARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/A.mphibious  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Incho into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM S

COVERALLS

COVERALLS

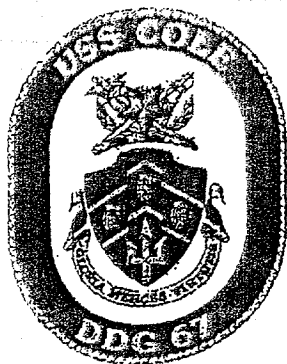
UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Plane Guard/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800-1200	NSFS (CIC)
0830-1600	DC I-Div (Training Room)
1115-1230	Lunch for the Crew
1200	PMS Reports Due to JMC
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1600	Evening Prayer Workshop w/Chaplain (Training Room)
1645-1800	Hispanic Heritage Night Dinner/Take your Boss to Dinner (Flight)
1800-UC	Plane Guard
1830	Eight O'Clock Reports
1900	Sings Night (Mess Decks)
2315-0015	Beddowns for the Crew

Encl (60)

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1. DAMAGE CONTROL NOTE: What is the actuating source of the ramfan? Ans: A 1 1/2 inch Arhose at 50 to 200 PSI

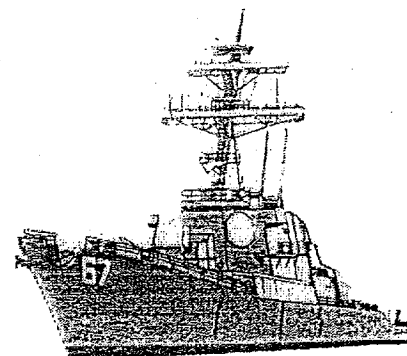


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
28 SEPTEMBER 2000  
Julian: 272

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

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Ombudsmans  
[REDACTED]  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
C2(SW) [REDACTED]  
SSN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR FRIDAY  
GQ-MSFD  
PB4T  
"Who Wants to be a Millionaire?"

CO PRIORITIES

KEY Pillars

- Combat Readiness
- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibio  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

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UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

000-0400	SPY Maintenance
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	Officer Training: Rules of the Road-Nav (Wardroom)
0830-1600	DC I-Div (Training Room)
0900-1030	Engineering Training: Hazmat Handling (Mass Decks)
0900-1100	Seamanship Drills (OPS Department)
1030	ETT Brief (Logroom)
1100	New Check-ins w/CO
1115-1230	Lunch for the Crew
1300	XO Spotcheck w/SS01
1300-1500	Repair Locker Training (Repair 3) (CRR Training)
1300-1500	Evolutions
1500-1600	Fresh Water Washdown
1630-1845	Sweepers
1645-1800	Dinner for the Crew
1830	Eight O'Clock Reports
1830	Retention Team Meeting (Wardroom)

Encl (60)

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1900	At Sea Fire Drill
1900	Bible Study w/Chaplain (Lodging Room)
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the maximum pressure allowable on a soft patch? Ans: 150 PSI.

COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
BEEF FAJITAS	ROCK CORNISH HENS
CHEESE ENCHILADAS	CHILI CON CARNE

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3 (A DIVISION'S CHOICES)</u>
<u>LUNCH</u> THE WILD WILD WEST	DANTE'S PEAK
1630 DEEP IMPACT	FATHER'S DAY
1800 BOWFINGER	MURDER AT 1600
2000 THE WOOD	GONE FISHING

4. HISPANIC HERITAGE MONTH NOTES: Rigoberta Menchu, an activist in the conflict between indigenous people and the military government of Guatemala, was the first indigenous woman and the youngest person ever to be awarded the Nobel Prize for Peace in 1992. Mencu struggled to achieve social justice and peace in Guatemala, where the military government destroyed her family. The struggle continued when she used \$1.2 million Nobel Peace Prize money to set up a foundation in her father's name. Her work served as the impetus behind the United Nations' declaration of 1993 as the International Year for Indigenous Populations.

5. CHAPLAIN'S CORNER: When a Roman penny was made, the image or likeness of Caesar the emperor was stamped upon it, and those who used it were reckoned as his subjects and expected to obey his laws. Ages ago God Himself made something and stamped His likeness upon it, as a sign that it belonged to Him and must be used in His service. It was not a coin God made. It was a man. And God's image has been stamped upon each of us to show that we were made, not to follow our own pleasure, but to serve him.

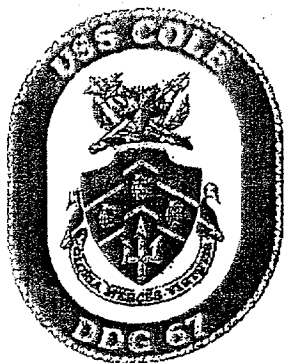
6. JEWISH HIGH HOLY DAYS NOTE: At Sundown on 29 September 2000, Rosh Hashanah (Jewish New Year) begins and continues through sunset 1 October 2000. Yom Kippur (Day of Atonement) begins at sundown 8 October 2000 and concludes at sundown 10 October 2000. The high holy days are a time of forgiveness, renewal, and recommitment. Yom Kippur, the holiest day in the Jewish calendar, culminates the celebration of sacred days with an emphasis on self-denial and a promise to improve through repentance and recommitment. I extended my sincerest best wishes to all Jewish personnel this holiday season. May you and your families be granted peace and prosperity. Shanah Tovah Tikatevu. RADMC [redacted] sends.

7. XO'S NOTE: This Friday night will be another episode of "Who wants to be a Millionaire" broadcast live on location from the Mess Decks. Tickets go on sale Wednesday at lunch with LTJG [redacted]. Improvements from last time include instant awarding of prizes from the ship's store, no shave/let hair down chit, and surf the internet for a day. Grand prize will be a free overnight liberty chit for one night hotel room in Dubai, UAE. Prices for the tickets will be \$1.00 Wednesday and Thursday and will increase to \$2.00 Friday. Tickets for contestants will be drawn Friday night. And back by popular demand is LTJG [redacted] as MC!

8. FORWARD PALLET STAGING AREA AEROBICS AND WEIGHT ROOMS NOTE: All personnel are reminded to pick up after themselves when they have completed their workout. Please ensure that you wipe down your machine, place your weights in the proper place and take all your trash with you. Personnel radios are not permitted in the Forward Pallet Staging Area, but you may wear headphones while working out. No boots of any kind may be worn while running on the treadmills.

9. YUGOSLAV OPPOSITION VOWS TO FIGHT FRAUD: Yugoslav opposition leader have rejected the official results of the country's presidential elections and pledged to defend the will of the people. President Slobodan Milosevic defied international and domestic appeals for him to step down, saying he had enough votes to secure a second round run-off. However, opposition leader Vojislav Kostunica said in a statement. "This is an offer which must be rejected". The opposition is planning a massive rally in central Belgrade on Wednesday night to defend the results. Opposition leaders have demanded to see the election commission's announcement that Milosevic had lost. The commission reported that Kostunica finished with 48.22 percent while Milosevic earned 40.23 percent. Under Yugoslav law, a run-off, set for October 8, is required since not of the candidates received more than 50 percent. State television said the turnout was 64 percent, far below the 74 percent figure given by the opposition. The U.S. has pledged to lean an international campaign to pressure Milosevic into accepting the outcome. "Despite the government's attempts to manipulate the vote, it does seem clear that the people have voted for change", President Clinton said. Milosevic appeared to have lost his "last vestige of legitimacy," he added. A run-off would give Milosevic time to create more favorable conditions for the next round and the chance to clamp down on opposition media and activists. He would also be able to resume his nationalist campaign portraying Kostunica as a "NATO lackey and Western stooge." However, Kostunica, a law professor who surprised Milosevic with his widespread appeal, countered, saying there was "no single reason, not moral or political, by which we would accept such trampling on the electoral will of the citizens. "The victory is obvious and we will defend it by all non-violent means," he said. "The people have given their political no to Milosevic and his policies. Our first duty is to carry out that verdict."

10. DISBURSING NOTE: If you have lost or forgotten your Smart Card pin number stop by Disbursing to get issued a new one.

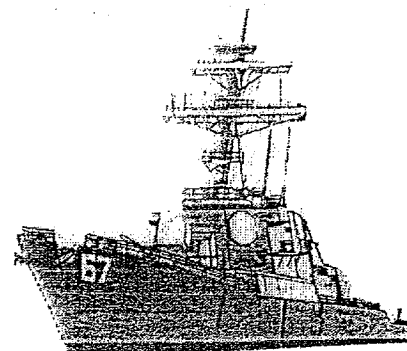


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
29 SEPTEMBER 2000  
Julian: 273

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



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Executive Officer

LCDR [REDACTED]

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

CO PRIORITIES

- Combat Readiness

KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibious

Exercise

Successful FMAV w/EMORY S. LAND

Safe Suez Canal Transit

Professional Inchoption into COMFIFTHFLT

Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:

OSI(SW) [REDACTED]

72(SW) [REDACTED]

JSN [REDACTED]

SUNRISE: 0637

SUNSET: 1841

MAJOR EVENTS FOR SATURDAY

Personnel Inspection: CF/CG

UNREP w/USNS LEROY GRUMAN

Zone Inspection: CF/CG

Flight Deck Movie

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0600

Reveille

0600-0700

Breakfast for the Crew

0710

Officer's Call/Quarters

0730

OPS/Intel Brief (Wardroom)

0730-0815

Engineering Training (Training Room)

0730-1100

Small Arms Qualifications (Flight Deck)

0800

3M Meeting w/XO (All Officers & CPO's)

0900

Planning Board for Training (Wardroom)

0900-1100

Repair Locker Training (Repair 5)

1000

CO Spotcheck w/MP (DC)

TBD

Flight Quarters

1115-1230

Lunch for the Crew

1230

DCTT/ETT Brief (Wardroom)

1300

BECCES/GQ (MSFB)

1300

CO Spotcheck w/CA03 (Division & DC)

1300-1500

DC 4-Division (Training Room)

1530-1545

Sweepers

1600

Voluntary PT (Flight Deck)

1645-1800

Dinner for the Crew

1830

Eight O' Clock Reports

Encl (60)

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1900

Second Annual "Who Wants to be a Millionaire" (Mess Decks &amp; Site TV)

1900-2100

Junior Officer Pizza Night (Mess Decks)

2315-0015

Midrats for the Crew

DAMAGE CONTROL NOTE: All plugs 10 inch or larger should be? Ans: Shored in or use a box patch.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

CREOLE MAC

CHICKEN-N-RICE

DINNER

CHICKEN NUGGETS

BEEF BRISKET BARBECUE

3. COLE MOVIE SCHEDULE:

CHANNEL 2

LUNCH UNFORGIVEN

1630 FERRIS BEULLER'S DAY OFF

1800 REINDEER GAMES

2000 RISKY BUSINESS

CHANNEL 3 (A DIVISION'S CHOICES)

THE GAME

STAKE OUT

LIAR LIAR

THE SAINT

4. CHAPLAIN'S CORNER: There is a pair of famous bronze gates in the city of Florence, which Michael Angelo, in a burst of admiration, declared were fit to be the gates of Paradise. They are paneled with noble figures and dainty pictures. Once they were gilded, and Dante referred to them as "The Golden Gates." But the centuries have worn off the gold--so that hardly a particle is left now. Still the fine masterly work of the artist abides in the solid bronze, looking none the less impressive in its severe simplicity. So while the years may wear away many meritorious accomplishments and much of the glitter of the natural life, the graces firmly ingrained in our soul by the Great Master of all Arts and Hearts will abide. No change can touch these, for "though our outward man perish, the inward man is renewed day to day" (2 Corinthians 4:16).

5. XO'S NOTE: Tonight will be another episode of "Who wants to be a Millionaire" broadcast live on location from the Mess Decks. Prices for tickets are \$1.00. Tickets for contestants will be drawn tonight. And back by popular demand is LTJG [REDACTED] as MC! Pizza will be served during "Who Wants to be a Millionaire" courtesy of the Officers. Prizes are:

- 1) Overnight liberty chit plus Free Hotel Stay in Dubai, UAE
- 2) Surf the Internet for One Day Privilege
- 3) 2 CD's of your choice from ship's store  
No shave/hair let down chit for one week.  
XO's bridge chair for 2 days  
Civilian Clothes privilege for one day (underway)  
2 Day Chit for Individual Holiday Routine anytime (Must still stand watches)
- 8) 1 COLE World Globe plus \$5 ship's store gift certificate
- 9) 1 COLE Mock Turtleneck
- 10) 1 COLE deployment t-shirt
- 11) 1 COLE ballcap
- 12) 1 COLE coffee mug (ceramic)
- 13) 1 COLE Keychain & commissioning coin
- 14) Pick wake-up music for 3 days (No explicit-rated albums allowed)
- 15) Pick UNREP breakaway music (No explicit-rated albums allowed)

6. SURF AND TURF NOTE: The special meal of the week will be served Saturday and will feature "Surf and Turf".

7. TRASH DISPOSAL NOTE: Here is a note that will help save man hours, our environment, & my equipment R/ ENC(SW) [REDACTED]  
Due to our resent SHIPALT, it is the RESPONSIBILITY OF ALL HANDS to SEPARATE there trash into 3 categories. Paper & Cardboard in one bin, Metal and Glass in one bin and Plastic in the other.

PLASTIC: All Plastic waste will be processed with the Plastic Shredder and Compressor Melt Unit. NO PLASTIC DISCHARGE IS ALLOWED AT SEA WORLD WIDE.

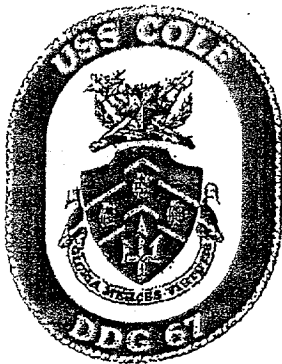
PAPER: All Paper & Cardboard and Food Products will be processed in the PULPER. Cardboard must be free of all tape and staples so it can be PROCESSED. All hands must separate plastic from paper prior to discarding in waste bin, for example remove plastic rapping from uniform box or cereal box etc. Classified material up to secret can be processed in the pulper. The Pulper CAN NOT PROCESS METAL, RAGS, CLOTHING, PLASTIC or TAPE! The Pulper operation can commence at sea may discharge a slurry of seawater, paper, cardboard or food waste capable of passing through a screen with opening no larger than 12 millimeters in diameter outside 3 NM from land. Sanitary napkins, rags, & clothing will not be accepted in the trash disposal room, sanitary napkins, rags, & clothing will be held on station and the only items thrown over the side when the ship is 25 NM from land.

METAL & GLASS: Metals will be processed in the Metal Shredder. The only metal that gets processed in the shredder is clean empty soda cans, empty food cans, empty paint cans with no more than 1" of dried paint, & glass bottles and jars.

EMS THAT CANNOT BE PROCESSED ARE: All material such as bar stock, coat hangers, solid metal parts, paper products, HAZMAT including empty HAZMAT containers, flammable & hazardous materials, and fluorescent light bulbs (they get turn into HAZMAT because they contain mercury). Ships may discharge non-floating waste, metal & glass that have been shredded and bagged to ensure negative buoyancy outside 12 NM from land. With this in mind, all hands must separate plastic from metal prior to discarding in waste bin for example, remove plastic cap and spraying device from shaving cream containers. The hour of operation of the Trash Disposal Room are: 0700-0900 & 1800-2000 Daily: Trash will be held on station outside the collection periods. Trash will be inspected prior to receipt. LPO's

Encl (60)

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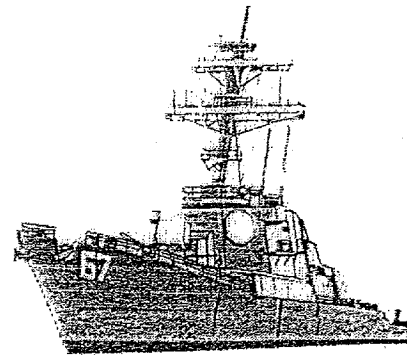


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
30 SEPTEMBER 2000  
Juliau: 274

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Care Line: (757) 444-4921  
Web site:  
[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
E-mail: last name first initial@cole.navy.mil  
LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)  
COLE Quarterdeck: 444-2107  
ANSWERLINE: 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans  
[REDACTED]  
Junior Sailor of the Year  
GSM2(SW) [REDACTED]

<p>Berthing of the Week: Berthing 5 Determined Warriors' of the Quarter: OS1(SW) [REDACTED] C2(SW) [REDACTED] SSN [REDACTED]</p> <p>SUNRISE: 0637 SUNSET: 1841</p> <p><u>MAJOR EVENTS FOR SUNDAY</u> Holiday Routine Protestant Divine Services Catholic Lay Services Flight Deck Picnic</p>	<p><u>CO PRIORITIES</u></p> <p>- Combat Readiness</p> <p><u>KEY PILLARS</u></p> <p>-Material Readiness -Safety &amp; Training -Personal Responsibility &amp; Accountability -Respect -Leadership -Communication -Teamwork &amp; Pride</p>	<p><u>SHORT RANGE GOALS</u></p> <p>Fully prepared for ADRIATICEX/Amphibious Exercise Successful FMAV w/EMORY S. LAND Safe Suez Canal Transit Professional Inchop into COMFIFTHFLT Continue Successful Deployment</p> <p><u>LONG RANGE GOALS</u></p> <p>Complete All Battle "E" Requirements Successful Engineering Material Condition Assessment (MCA) Safe Transit Home Enjoyable Post Deployment Upkeep Safe Ammo Offload Productive CNO Availability</p>
<p>All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211</p>		
<p>UNIFORM OF THE DAY: <u>DRESS UNIFORM</u></p> <p>E-7 AND ABOVE : SUMMER WHITES</p> <p>E-6 AND BELOW: SERVICE DRESS WHITES</p>	<p><u>QUARTERDECK WATCH</u></p> <p>SUMMER WHITES</p> <p>SERVICE DRESS WHITES</p>	<p><u>WORKING UNIFORM</u></p> <p>COVERALLS</p> <p>COVERALLS</p>

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0715	Personnel Inspection: CF/CG
0715	Promotion Ceremony: FCCSN [REDACTED]
0730-0815	Engineering Training (Training Room)
0740	OPS/UNREP/Brief (Wardroom)
0815	Station the Replenishment Detail
0900	RAS W/USNS LEROY GRUMMAN (Fuel/FPV)
0900	All Hands not on Unrep Detail Muster on Mess Decks w/SKU [REDACTED]
1115-1230	Lunch for the Crew
1230-1500	BJOQ (CPO Mess)
1245	Division in the Spotlight: CF/CG (Wardroom)
1300-1500	Repair Locker Training (Repair 2)
1300-1600	DC I-Division (Training Room)
1300-1600	Zone Inspection: CF/CG
1300-1600	Small Arms Qualifications (Flight Deck)
1500	First Class Association Meeting (Mess Decks)
1530-1545	Sweepers
1645-1800	Dinner for the Crew
1830	Right O' Clock Reports

1900 At Sea Fire Party Drill  
2000 Flight Deck Movie  
2315-0015 Midrats for the Crew

1. DAMAGE CONTROL NOTE: How far beyond the rubber is the marlin wrapped? Ans: 1/4 inch.

COLE'S MENU: The following are COLE's Main Menu items:

NCH  
LIBAR  
CHILI

DINNER  
STEAK & LOBSTER

### 3. COLE MOVIE SCHEDULE:

#### CHANNEL 2

LUNCH DUECE BIGALOW  
1630 BAD BOYS  
1800 GHOST  
2000 PHILADELPHIA

#### CHANNEL 3 (A DIVISION'S CHOICES)

BREAKDOWN  
STAR WARS  
EMPIRE STRIKES BACK  
RETURN OF THE JEDI

4. CHAPLAIN'S CORNER: During World War II, an enemy submarine approached a fleet of ships in the North Atlantic. The captain of one vessel spotted the white mark of a torpedo coming directly at his ship. His transport was loaded with literally hundreds and hundreds of young soldiers on the way to the European front. He realized they would not have time to maneuver to avoid the torpedo. He grabbed the loudspeaker and cried out, "Boys, this is it! Nearby, though, a little escorting destroyer also observed the torpedo. The captain ordered, "Full speed ahead." His ship steamed into the path of the torpedo. The destroyer was blown up; it sank very quickly. Every man on it was lost. The captain of the troop transport ship sadly commented, "The skipper of that destroyer was my best friend." Now one verse in the Bible has an even deeper meaning for that captain: "Greater love hath no man than this, that man lay down his life for his friend" (John 15:13).

5. TRASH DISPOSAL NOTE: Due to our resent SHIPALT, it is the RESPONSIBILITY OF ALL HANDS to SEPARATE there trash into 3 categories.. Paper & Cardboard in one bin, Metal and Glass in one bin, Plastic in the other.

Plastic: All Plastic waste will be processed with the Plastic shredder and Compressor melt Unit. NO PLASTIC DISCHARGE IS ALLOWED AT SEA WORLD WIDE.

PAPER: All Paper & Cardboard and Food Products will be Processed in the PULPIER. Cardboard must be free of all tape and staples so it can be PROCESSED. All hands must separate plastic from paper prior to discarding in waste bin for example remove plastic rapping from uniform box or cereal box etc. Classified material up to secret can be processed in the pulpier. The Pulpier CAN NOT PROCESS METAL, RAGS, CLOTHING, PLASTIC or TAPE! The Pulpier operation can commence at sea may discharge a slurry of seawater, paper, cardboard or food waste capable of passing through a screen with opening no larger than 12 millimeters in diameter outside 3 NM from land. Sanitary Napkins, Rags, & Clothing will not be accepted in the trash disposal room, Sanitary Napkins, Rags, & Clothing will be Held on station and the only items thrown over the side when the Ship is 25 NM from Land.

METAL & GLASS: Metal will be processed in the Metal Shredder. The only metal that gets processed in the shredder is Clean Empty soda cans, Empty d cans, Empty Paint Cans with no more than 1" of dried Paint, & glass bottles and Jars. Items that CAN NOT be PROCESS are, All Material such as stock, coat hangers, Solid metal parts, paper products, HAZMAT including empty HAZMAT containers, Flammable & Hazardous Materials, and LUMINOUS LIGHT BULBS (They get turn into HAZMAT because they contain MERCURY). Ships may discharge non-floating waste, metal & glass that have been shredded and bagged to ensure negative buoyancy outside 12 NM from land. With this in mind All hands must separate plastic from metal prior to discarding in waste bin for example remove plastic cap & spraying device from shaving cream containers.

The hour of operation of the Trash Disposal room are: 0700-0900 & 1800-2000 Daily: Trash will be held on station outside the collection periods, Trash will be inspected prior to receipt. LPO's will be held accountable with EMI for one full day of Trash disposal duty for non compliance of separation and for leaving trash on REEFER DECKS or Port side Access of trash disposal room.

6. HISPANIC HERITAGE MONTH NOTE: Rita Moreno born Dolores Alverio in Humaco, Puerto Rico. Moreno is listed in the Guinness Book of World Records as the only female performer to have won all four of show biz's top honors: an Oscar, a Tony, an Emmy and a Grammy.

7. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: August 7, 1942: Most of the Marine phrases are unprintable.

8. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

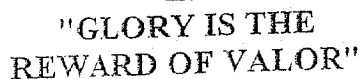
SCBA/EEBD	Combat Systems/ Weps
SCBA/EEBD/SEED	Engineering
SCBA/EEBD	Supply/Nav Admin
SCBA/EEBD	Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

9. QUOTE OF THE DAY: When you are not happy with yourself, you cannot be happy with others. Daryl Mitchell

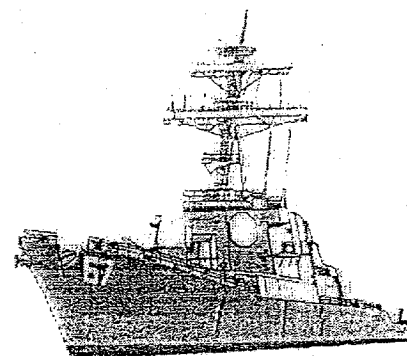
[REDACTED]

Executive Officer



USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Care Line: (757) 444-4921  
Web site:

Command Master Chief  
HMCM(SW/AW/FMF)

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)  
**E-mail:** last name first initial@cole.navy.mil  
**LIFELINE:** www.lifelines4qol.org  
**COLE Quarterdeck:** 444-2107  
**ANSWERLINE:** 1-877-418-6824  
[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

## Ombudsmans

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

## CO PRIORITIES

**Berthing of the Week: Berthing 5**  
**Determined Warriors' of the Quarter:**  
 OS1(SW) [REDACTED]  
 'C2(SW) [REDACTED]  
 SSN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

### MAJOR EVENTS FOR MONDAY

**Shipboard Training  
EOOW Board**

### - Combat Readiness

## KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

### SHORT RANGE GOALS

**Fully prepared for ADRIATICEX/Amphibio  
Exercise  
Successful FMAV w/EMORY S. LAND  
Safe Suez Canal Transit  
Professional Inchopt into COMFIFTHFLT  
Continue Successful Deployment**

## LONG RANGE GOALS

**Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability  
100% SWO/ESWS/GED Crew**

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

All personnel will read the  
UNIFORM OF THE DAY:  
E-7 AND ABOVE :  
E-6 AND BELOW:

DRESS UNIFORM  
SUMMER WHITES  
SERVICE DRESS WHITES

**QUARTERDECK WATCH**  
**SUMMER WHITES**  
**SERVICE DRESS WHITES**

WORKING UNIFORM  
COVERALLS  
COVERALLS

### UNDERWAY/HOLIDAY ROUTINE

0300	Relieve The Watch
0730	Relieve The Watch
0700-0800	Breakfast for the Crew
0830	Catholic Lay Services (Training Room)
0930	Protestant Divine Services (Training Room)
1030-1200	Brunch for the Crew
1300	OPS/Intel Brief (Wardroom)
1330	SWO Board: DCA (Wardroom)
1530-1545	Sweepers
1600-1800	Flight Deck BBQ (Weather Permitting): First Class Association
1830	Eight O' Clock Reports
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: What is the recommended safe length of a ...? Also, ... its minimum ... thickness.

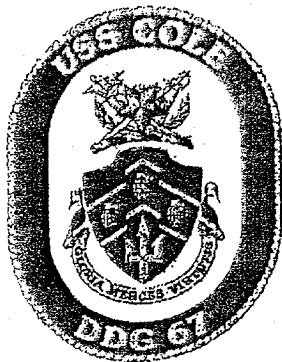
7. COLLEGE MENU: The following are COLLE's plain Menu items:

LUNCH  
OPEN FACE BEER SANDWICH

DINNER  
FLIGHT DECK PICNIC

Encl (60)

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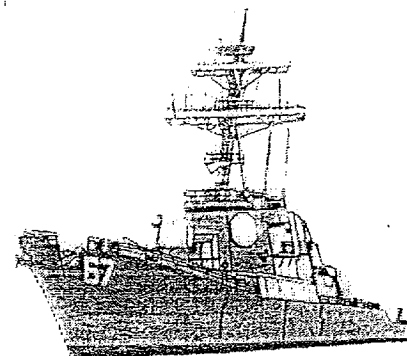


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
2 OCTOBER 2000  
Julian: 276

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
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Care Line: (757) 444-4921

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E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleet-support.navy.mil](http://www.fleet-support.navy.mil)

Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibio  
Exercise  
Safe Suez Canal Transit  
Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
OSI(SW) [REDACTED]  
C2(SW) [REDACTED]  
SSN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

#### MAJOR EVENTS FOR TUESDAY

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0715	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	SCBA/EEBD Training: Combat System (Mess Decks)
0800	Officer Training: ROE (Wardroom)
0830-1030	Junior Officer Shiphandling Training
0900	ESWS Pre-Board: BM1 [REDACTED], GSM1 [REDACTED], OMI [REDACTED] (Training Room)
0900	Muster DCPO (Filter Cleaning Shop)
1000	SERT Meeting (CMC)
1030	Department Head Meeting for JOSH Award (Wardroom)
1030	Voluntary PT (Flight Deck)
1115-1200	Lunch for the Crew
1300	BOOW Board: EMC(SW) [REDACTED] (CO's Cabin)
1300	CICWO Board: Auxiliary Officer/First Lieutenant (Wardroom)
1300-1500	VBSS Training (Training Room)
1500-1545	Swagons

1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	Bible Study w/Chaplain (Training Room)
2315-0015	Midrats for the Crew

DAMAGE CONTROL NOTE: What are the three parts of a framing square? Ans: Tongue, body and heel.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
SPAGHETTI MEATBALLS	FRIED SHRIMP
SEAFOOD NEWBURG	CHICKEN CORDON BLEU/GRILL CHICKEN BREAST

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch DAYS OF THUNDER	MLS LA/TB
1630 FORREST GUMP	ISKA KARATE
1830 AIR PLANE	SPORTS CENTER
2000 MASK	CNN

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I am going to try to set down as many of the events that happened to me, from "boot camp" up to the present. Of course, hundreds of things will have to be left out due to loss of memory, and other unavoidable circumstances. To start with, I was a foot-loose vagabond before enlisting in the Marine Corps. I have tried my hardest at doing nearly everything, and succeeded at nothing simply because it never held any interest enough for me to continue it. The following are the things I have done and tried - all interesting while it lasted. I ran away from home at a 10 years of age. I burned a barn down at 3 years of age with my brother Stanley. I held a janitor job in the 8th grade at 14 years old. In high school, I was on the track team (mile run) and Vice President of the Dramatics Club, Editor-in-Chief of the high school annual (yearbook), was in the senior play, band, Boys Glee Club, Mixed Chorus, Boys Quartet, Pep Squad, and French Horn Trio. I graduated out of 12th grade in 3 years at age 17."

5. CHAPLANS NOTE: The story is told in Greek annals of history of a soldier who was suffering from a deadly sickness. This sickness was so serious, doctors feared that he would soon die. The soldier was, however, a very brave man. In battle, he was always the first to charge, for he did not fear for his life. His commander saw his bravery and coordinated efforts to treat his disease. He was healed miraculously. After this change in his life, the soldier no longer sought to fight in battle. Instead, he sought a life of ease and comfort to care for his health and family he had previously neglected. So often it is so with believers. While the fierce battle rages, we claim God's strength, and it is through his grace we are victorious and brave. When the battle is less strenuous, and we are able to "relax" spiritually, oftentimes complacency sets in. The world and our flesh become the focal point of our lives instead of seeking God's grace for every moment of our lives.

SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

SCBA/EEBD	Combat Systems/ Weps
SCBA/EEBD/SEED	Engineering
SCBA/EEBD	Supply/Nav Admin
SCBA/EEBD	Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. PACE NOTE: PACE Courses History 1301 and History 1302 will be commencing soon. An orientation and book sale will be held on Wednesday, 4 October. This will introduce the course to the students, pass out the syllabus, a class schedule, reading assignments and to sell the books (\$61.00 each). Anyone who did not register previously can do so on 4 October.

8. SRB NOTE: According to the most recent SRB instruction -  
Any enlisted member may cancel up to 24 months of a non-operative (not in effect yet) extension provided:  
a. the extension is canceled before it becomes operative  
b. the member reenlist for at least two years beyond existing EAOS as extended, provided no bonus has been paid.  
(the extension period will not be counted against the bonus)  
c. the member's reenlistment is in the same fiscal year as their EAOS

Samples of reenlistment bonuses are:

Facts: PO3 under 4 yrs. / Base Pay \$1447.20 / Award level 3.0

EAOS 010908 + 24 mo. ext. = EAOS as extended 030908 + 2 yr. minimum reenlistment = 050908 New EAOS

Case 1: PO3 desires a 4 yr. reenlistment on 010108; the new EAOS would be 050107 which is less than 050908 so member would not be eligible to cancel and draw SRB for the 24 mo. ext. they would only be entitled to 16 months of SRB

48 mo. reenlistment - 3 mo. reenlistment (prior to EAOS) - 24 mo. extension = 16 mo. of SRB = \$5,788.80

Case 2: PO3 desires a 5 yr. reenlistment on 010108; the new EAOS would be 060107 which is greater than 050908 so the member will be eligible for 30 mo. of SRB

60 mo. reenlistment - 3 mo. reenlistment (prior to EAOS) - 0 (24 mo. canceled ext) = 52 mo. of SRB = \$18,813.60

Case 3: PO3 desires a 4 yr. reenlistment on 010908; the new EAOS would be 050907 which is equal to the minimum EAOS and is entitled to 48 mo. of SRB.  
48 mo. reenlistment - 0 mo. early reenlistment - 0 (24 mo canceled ext) = 48 mo. of SRB = \$17,366.40

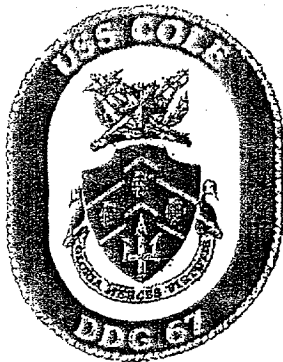
The following personnel may be eligible for the 2001 Fiscal year:

FC3 <del>XXXX</del>	FC3 <del>XXXX</del>	FC3 <del>XXXX</del>	FC3 <del>XXXX</del>	ET3 <del>XXXX</del>	IC3 <del>XXXX</del>	EM2 <del>XXXX</del>	EVR <del>XXXX</del>	IC3 <del>XXXX</del>
FC3 <del>XXXX</del>	FC3 <del>XXXX</del>	FC3 <del>XXXX</del>	ET3 <del>XXXX</del>	ET3 <del>XXXX</del>	GSM3 <del>XXXX</del>	FC3 <del>XXXX</del>	STG2 <del>XXXX</del>	

Encl (60)  
Page 92 of 110

9. DOMESTIC VIOLENCE PREVENTION MONTH NOTE: 1). President Clinton has designated October as "Domestic Violence Prevention Month." The Secretary of Defense fully supports this national effort to prevent domestic violence and so does the U.S. Marine Corps. Domestic violence is a cancer on our society. It is a sickness that must be eradicated during this generation or it will continue to replicate itself. Domestic violence often leads to other crimes of violence, low self-esteem, substance abuse, poor work performance, absenteeism, and escalating medical expenses. 2). Marines must set the example by



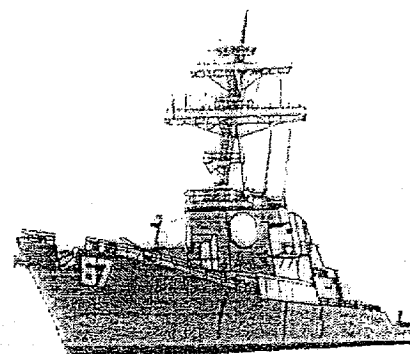


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
TUESDAY,  
3 OCTOBER 2000  
Julian: 277

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

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COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

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Ombudsmans

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
2(SW) [REDACTED]  
SN [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR WEDNESDAY

CAT Team Meeting  
Cruise Book Orders  
Repair Locker 3 Training  
Fresh Water Washdown

CO PRIORITIES

- Combat Readiness

KEY Pillars

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibious  
Exercise  
Safe Suez Canal Transit  
Professional Inchop into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY:	<u>DRESS UNIFORM</u>	<u>QUARTERDECK WATCH</u>	<u>WORKING UNIFORM</u>
E-7 AND ABOVE:	SUMMER WHITES	SUMMER WHITES	COVERALLS
E-6 AND BELOW:	SERVICE DRESS WHITES	SERVICE DRESS WHITES	COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Unrep/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	SCBA/EEBD Training: Engineering (Mess Decks)
0815	Station Unrep Detail
0900	Unrep w/USNS LENTHALL
0900	Muster all Hauds not on Watch on the Mess Decks w/SC [REDACTED]
1115-1230	Lunch for the Crew
1230	ETT Brief (Logroom)
1300	DCTT Brief (Wardroom)
1300-1400	RPPO Training (Supply Support)
1330-1500	Cruise Book Ordering (Mess Decks)
1330-1600	BECCES
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports

Encl (60)

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1. DAMAGE CONTROL NOTE: How long will and EERD provide oxygen? Ans: 15 minutes.

COLE'S MENU: The following are COLE's Main Menu items:  
NCH  
TUNA SALAD  
STEAK'M  
DINNER  
FRIED CHICKEN  
BARBECUE RIBS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch DEUCE BIGALOW	OLYMPIC WOMEN TRIATHLON
1630 ARLINGTON ROADS	MLB BRAVE VS DIAMONBACK
1830 HIGH FIDELITY	MLB PART II
2000 PHILADELPHIA	LATIN GRAMMY AWARDS

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I joined Civil Construction Cops for fourteen months, and served as Assistant Educational Advisor and Forest Service Clerk, and drove Caterpillars and operated jackhammers. I did timber work and planted trees. I studied nap-reading, blue prints, and Forestry Course under the Forest Service Foreman. I learned photography and developed, enlarged, and printed for the camp. I was rated Assistant Leader. I got an honorable discharge to accept outside employment. I was a Superintendent of Sunday School, and was president of B.Y.P.U. I sang in choir and the church quartet. I was a salesman for Kansas City Brokers. I sold household items, everything from fly spray to cosmetics. I drove tractors one summer. All night work. In Kansas. I have been in nearly every state in the Union by riding frights. I went to Detroit and worked as a truck driver, storeroom clerk, as A. A. Olenders & Son, and at Fordson Hotel in Dearborn, Michigan, as a bell boy and troubleshooter. I worked for Wolverine manufacturing and Fabricating Company as assistant Skivver, assistant cork maker, then cork operator. I left there to enter the service. I was becoming too fond of wine, women, and song. I made good money, but the night clubs got moist of it. I was not getting anywhere, so enlisted."

5. CHAPLANS NOTE: On a January evening in 1897, a British ship was in awful peril on the Vancouver coast near Cape Beale. For four days the captain saw neither sun nor stars on account of dense fog. One day, at noon, a shout of "Breakers ahead!" was the first warning he had of the dangerous position in which he was placed. A heavy sea was running at the time, and an attempt to weather the ship proved futile. The anchors were then let go, and, as the big ship rounded, one of the cables parted, leaving her within one hundred feet of the shore and in immediate danger of parting the other cable. Breakers were running forty feet high, and as there was no possibility, apparently, of saving the vessel, it was finally decided to launch the boats and attempt to reach shore. Several boats were capsized as soon as launched, but finally the officers and crew of thirty-three men escaped safely through the surf. The sailors spent the night under the upturned lifeboat. In the morning the weather had moderated, and as, to their great astonishment and delight, the ship still headed to her anchor, the captain and crew boarded her, and setting sail, soon escaped from the dangerous position. Let no man give up because he has been shipwrecked and cast ashore. Board the ship of the Christian life again and set sail. Paul did that after his shipwreck, and God gave him a great host to bring with him into harbor of heaven.

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

SCBA/EEBD/SEED	Engineering
SCBA/EEBD	Supply/Nav Admin
SCBA/EEBD	Operations

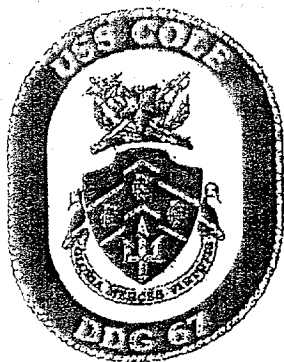
Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. PACE NOTE: PACE Courses History 1301 and History 1302 will be commencing soon. An orientation and book sale will be held on Wednesday, 4 October. This will introduce the course to the students, pass out the syllabus, a class schedule, reading assignments and to sell the books (\$61.00 each). Anyone who did not register previously can do so on 4 October.

8. DOMESTIC VIOLENCE PREVENTION MONTH NOTE: 1). President Clinton has designated October as "Domestic Violence Prevention Month." The Secretary of Defense fully supports this national effort to prevent domestic violence and so does the U.S. Marine Corps. Domestic violence is a cancer on our society. It is a sickness that must be eradicated during this generation or it will continue to replicate itself. Domestic violence often leads to other crimes of violence, low self-esteem, substance abuse, poor work performance, absenteeism, and escalating medical expenses. 2). Marines must set the example by mentoring those who may be aggressors or victims. Aggressors must know that domestic violence will not be tolerated and that they may be subject to UCMJ action. Victims must recognize that they are not alone and that the corps has the resources and resolve to end domestic violence. Commanders and supervisors are strongly encouraged to schedule domestic violence prevention briefings, for their staff, through the installation Marine Corps Community Services (MCCS) Office. Domestic violence awareness videos and literature are also available. 3). The MCCS has a prevention component that is in place to educate the community about domestic violence prevention. There is also a component to treat this problem, once it is identified. All Marines, marine families, and civilians are encouraged to become knowledgeable about domestic violence. The tools and professionals are available at your installation MCCS. With a strong knowledge base and a firm resolve, domestic violence prevention month will become a year-round endeavor. 4). Point of contact is Mr. [REDACTED] at (703) 784-9526 or DSN 278-9526.

9. FLIGHT FOLLOWING FOR ARMY RC-12 MISSION NOTE: Bravo Zulu for your superb support for the new initiative. Feedback from COMSEKTHFLT indicated that the Army was very pleased and appreciated all the communications support and flight following services provided. You have in place a process that will be used again in the future. Again, thank for the support in improving CTR60 operations. Commodore [REDACTED]

10. QUOTE OF THE DAY: "Whoever picked this reveille song, sucks" EMC(SW) [REDACTED] 0540, while going to GO.

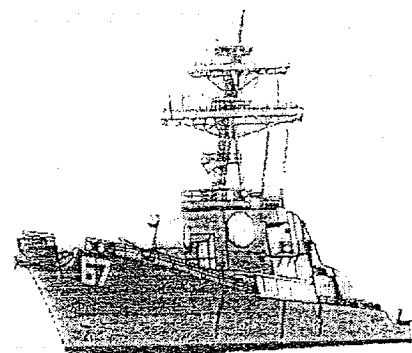


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
4 OCTOBER 2000  
Julian: 278

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

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Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

#### SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphib

Exercise

Safe Suez Canal Transit

Professional Inchop into COMFIFTHFLT

Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:

OS1(SW) [REDACTED]

C2(SW) [REDACTED]

3SN [REDACTED]

SUNRISE: 0637

SUNSET: 1841

#### MAJOR EVENTS FOR THURSDAY

ESWS Board

Repair 2 Training

Small Arms Quals

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0600

Reveille

0600-0700

Breakfast for the Crew

0710

Officer's Call/Quarters

0730

OPS/Intel Brief (Wardroom)

0730-0815

Engineering Training (Training Room)

0800

SCBA/EEBD Training: Supply/Nav Admin (Mess Decks)

0800-1600

5TH Fleet Eng Maintenance

0830-1100

Junior Officer Shiphandling Training

0900

CAT Team Meeting (Wardroom)

0800-1100

Field Day

0900-1100

VBSS Training (Training Room)

0930-1100

Cruise Book Ordering (Mess Decks)

1115-1230

Lunch for the Crew

1200

PMS Reports due to JMC

1300

SOQ/Chaplain Farewell Ceremony (Mess Decks)

1330-1500

Cruise Book Ordering (Mess Decks)

1400-1600

Repair Locker Training (Repair 3)

1530-1545

Sweepers

1600

Voluntary PT (Flight Deck)

Encl (60)

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1645-1800  
1800  
2315-0015

Dinner for the Crew  
Eight O' Clock Report  
Midrats for the Crew

1. DAMAGE CONTROL NOTE: Can the EEBD be used to fight fires in an emergency? Ans: No, it is used only for escape or awaiting rescue in a toxic environment.

2. COLE'S MENU: The following are COLE's Main Menu items:  
LUNCH  
PORK CHOPS  
CHICKEN A LA KING

DINNER  
LASAGNA  
PIZZA

3. COLE MOVIE SCHEDULE:

CHANNEL 2

Lunch MAJOR LEAGUE 3  
1630 DOCTOR DOLITTLE  
1830 SMOKE SIGNALS  
2000 THE BEACH

CHANNEL 3

ARMY NEWS WATCH  
WOMEN'S TRIATHLON & CNN  
ESPN NFL PRIMETIME  
OLYMPIC'S GYMNASTIC

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I was sent to Paris Island, S.C. and was trained under Sergeant Ready and Pfc Lawry. I was forced to go into Music School by a colonel, due my previous band experience. I hate it intensely and still do yet. I was told by the colonel that I could transfer if I did not like it. Naturally, he refused after I was in. I enlisted with Raymond Rion, a hometown friend. I had quite a time in boot camp. I joined to fight, and was put blowing a bugle. There is a right way and the Marine Corps way; naturally it's easy to see which way we go. As the Marine Corps as a whole, I am pretty damn proud of it. I think no other service equal it, and not because I am a member. But there are some stupid pig-headed officer who would rather regard their bars as tin gods, rather than the one-half of the Marine Corps they are. I am glad they are in the minority. But just one can be enough hell."

5. CHAPLAIN'S NOTE: There is something pathetic in the story of the ship Francis, of New Bedford, Massachusetts, which was wrecked on the New Jersey coast. The ship had had a four-months voyage of fair sailing, and the captain and crew were hopeful of closing a pleasant journey in a day or so, when suddenly, in sight of land, and almost in sight of the harbor, the ship took fire and both the vessel and the cargo were destroyed. The officers and crew escaped only with their lives. It is sad to go down in sight of port. There are many such wrecks of the moral and spiritual kind--men and women who have made honorable careers, but who forfeit all their gain of a lifetime by some sad lapse into sin when almost in sight of the port of "old age." The middle-aged and the old need to be watchful as well as the young. It is the one that endures to the end that shall be rewarded.

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch stations.

SCBA/EEBD Supply/Nav Admin  
SCBA/EEBD Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. DOMESTIC VIOLENCE PREVENTION MONTH NOTE: October is designated as Domestic Violence Prevention and Awareness Month

This year's theme is "There is no room for Domestic Violence in the Navy Family."

Domestic violence has a negative impact on Navy readiness and retention and is incompatible with Navy Core Values. It is also cyclical in nature. Exposure to violence, either directly or through witnessing violence between caretakers, is the most common risk factor associated with perpetrating violence in adulthood. The Navy's Prevention efforts include: Command Education and Training Programs, Life Skills Education Programs, Individual, Couples, Family and Group counseling through Family Service Centers; return and reunion programs; and the new parent support program. All offered through the FSC.

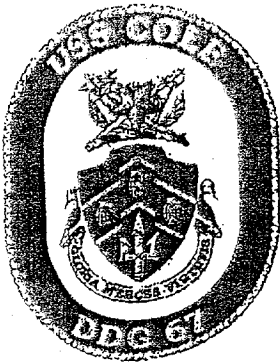
Navy is committed to putting an end to domestic violence by providing education and training at all levels throughout the military community, as well as providing intervention and treatment support, victim services and referral, and programs targeted to changing abusive behavior; via the Family Advocacy Program. The challenge is for everyone to become involved and make it our duty to stop the violence.

Domestic violence is not a private matter. In 1999, there were 2,242 substantiated spouse abuse incidents in the Navy (some of these were COLE sailors). Over 85 percent of those incidents included some type of physically abusive behavior. It will take participation from all hands to put an end to domestic violence in the Navy. If you or someone you know has been involved in a domestic violence incident, contact your local Family Advocacy Program or civilian/military law enforcement agency. Domestic Violence is a serious matter.

3. QUOTE OF THE DAY: Follow your instincts. That is where true wisdom manifests itself.

Executive Officer

Encl (60)  
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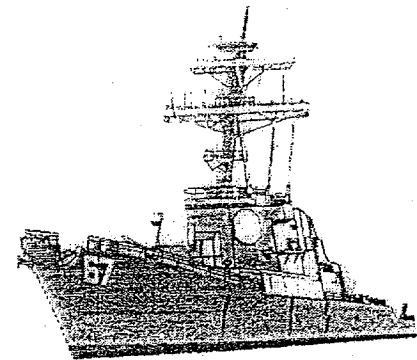


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
5 OCTOBER 2000  
Julian: 279

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
LCDR [REDACTED]

Command Master Chief  
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Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
OS1(SW) [REDACTED]  
22(SW) [REDACTED]  
33N [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR FRIDAY  
1030 Unrep  
1400 PBT  
TBD Depart Adriatic enroute 5<sup>th</sup> Fleet

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

SHORT RANGE GOALS  
Fully prepared for ADRIATICEX/Amphibious  
Exercise  
Safe Suez Canal Transit  
Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS  
Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0800	SCBA/EEBD Training: Operations (Mess Deck)
0800	Officer Training: CBR-D-DCA (Wardroom)
0800	ESWS Board: GSE1 [REDACTED] BM1 [REDACTED] GNC [REDACTED] (CPO Mess)
0800-1100	Torpedo Handling (Torpedo Deck)
0800-1100	Field Day Part II
0800-1600	ENG 5 <sup>th</sup> Fleet Maintenance
0900	ESWS Preboard: DCM [REDACTED] FCM [REDACTED] GCM [REDACTED] (Training Room)
0900-1030	Engineering Training: Asbestos Handling Procedures (Mess Decks)
1115-1230	Lunch for the Crew
1200	Tight Quarters
1230	Prospective Commodore Arrives
1235-1330	CO w/P-Commodore (CO's Cabin)
1300-1500	Repair Locker Training (Repair 2)

Encl (60)

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1330-1400	P-Commodore w/Wardroom
1400-1430	P-Commodore w/CPO Mess
1430-1530	P-Commodore Tour Ship
1530	Flight Quarters
1530-1545	Sweepers
1530-1555	CO wrap-up w/P-Commodore (CO's Cabin)
1600	P-Commodore Departs
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	At Sea Fire Party Drill
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: After the EEBD hood is removed, do not smoke or be near open flames for how long? Ans: 30 minutes.

2. COLE'S MENU: The following are COLE's Main Menu items:

<u>LUNCH</u>	<u>DINNER</u>
GRILLED PORK CHOPS	ONION LEMON BAKED FISH
CARIBBEAN FLOUNDER	STUFFED GREEN PEPPERS

3. COLE MOVIE SCHEDULE:

<u>CHANNEL 2</u>	<u>CHANNEL 3</u>
Lunch TOP GUN	NAVY NEW AND SWIMMING
1630 THE RIGHT STUFF	MLB DODGERS VS DIAMONDBACK
1830 THE RIGHT STUFF	PART 2 OF MLB & NATIONAL SPORTS
2000 NOTHING HILL	CNN & NIGHTLY NEW

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last the great day comes. After tons of scuttlebutt, calculations, hard training, landing maneuvers, after drawing all of our equipment, we were shoving off. I was on board B train, with Lacy for the cross-continent trip of better than 4000 miles, due to the zip-zagging of troop trains. We were not told San Francisco was the point of embarkation; that was supposed to be a secret. My lieutenant wrote the name of paper and "accidentally" dropped it in front of us. San Francisco it was. It was hard to leave Raymond Rion back there when we pulled out of New River. I knew he wanted to go as badly as I did. And I figured that it was the last time I would see him. He figured the same I suppose. After boarding the pullmans, one man to a seat and berth, we stowed away all of our gear and leaned out the windows for a last look. There were no girlfriends or any of our folks there because of military secrecy, only buddies in the other outfits. The band was playing "Fighting First Marines," "Over The Hill, Let's Go Men," and just as the train whistled a long blast, they broke into the "Marine Hymn" until we gathered speed and left them behind. Officers and enlisted alike behind were waving and hollering at the top of their voices."

CHAPLAIN'S NOTE: To be convinced that one should come to the Lord Jesus Christ and confess Him before men where alone He is confessed--in the arch--and then to delay, is a serious thing. The steamer Central America, on a voyage from New York to San Francisco, sprung a leak in mid-ocean. A vessel seeing her signal of distress bore down toward her, and the captain of the rescue ship cried, "Let me take your passengers aboard now." But it was night and the commander of the Central America feared to send his passengers away in the darkness; and, thinking they could keep afloat a while longer, replied, "Lie by till morning." About an hour and a half later the lights were missed. All on board perished, because they thought they could be saved better at another time. "Now is the accepted time" (2 Cor. 6:2).

6. SCBA/EEBD/EGRESS/SEED TRAINING NOTE: All personnel are required to conduct SCBA/EEBD/EGRESS/SEED Training semi-annually. This training is MANDATORY and must be attended by all crew members. If you are unable to attend on your departments scheduled day, you must attend on another day. Training will take approximately 40 minutes and will be held on the flight deck. Please make arrangements to rotate personnel through watch sections.

SCBA/EEBD Operations

Emergency Egress Training will be completed by division. Egress Training consists of blindfolded escape from working, berthing and watchstanding spaces. Training POs will submit muster sheets to Department Heads after completion. Emergency Egress Training must be completed by 08 Oct.

7. SUNDAE ON FRIDAY NOTE: There will be an ice cream social held on the mess decks on Friday night at 2000. For entertainment pleasure we will as feature karaoke. Come join in the fun.

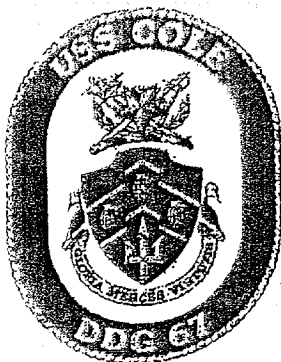
8. SAFETY NOTE: An MS2 was ordered to wipe out the interior of the gaylord grease interceptor hood located in the Ship's Galley. Due to the MS2's size, the gaylord was hard to reach on the bulkhead. The MS2 climbed onto a 3-foot metal table under the control box and sat in a kneeling position to reach into the box. The MS2's left arm supported the upper body with the left hand on the left knee. The MS2 began wiping the interior of the wash tank of the gaylord with a wet, green scrubber in the right hand. The electrical side of the gaylord also was open due to a missing screw. This exposed the uninsulated backside of the two pushbutton start/stop switch contacts mounted to the door. As the MS2 leaned forward to reach in and wipe out the lower left corner of the wash-tank side, the forearm touched the two exposed contacts, completing a circuit, causing 3rd degree burns on the forearm. The flow of electricity continued through the body and exited the right index finger which was contacting the inside casing of the wash-tank side of the gaylord. The MS2 stated the shock lasted for several seconds and seemed to pull her closer to the controller. The MS lost consciousness for several minutes, was assisted by other galley personnel, and eventually transported to the hospital. The MS2 should have recognized the unsafe situation developing, complacency due to seeing others working around this hazard may have given the MS2 a false sense of security. Ship's personnel should have replaced the screw holding the electrical side door closed. Additionally, the MS2 stood on a bare metal table which may have aided the flow of current from the electrical gear. She was hospitalized and spent 14 days out of work. She will likely have permanent disability, requiring a skin graft due to disfigurement of the forearm.

QUOTE OF THE DAY: When you come to a roadblock, take a detour.

Executive Officer

Encl (60)

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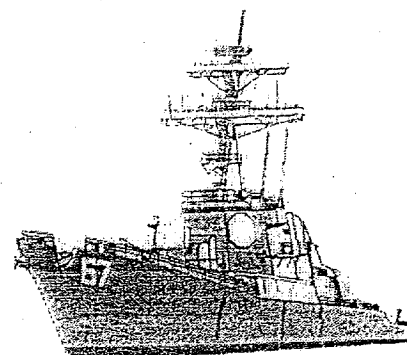


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
FRIDAY,  
6 OCTOBER 2000  
Julian: 280

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: [last name first initial@cole.navy.mil](mailto:last name first initial@cole.navy.mil)

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

[REDACTED]

[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
MA1(SW) [REDACTED]  
2(SW) [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR SATURDAY  
Torpedo Handling  
CBR Drill  
QMC [REDACTED] Reenlistment  
Flight Deck Movie

CO PRIORITIES

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

SHORT RANGE GOALS

Fully prepared for ADRIATICEX/Amphibious  
Exercise  
Safe Suez Canal Transit  
Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

QUARTERDECK WATCH

WORKING UNIFORM

E-7 AND ABOVE: SUMMER WHITES

SUMMER WHITES

COVERALLS

E-6 AND BELOW: SERVICE DRESS WHITES

SERVICE DRESS WHITES

COVERALLS

UNDERWAY

0500	ADC Turnover w/Normandy
0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0730	OPS/RAS/VERTREP/Intel Brief (Wardroom)
0730-0815	Engineering Training (Training Room)
0900	Planning Board for Training (Wardroom)
1015	Station Unrep/VERTREP Detail
1015	All Officers & Enlisted not on Watch Muster w/CKC [REDACTED] (Mess Decks)
1100	Unrep/VERTREP w/USNS JOHN LENTHALL
UC RAS	Lunch for the Crew
1130-1230	ESWS Training: Supply Fundamentals (Training Room)
1400-1600	Repair Locker Training (Repair 5)
1500	CPO Meeting (CPO Mess)
1530	At Sea Fire Drill
1530-1545	Sweepers
1500	Voluntary PT (Flight Deck)
1600	CO Spotcheck w/CX01

Encl (60)

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1645-1800 Dinner for the Crew  
 1830 Eight O' Clock Reports  
 1900 Karaoke Night/Sundae (Mess Decks)  
 2315-0015 Midrats for the Crew

DAMAGE CONTROL NOTE: What is the maximum range the fire finder is sensitive to? Ans: 15 feet.

COLE'S MENU: The following are COLE's Main Menu Items:  
**LUNCH**  
 GRILLED STEAKS  
 FRIED BREADED SHRIMP  
**DINNER**  
 TERIYAKI CHICKEN BREAST  
 BEEF SUKIYAKI

3. COLE MOVIE SCHEDULE:

CHANNEL 2

Lunch TRADING PLACES  
 1630 RUNAWAY BRIDE  
 1830 FREQUENCY  
 2000 THREE KINGS

CHANNEL 3

CNN & OLYMPIC GAMES  
 NCAA FOOTBALL KENTUCKY/FLORIDA  
 NCAA FOOTBALL KENTUCKY/FLORIDA PART II/ESPN NEWS  
 CNN & AIR FORCE NEWS & CNN

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "I suppose the first 6 hours of that train ride we did more thinking about home, friends, and everything than we ever did before. We zigzagged through the states, had a swell time, seeing all the sights, reading, etc. We went through North Carolina, South Carolina, Georgia, Alabama, Tennessee, Kentucky, Indiana, Illinois, Missouri, Kansas, Colorado, New Mexico, Arizona, and into California. We go off the train immediately into buses to the docks and boarded the U.S.S. Erickson. She used to be the pride of the Swedish Merchant Marine, then named the "Kungsholm." We slept aboard one night, and were lost most of the time trying to find our way around her; she was an enormous ship. The next day we went aboard the U.S.S. George F. Elliott, formerly the "City of San Francisco." This was our home until landing on Guadalcanal. We went on liberty from her every night until we left. We went to Oakland, Berkeley, and San Francisco mostly and visited the famous hangouts like the U.S.O. Club Shanghai, Club Shang La Ray, Hurricane Club, and the "Jade Dragon" in Chinatown."

5. CHAPLAIN'S NOTE: The Library of Congress in Washington, D. C. is one of the most fascinating buildings in the world. Each alcove is decorated in themes such as art, music, science, philosophy, history, etc., and each alcove has been given a motto that represents its theme. Mr. A. Lewis tells us that before the motto for the alcove of religion was chosen, a petition was sent out among the leading clergymen in the nation of that time, asking them to participate in a contest to create the best motto. The motto that won the contest comes from Micah 6:8, "And what does the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God."

6. SUNDAE ON FRIDAY NOTE: There will be an ice cream social held on the mess decks on Friday night at 2000. For entertainment pleasure we will as feature karaoke. Come join in the fun.

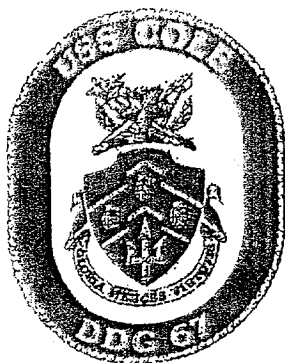
YEAR 2000 HOLIDAY SEASON MAILING DATES NOTE: It's not too early to mail your 2000 Christmas Cards and packages to and from deployed ships and overseas commands. All personnel should be highly encouraged to beat the last minute rush and bring their holiday mail to the nearest U.S. Post Office or APO/FPO Military Post Office. These mail no later than dates are suggested by the U.S.P.S. and Military Postal Service: Addressed to an APO/FPO address; airmail, letters, cards and priority NLT 11 December. Parcel airlift and space available mail NLT 4 December. Parcel post NLT 6 November. Addressed to all domestic zip codes mailed from an APO/FPO; air letters, cards and priority mail NLT 11 December. Space available mail NLT 8 December. Mailing date information should be published for all hands access.

8. UNIFORM NOTE: (Ref A is NAVPERS 156651, Ref B is CNO message 081543ZMAY00, Ref C is CNO message 171536ZMAY00, Ref D is CNO message 081544ZMAY00). COMNAVREG MIDLANT is the prescribing authority for the region, Ref A prohibits further delegation of this authority to subordinate commands. The Regional Commander must approve any deviations from the prescribed uniforms. IAW Ref A the shift to the winter uniform of the day for all ships present and stations within COMNAVREG MIDLANT area of responsibility will take effect 0001, 30 OCT 00. Pennsylvania and West Virginia will switch the same as Naval District Washington, 0001 10 Oct 00. The uniform of the day will be: male/female prescribed alternate officer/CPO service dress blue winter blue/service khaki E-6 and below service dress blue winter blue. Atlantic regional uniform shift dates: Naval District Washington DC 10 Oct 00 COMNAVREG SE (Jacksonville FL) - 04 Dec 00 COMNAVREG NE (Groton CT) - 02 OCT 00. Commuting is defined as direct route from place of residence to place of work by means of private vehicle, ferry, transit buses, and vanpools. Working uniform, defined in Ref B are not to be worn while in a liberty status. Wearing of the working uniform is authorized while commuting to and from work to include all travel aboard DOD owned/controlled aircraft. Additionally, working uniforms may also be worn for brief and appropriate stops off-base during duty hours or while commuting to and from place of duty as outlined in Ref C. Ball caps are authorized components of the working uniform only and not authorized with liberty uniforms. IAW Ref D, ball caps are authorized as optional wear with service uniforms (service khaki, summer white and winter blue) onboard ship and pier in immediate vicinity of ship, and ashore in the immediate work spaces. Command ball caps are not authorized for wear with service uniforms other than specified in Ref D. IAW Ref b, blue coverall uniforms (BCU) are authorized for wear on board ship and at shore commands. BCU's are prescribable, within the following guidelines, effective 1 Oct 00. Service members may wear BCU's on the pier in immediate vicinity of their ship. Ashore (i.e. IMF, squadrons and industrial working environment) BCU's may be worn in the immediate workspaces only. Commands may additionally authorize wear of BCU's while transiting to and from base galleys or any other eating facility within the fence line on the installation and at personnel support detachments while in a duty status. BCU's may under no circumstances be worn in a official or unofficial capacity outside the confines of a military installation. Sailors will maintain a sharp military appearance at all times. Officers, Chief Petty Officers, and Petty Officers will set the highest standard, instruct their sailors in proper wear and uniform appearance, and enforce regulations.

9. QUOTE OF THE DAY: Service is what life is all about.

Executive Officer



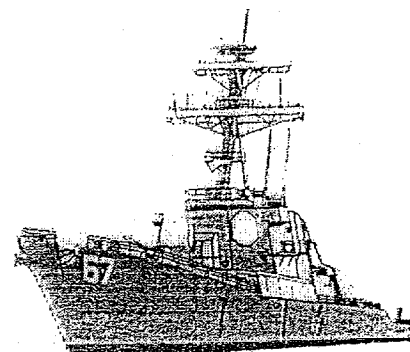


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SATURDAY,  
7 OCTOBER 2000  
Julian: 281

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

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E-mail: [last\\_name\\_first\\_initial@cole.navy.mil](mailto:last_name_first_initial@cole.navy.mil)

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Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
MA1(SW) [REDACTED]  
2(SW) [REDACTED]

SUNRISE: 0637  
SUNSET: 1841

MAJOR EVENTS FOR SUNDAY

Anchor Port Said  
Transit Suez Canal  
Wear your favorite Hat

- Combat Readiness

KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

CO PRIORITIES

SHORT RANGE GOALS

Safe Suez Canal Transit  
Professional Inchoop into COMFIFTHFLT  
Continue Successful Deployment

LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

UNDERWAY

0600	Reveille
0600-0700	Breakfast for the Crew
0710	Officer's Call/Quarters
0715	Personnel Inspection: OD/Blue Utilities (Midships Quarterdeck)
0730	ESWS Pinning Ceremony (Mess Decks)
0745	OPS/Intel Brief (Wardroom)
0745-0830	Engineering Training (Training Room)
0800	DCTT/CSTT/STT Brief (Wardroom)
0845-1100	CBRD GQ
1115-1230	Lunch for the Crew
1130-1230	ESWS Training: Deck Fundamentals Part I (Training Room)
1230-1500	Torpedo Handling
1245	Division in the Spotlight: OD
1300-1400	History 1301 PACE Course Orientation & Back Sale (Training Room)
1300-1500	Zone Inspection: OD
1330	CSTT Training (CBMC)
1400-1500	History 1302 PACE Course Orientation & Back Sale (Training Room)
1500	CPO Meeting (CPO Mess)
1530-1545	Sweepers

Encl (60)

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1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	Play/Anchoring Brief (Wardroom)
1900	History PACE Class Make-up (Training Room)
1930	At Sea Fire Drill
2000	Flight Deck Movie
2315-0015	Midrats for the Crew

1. DAMAGE CONTROL NOTE: Can the fire finder be used if it fails the self-test? Ans: No.

2. COLE'S MENU: The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
VEAL PARMESAN	GINGER POT ROAST
CHICKEN TETRAZINI	CHIPPER FISH

3. COLE MOVIE SCHEDULE:

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
Lunch GOODFELLAS	OLYMPIC GAMES
1630 THE BONE COLLECTOR	OLYMPIC GAMES
1830 2 DAYS IN THE VALLEY	CNN & OLYMPIC
2000 GREY OWL	OLYMPIC & CNN & NAVY NEWS
2200 DOWNTOWN YOU	

4. SGT. COLE'S PERSONAL DIARY NOTE: The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last - all liberty was canceled. We weighed anchor, sail under the Oakland Bay Bridge, out past and around Alcatraz Island, under the Golden Gate Bridge, and into the sea. We were all in a small convoy of about 13 ships. We only had one tin can (destroyer) to guard us. We watched land recede far behind us, until it was out of sight. We were "sure" that is was the last we would see of the U.S. Then we all got the word that we were bound for New Zealand first. Slips of paper describing the country, people, and type of money were passed around. Before two hours had passed, we hit rough weather, and Sailors as well as Marines were green in the face, hanging over the side puking. I never really ever felt completely well anytime onboard the ship. But I've never heaved yet - cause of sea sickness.

5. CHAPLAIN'S NOTE: Charles Plumb was a jet fighter pilot in Vietnam. After some 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent six years in a Communist prison. He survived that ordeal and today lectures about lessons learned from that experience. One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, "You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!" "How in the world did you know that?" asked Plumb. "I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked!" Plumb assured him, "It sure did...in fact if your chute hadn't worked, I wouldn't be here today." Plumb couldn't sleep that night, thinking about that man. He kept wondering what the packer might have looked like in his Navy uniform. He wondered how many times he might have passed him on the Kitty Hawk. He wondered how many times he might have seen him and not even said, "Good morning, how are you?" or anything because, you see, he was a jet pilot and the packer was just a lowly sailor. Plumb thought of the many hours the sailor had spent in the paraloft carefully weaving the shrouds and loading the silks of each chute, holding in his hands each time the fate of someone he didn't know. Plumb now asks his audience, "Who's packing your parachute? We all have someone who provides what we need to get through the day, both physically and spiritually." I served aboard the Kitty Hawk as a parachute rigger off the coast of Vietnam in 1970-71. This nameless rigger may have been a friend of mine, which makes this story very meaningful to me. Let's take the time to thank someone today for the support they provide in our lives and ministries to God! --Al Maxey The Aloha Spirit

6. YEAR 2000 HOLIDAY SEASON MAILING DATES NOTE: It's not too early to mail your 2000 Christmas Cards and packages to and from deployed units and overseas commands. All personnel should be highly encouraged to beat the last minute rush and bring their holiday mail to the nearest U.S. Post Office or APO/FPO Military Post Office. These mail no later than dates are suggested by the U.S.P.S. and Military Postal Service: Addressed to an APO/FPO address; airmail, letters, cards and priority NLT 11 December. Parcel airlift and space available mail NLT 4 December. Parcel post NLT 6 November. Addressed to all domestic zip codes mailed from an APO/FPO; air letters, cards and priority mail NLT 11 December. Space available mail NLT 8 December. Mailing date information should be published for all hands access.

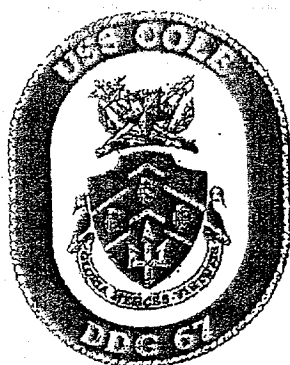
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8. PACE NOTE: Personnel desiring to participate in the upcoming PACE History class will be required to have a request sheet approved by their DVO. This is being done due to the busy schedules. Orientation and sign-up will be conducted in the afternoon. It's not too late to register.

9. QUOTE OF THE DAY: When you come to a roadblock, take a detour.

Encl (60)

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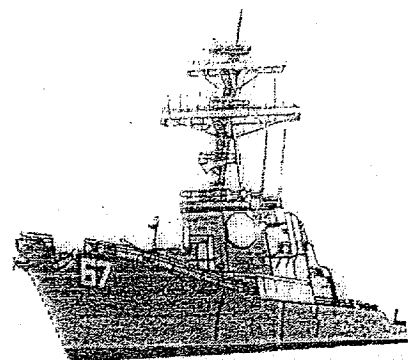


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
SUNDAY,  
8 OCTOBER 2000  
Julian: 282

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: last name first initial@cole.navy.mil

LIFELINE: [www.lifelines4qol.org](http://www.lifelines4qol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleet-support.navy.mil](http://www.fleet-support.navy.mil)

Command Master Chief

HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year

QMC(SW) [REDACTED]

Ombudsmans

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY Pillars

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

#### SHORT RANGE GOALS

Safe Suez Canal Transit

Professional Inchoption into COMFIFTHFLT

Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition  
Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

SUNRISE: 0556

SUNSET: 1743

#### MAJOR EVENTS FOR MONDAY

Continue Suez Canal Transit

Enter Red Sea

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY/HOLIDAY Routine

0700-0800

Breakfast for the Crew

0830

Catholic Lay Services (Training Room)

0930

Protestant Divine Services (Training Room)

1030-1200

Brunch

1200

Station Sea & Anchor & Navigation Detail

1300

Anchor Port Said

1400

OPS/Intel/Suez Canal Navigation Brief (Wardroom)

1500

Maneuvering Board Training for Bridge & CIC Watchstanders  
(Wardroom)

1530

Eight O' Clock Reports

1530-1545

Sweepers

1645-1800

Dinner for the Crew

2145

Station Anchor/Navigation Detail

2230

Underway

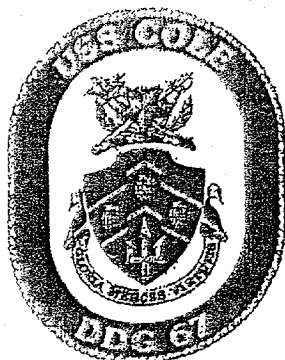
2315-0015

Midrats for the Crew

Encl. (60)

Page 103 of 110

DATA CONTROL NOTE: What is the power source for the first Andert? And: 2 standard 9 volt batteries.

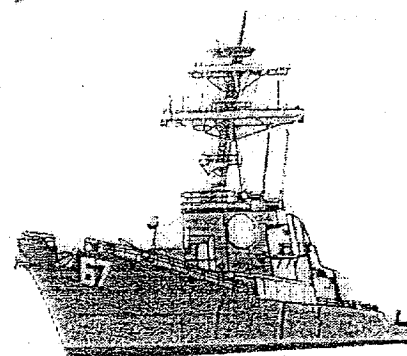


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
MONDAY,  
9 OCTOBER 2000  
Julian: 283

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

LCDR [REDACTED]

Care Line: (757) 444-4921

Web site:

[Http://www.spear.navy.mil/ships/ddg67](http://www.spear.navy.mil/ships/ddg67)

E-mail: [last name first initial@cole.navy.mil](mailto:last name first initial@cole.navy.mil)

LIFELINE: [www.lifelines4gol.org](http://www.lifelines4gol.org)

COLE Quarterdeck: 444-2107

ANSWERLINE: 1-877-418-6824

[www.fleetsupport.navy.mil](http://www.fleetsupport.navy.mil)

Ombudsmans

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY Pillars

-Material Readiness

-Safety & Training

-Personal Responsibility & Accountability

-Respect

-Leadership

-Communication

-Teamwork & Pride

#### SHORT RANGE GOALS

Safe Suez Canal Transit

Professional Inchop into COMFIFTHFLT

Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements

Successful Engineering Material Condition

Assessment (MCA)

Safe Transit Home

100% SWO/ESWS/GED Crew

Enjoyable Post Deployment Upkeep

Safe Ammo Offload

Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

SUNRISE: 0556

SUNSET: 1743

#### MAJOR EVENTS FOR TUESDAY

WCS Meeting w/3MC

Repair 2 Locker Training

Arabian University

VBSS Training

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY/INCHOP C5F

0001-1500

Cafeteria Style Deli/Breakfast Bar (Mess Decks)

0001-1500

Suez Canal Transit

0100-U/C

Run the Ditch Relay

TBD

Anchor Great Bitter Lake

0710

Submit Muster Reports to Personnel Office

1530-1545

Sweepers

1645-1800

Dinner for the Crew

1800-2000

PACE Class History 1301 (Training Room)

1830

Eight O' Clock Reports

2315-0015

Midrats for the Crew

DAMAGE CONTROL NOTE: What areas of the ship are best for deep chatter stations? Ans: Low in the ship, near the centerline below the water line.

2. COLE'S MENU: The following are COLE's Main Menu items:

LUNCH

CANTONnese SPARE RIBS

Szechwan CHICKEN

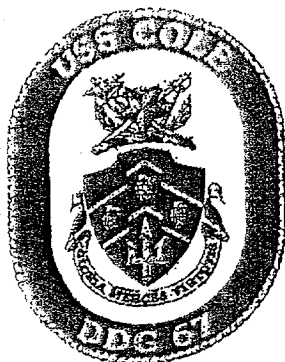
DINNER

GRILLED STEAK

FRENCH FRIED CHICKEN

Encl (60)

Page 104 of 110



"GLORY IS THE  
REWARD OF VALOR"

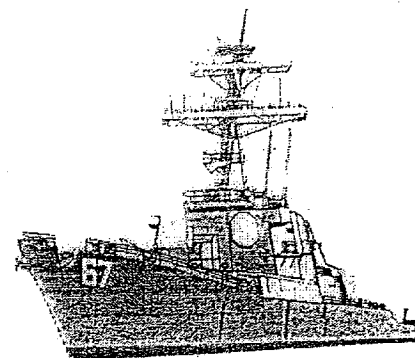
Command Master Chief  
HMCM(SW/AW/FMF)

Senior Sailor of the Year  
QMC(SW)

PLAN OF THE DAY  
TUESDAY,  
10 OCTOBER 2000  
Julian: 284

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer

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Ombudsmans

Junior Sailor of the Year  
GSM2(SW)

#### CO PRIORITIES

- Combat Readiness

#### KEY Pillars

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### SHORT RANGE GOALS

Professional Inchop into COMFIFTHFLT  
Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
MA1(SW)  
T2(SW)

SUNRISE: 0556  
SUNSET: 1743

#### MAJOR EVENTS FOR WEDNESDAY

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM  
E-7 AND ABOVE: SUMMER WHITES  
E-6 AND BELOW: SERVICE DRESS WHITES

QUARTERDECK WATCH  
SUMMER WHITES  
SERVICE DRESS WHITES

WORKING UNIFORM  
COVERALLS  
COVERALLS

#### UNDERWAY

0600	Reveille
0600-0800	Breakfast For The Crew
0810	Officer's Call/Quarters
0815-0900	Engineering Training (Training Room)
0900	WCS Meeting w/3MC (Mess Decks)
0900-1000	SCAT Team Meeting (Wardroom)
0900-1100	PACE Class History 1302 (Training Room)
0900-1100	Repair Locker Training (Repair 2)
1000	SERT Meeting (CSMC)
1000-1100	SCAT Training (Mess Decks)
1115-1230	Lunch For The Crew
1200-1300	ESWS Training: OPS Fund Part I (Training Room)
1300	Arabian University/OPS/INTEL Brief: CSO (References, Education, Definition, Special Considerations) (Mess Decks)
1300-1400	RPPD Training (Supply Support)
1400	Maneuvering Board Training (Wardroom)
1400-1500	VBSS Training
1500	Internal/External CSR Monitor Trng w/DCIT: WSCSR (5 Sept 00)
1500-1700	PACE Class History 1302 (Training Room)

1500-1700	PACE Class History 1302
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1300	Dinner for the Crew
1830	Eight O' Clock Reports
1900	At Sea Fire Party Drill
2200	OCSOT
2315-0015	Midrats for the Crew
0200	Advance Clocks 1 Hour to -3C

1. **DAMAGE CONTROL NOTE:** What method of investigation is used to locate damage in tanks and voids? Ans: Sounding and using the liquid load list.

2. **COLE'S MENU:** The following are COLE's Main Menu items:

<b>LUNCH</b>	<b>DINNER</b>
CANTONESE SPARE RIBS	ROAST TURKEY
FRIED CHICKEN	BAKED HAM

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
LUNCH MASK OF ZORRO	BLUES BROTHER 2000
1630 HOODLUM	HOMES FRIES
1830 TRIAL AND ERROR	WING COMMANDER
2000 MAJOR LEAGUE 3	TERMS OF ENDEARMENT

4. **SGT. COLE'S PERSONAL DIARY NOTE:** The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "At last, I finally got my first liberty. We barely had enough time to catch "trams" (street cars) to catch on to the English money, trying to understand their talk. Not much hard liquor there, warm beer, and plenty of "milk bars," or confectioneries mostly. I, Red O'Hara and Jack Hughes decided to have "tea and crumpets," a favorite with the New Zealanders. We went in, and when the waitress came around; all three of us felt so foolish that after a few minutes Red finally ordered it. We felt like we were ordering some women's pants or brassieres - or something similar. The girls didn't know how to jitterbug when we landed - but about an hour afterward, they were all trying it. The boys there curled their hair and wore corsets. Both the boys and girls had complete sets of false teeth at 18-21 years of age, due to lack of minerals in their water there. The people were all very, very friendly, especially the girls. The girls there are very hot-natured, and very frank in the intentions."

5. **SMOKING CESSATION NOTE:** Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:

13 OCT 00 1830	14 OCT 00 1830	15 OCT 00 1830	20 OCT 00 1830	21 OCT 00 1830
18 OCT 00 1830	27 OCT 00 1830	28 OCT 00 1830	29 OCT 00 1830	

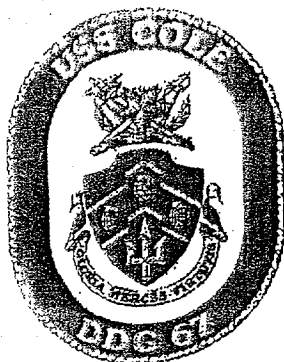
**OPSEC NOTE:** Recent inspection of office trash cans revealed unauthorized EEfIs in trash receptacles. PODs, old messages (regardless of classification) supply receipts and other official documents are not to be discarded in regular trash receptacles. These documents are to be placed in burn bags for destruction. Such information can be used as small parts of a bigger puzzle. Don't give the enemy any assistance.

7. **NAVY'S BIRTHDAY NOTE:** Our Navy has -- for 225 years -- always been there for America, and in fact, is older than the American republic itself. Over these years, the most tumultuous in human history, more than 170 nations have emerged or disintegrated. The founding fathers realized at the earliest stages of their great work that creating and preserving a new nation would require the capabilities unique to naval force, and they saw fit to place in to federal service the first American sailors and ships. Since then, we have never failed to live up to our awesome responsibilities. In fact, over this period we have increased our power, influence and relevance to the point where what was once a small force is now universally recognized as the world's greatest Navy. While the size and shape of our Navy has changed dramatically throughout our history, the demand for our services has not waned. Throughout this evolution, the secret to our success has been a willingness to change while adhering to our core identity and values. This philosophy has guided us through the reliable performance of our duties during times of peace and war, and will be the key to our continued success in the years ahead. Birthdays are a time for joy and celebration. A 225th anniversary is especially to be savored. Happy Birthday Navy. Released by the Honorable Richard Danzig, Secretary of the Navy.

8. **NAVY-MARINE CORPS INTRANET (NMCI) IMPLEMENTATIONS NOTE:** Our Navy has just announced the award of a five-year contract to create and operate the NMCI. Fully employed, NMCI will be a strategic investment for the Navy in support of fleet Sailors and Marines deployed around the world and our mission support organizations ashore. It will replace the Navy's numerous shore-based networks and will equip all commands with access, interoperability, and security by providing data services to all Navy and Marine Corps installations. When added to the Navy's shipboard IT-21 technology being implemented in the fleet now, NMCI will propel the Navy into a league with some of our most successful 21<sup>st</sup> century businesses. We must all work to ensure the full and successful implementation of NMCI. In order for NMCI to achieve its potential, we must adapt our business processes and command missions to create speed and agility. NMCI is the key to allowing this to happen. I am fully committed to the successful implementation of NMCI in the Atlantic fleet and ask for your assistance in bringing this technology to fruition. Additional information will be promulgated as it becomes available so that every Sailor and Marine will know how NMCI will benefit them personally and improve fleet readiness. ADM NATTER Sends.

9. **CBR NOTE:** 1) MILD SYMPTOMS OF NERVE AGENT: Unexplained runny nose and sudden headache, drooling, difficulty breathing and seeing, muscles twitching, stomach cramps, and nausea. 2) SEVERE SYMPTOMS OF NERVE AGENT: Pinpointed pupils, vomiting, severe muscle twitching, involuntary urination and defecation, and convulsions. 3) SELF-AID: Correctly identify own mild symptoms, administer 1 Atropine and 1 2-PAM-Cl injection, wait 10-15 minutes for signs of symptoms diminishing, repeat injections and wait time if symptoms persist, and after 3<sup>rd</sup> injection proceed to casualty collection center for additional injections by medical personnel. 4) BUDDY-AID: Correctly identify severe symptoms and determine if individual is able to administer self-aid. If vapor hazard still present ensure individuals mask is donned properly. Locate and administer the individual 3 Atropine and 2-PAM-Cl injector and move individual to triage or decon/treatment station.

10. **QUOTE OF THE DAY:** If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have won even before you have started. -Marcus Garvey

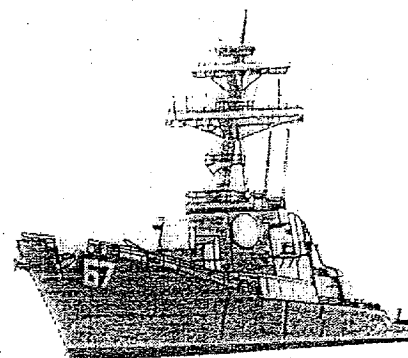


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
WEDNESDAY,  
11 OCTOBER 2000  
Julian: 285

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

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Ombudsmans  
[REDACTED]

Junior Sailor of the Year  
GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMI) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
- Safety & Training
- Personal Responsibility & Accountability
- Respect
- Leadership
- Communication
- Teamwork & Pride

#### SHORT RANGE GOALS

Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements  
Successful Engineering Material Condition  
Assessment (MCA)  
Safe Transit Home  
100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:

MA1(SW) [REDACTED]

T2(SW) [REDACTED]

N [REDACTED]

SUNRISE: 0556  
SUNSET: 1743

MAJOR EVENTS FOR THURSDAY  
Entering Aden, Yemen for Fuel

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE:

E-6 AND BELOW:

SUMMER WHITES

SERVICE DRESS WHITES

QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0200

Advance Clocks to -2C

0600

Reveille

0600-0700

Breakfast For The Crew

0710

Officer's Call/Quarters

0730-0815

Engineering Training (Training Room)

0800

OPS/Intel Brief/Arabian University (Mess Decks)

0900

CO/XO/DH Meeting (Wardroom)

0900

ESWS [REDACTED] DC [REDACTED], FC [REDACTED], CM2 [REDACTED] (CPO Mess)

0900-1100

PACE Class History 1301 (Training Room)

1000

Internal/External/RLO/RLL Training w/DCTT: M8/M9 Paper Route (Mess Decks)

1000-1100

Junior Officer Training w/WEPs (Wardroom)

1115-1230

Lunch For The Crew

1200

PMS Reports Due to JMC

1200-1300

ESWS Training: OPS Fund Part II (Training Room)

1300

CICWO Board: Communication Officer (Wardroom)

1300

ASWE Board: ASWO (CO's Cabin)

1300-1300

Repair Locker Training (Repair 3)

1300-1630

Small Arms Quals

Encl (60)

Page 107 of 110

1500	Level I Force Protection Training (Miss Deck)
1500-1700	PACTE Class History 1301 (Planning Room)
1530	At Sea Fire Party Drill
1530-1545	Sweepers
1600	Voluntary PT (Flight Deck)
1645-1800	Dinner for the Crew
1830	Eight O' Clock Reports
1900	Navigation Brief (Wardroom)
2315-0015	Midrats for the Crew

1. **DAMAGE CONTROL NOTE:** Why is it important to have an up to date liquid load list? Ans: To know the level of tanks and voids prior to damage.

2. **COLE'S MENU:** The following are COLE's Main Menu items:  
**LUNCH**  
 ROAST VEAL  
 CHICKEN CACCIATORI

**DINNER**  
 HUNGARIAN GOULASH  
 ONION LEMON BAKED FISH

3. **COLE MOVIE SCHEDULE:**

<b>CHANNEL 2</b>	<b>CHANNEL 3</b>
<b>LUNCH CONTACT</b>	<b>STAR TREK: INSURRECTION</b>
1630 TIL THERE WAS YOU	AT FIRST SIGHT
1830 FRIDAY THE 13TH	SMALL SOILDERS
2000 LOST IN SPACE	PLAYING BY THE HEART

4. **SGT. COLE'S PERSONAL DIARY NOTE:** The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "Red and I were sitting with two girls once, at the dance, when one made the remark that she 'sure was all knocked up.' Red looked at me, and I looked at him; we both looked at the girls, but finally acted like we never noticed it. Later on, one of them asked the other how much she had been screwed that evening. That was too much for Red - he haw-hawed out. Both girls looked at us in surprise. I knew then that they were referring to something else from what Red and I thought. I asked them if they know what that was in our American slang - they didn't - and I plainly told them. They were very much embarrassed, but said they were glad I told them - and that they would watch what they said around any more Marines."

5. **SMOKING CESSATION NOTE:** Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:  
 13 OCT 00 1830 14 OCT 00 1830 15 OCT 00 1830 20 OCT 00 1830 21 OCT 00 1830  
 22 OCT 00 1830 27 OCT 00 1830 28 OCT 00 1830 29 OCT 00 1830

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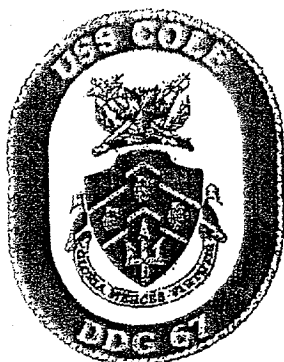
8. **ARABIAN GULF ENVIRONMENT CONCERNS NOTE:** For the next couple of months we are going to be operating in a harsh environment. From a high seawater injection temp (currently 89 F), to high air temperatures, to hot decks heated by radiant sunlight, to sand storms, all of these conditions will affect your equipment as well as yourselves. Therefore, here are some lessons learned to keep in mind:

- Drink plenty of water: At least eight 8 ounce glasses of water a day.
- Maintain A/C boundaries: Close all hatches and scuttles behind you if you step out to the main deck or to a high ambient temperature space.
- Wear sunscreen if topside.
- Watch your work space temperatures. Know when to call for a heat stress survey.
- Know the signs of heat stress and watch your shipmates.
- Keep your air filters and heat exchangers cleaned.

**CRUISE BOOK SALE:** Cruise books will be available for sale in the Personnel Office (any between 0900-1100). Cost of the cruise book is \$22.00.

**QUOTE OF THE DAY:** A bunch is creatively trying to tell you something.



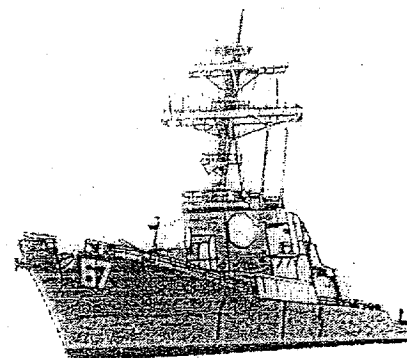


"GLORY IS THE  
REWARD OF VALOR"

PLAN OF THE DAY  
THURSDAY,  
12 OCTOBER 2000  
Julian: 286

USS COLE (DDG 67)  
FPO AE 09566-1285

Commanding Officer  
CDR KIRK S. LIPPOLD



"DETERMINED WARRIOR"

Executive Officer  
[REDACTED]

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Ombudsmans  
[REDACTED]

Junior Sailor of the Year

GSM2(SW) [REDACTED]

Command Master Chief  
HMCM(SW/AW/FMF) [REDACTED]

Senior Sailor of the Year  
QMC(SW) [REDACTED]

#### CO PRIORITIES

- Combat Readiness

#### KEY PILLARS

- Material Readiness
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#### SHORT RANGE GOALS

Professional Inchoption into COMFIFTHFLT  
Continue Successful Deployment

#### LONG RANGE GOALS

Complete All Battle "E" Requirements  
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100% SWO/ESWS/GED Crew  
Enjoyable Post Deployment Upkeep  
Safe Ammo Offload  
Productive CNO Availability

Berthing of the Week: Berthing 5  
Determined Warriors' of the Quarter:  
MA1(SW) [REDACTED]  
T2(SW) [REDACTED]  
[REDACTED]

SUNRISE: 0556  
SUNSET: 1743

#### MAJOR EVENTS FOR FRIDAY

EMC(SW) Newton Re-Enlistment  
SCAT Training  
Smoking Cessation Class  
Navy Birthday Ceremony

All personnel will read the "Plan of the Day" and will be responsible for obeying all applicable orders. Emergency Telephone #: 2211

UNIFORM OF THE DAY: DRESS UNIFORM

E-7 AND ABOVE: SUMMER WHITES

E-6 AND BELOW: SERVICE DRESS WHITES

#### QUARTERDECK WATCH

SUMMER WHITES

SERVICE DRESS WHITES

#### WORKING UNIFORM

COVERALLS

COVERALLS

#### UNDERWAY

0500	Reveille
0500-0700	Breakfast For The Crew
0530	Station Sea & Anchor Detail
0730	Moored Aden, Yemen
TBD	Refueling
TBD	Import Duty Section 3 Assumes the Watch
0900	Arabian University/OPS/Intel Brief (Mess Decks)
0900-1100	PACE Class History 1302 (Training Room)
1000	CO/XO/DH/CMC Meeting (Wardroom)
1100	MWR Meeting (Training Room)
1115-1230	Lunch For The Crew
1200-1300	ESWS Training: Operations Fundamentals Part III (Training Room)
1200	Navigation Brief
TBD	Station Sea & Anchor Detail
TBD	Underway
1400	ASWT Board (CO's Cabin)
1500-1700	PACE Class History 1302 (Training Room)
1530-1545	Sweepers
1645-1800	Dinner for the Crew

Encl (5)

Page 109 of

**DAMAGE CONTROL NOTE:** How are test fittings used to investigate for damage? Ans: Loosen and listen for air escaping or water around pipe.

**COLE'S MENU:** The following are COLE's Main Menu items:  
**ICH**  
**IF FAJITAS**  
**CHEESE ENCHILIDAS**  
**DINNER**  
**ROCK CORNISH HENS**  
**CHILI CON CARNE**

**3. COLE MOVIE SCHEDULE:**  
**CHANNEL 2**  
**LUNCH MY FAVORITE MARTIAN**  
**1630 SPACE TRUKERS**  
**1830 HAPPY TEXAS**  
**2000 PUSHING TIN**  
**CHANNEL 3**  
**A MURDER OF CROWS**  
**THE DARKLINGS**  
**HELD UP**  
**BULL DURHAM**

**4. SGT. COLE'S PERSONAL DIARY NOTE:** The following is an excerpt from the personal diary of SGT Darrel S. Cole dated May 10, 1943: "The two weeks there - I worked the hardest I ever did in my life combat loading the ships. Finally, one day, we skipped out again into the sea, all primed for action. We still didn't know where we were going. After a zig-zag course, we arrived in the Coral Islands. Then to the Fiji Islands, where we had 3 days landing maneuvers. Then we sailed again. One day later our task force joined us, and we were told Guadalcanal was our destination. Then we started preparing right. We sharpened our bayonets, cleaned our rifles all day long, packed and repacked our combat packs in order to have the right things, and in just the right amount. Our knives were like razors. Everyone wrote last letters and gave them to the sailors to take back for us. Finally, the night before. Colonel Cates, our battalion commander, made a speech over the loudspeaker of the ship. Lot of bullshit about how we were picked to start the first American offensive in this war, that the Marines were picked to do it etc, etc, etc. Then the whole group sang the Marine Hymn, which did help to settle nerves."

**5. SMOKING CESSATION NOTE:** Each smoking cessation class will last three weeks. There will be three opportunities each week to attend that weeks session. You must attend all three classes in you session. Class Dates/Times:  
13 OCT 00 1830 14 OCT 00 1830 15 OCT 00 1830 20 OCT 00 1830 21 OCT 00 1830  
22 OCT 00 1830 27 OCT 00 1830 28 OCT 00 1830 29 OCT 00 1830

**6. NAVY'S BIRTHDAY NOTE:** Our Navy has -- for 225 years -- always been there for America, and in fact, is older than the American republic itself. Over these years, the most tumultuous in human history, more than 170 nations have emerged or disintegrated. The founding fathers realized at the earliest stages of their great work that creating and preserving a new nation would require the capabilities unique to naval force, and they saw fit to place into federal service the first American sailors and ships. Since then, we have never failed to live up to our awesome responsibilities. In fact, over this period we have increased our power, influence and relevance to the point where what was once a small force is now universally recognized as the world's greatest Navy. While the size and shape of our Navy has changed dramatically throughout our history, the demand for our services has not waned. Throughout this evolution, the secret to our success has been a willingness to change while adhering to our core identity and values. This philosophy has guided us through reliable performance of our duties during times of peace and war, and will be the key to our continued success in the years ahead. Birthdays are a time of joy and celebration. A 225th anniversary is especially to be savored. Happy Birthday Navy. Released by the Honorable Richard Danzig, Secretary of the Navy.

**7. ARABIAN GULF ENVIRONMENT CONCERNS NOTE:** For the next couple of months we are going to be operating in a harsh environment. From a high seawater injection temp (currently 89 F), to high air temperatures, to hot decks heated by radiant sunlight, to sand storms, all of these conditions will affect your equipment as well as yourselves. Therefore, here are some lessons learned to keep in mind:

- Drink plenty of water: At least eight 8 ounce glasses of water a day.
- Maintain A/C boundaries: Close all hatches and scuttles behind you if you step out to the main deck or to a high ambient temperature space.
- Wear sunscreen if topside.
- Watch your work space temperatures. Know when to call for a heat stress survey.
- Know the signs of heat stress and watch your shipmates.
- Keep your air filters and heat exchangers cleaned.

**3. CRUISE BOOK SALE:** Cruise books will be available for sale in the Personnel Office today between 0900-1100. Cost of the cruise book is \$22.00.

**9. MAIL NOTE:** We are no longer authorized for Free Mail Privileges. Once we left the Adriatic Oparea, we were no longer authorized to send Free Mail. All personnel who have placed mail in the mail receptacles after 06 Oct 00, with "free" in the top right hand corner, please stop by the Post Office to retrieve your mail for postage.

**10. SAFETY NOTE:** A BM1 severed an artery and partially severed a nerve in his arm during PMS on the engine for a zodiac. While the boat was stowed, the BM1 noticed there wasn't any fresh water flowing from the cooling tube during an engine flush. While repositioning the hose adapter on the water inlet, a coworker bumped the gear linkage engaging the prop. The BM1 spent two days in the hospital and lost a total of 16 work days.

**QUOTE OF THE DAY:** And life is what we make it. Always has been, always will be.

Executive Office